



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**  
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)

**Accredited with "B" Grade by NAAC**  
Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai - 600 127.

**REGULAR EXAMINATIONS TIME TABLE - Nov 2023**

**First Semester**

Subject Code	Subject	Date	Time
UPE18CT101	History, Principles And Foundation Of Physical Education	20.12.2023	10am to 1pm
UPE18CT102	Anatomy And Physiology And Health Education	21.12.2023	10am to 1pm
UPE18DE001	Olympic Movement	11.12.2023	10am to 1pm
UPE18DE002	Gender Studies		
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation		
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness		

**Second Semester**

Subject Code	Subject	Date	Time
UPE18CT201	Sports Training	20.12.2023	2pm to 5pm
UPE18CT202	Organization ,Administration And Methods In Physical Education	21.12.2023	2pm to 5pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	11.12.2023	2pm to 5pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

**Fourth Semester**

Subject Code	Subject	Date	Time
UPE18CT402	Kinesiology And Biomechanics	16.12.2023	10am to 1pm
UPE18CT403	Sports Psychology And Sociology	18.12.2023	10am to 1pm
UPE18DE005	Educational Technology And Computer Application In Physical Education	19.12.2023	10am to 1pm
UPE18DE006	Sports Nutrition And Weight Management		
UPE18DE007	Disability And Inclusive Education		
UPE18DE008	Research Project		

**Master of Physical Education - (2018 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
PPE18CT101	Research Process In Physical Education And Sports Sciences	19.12.2023	10am to 1pm
PPE18CT102	Yogic Sciences	20.12.2023	10am to 1pm

PPE18CT103	Tests, Measurement And Evaluation In Physical Education	21.12.2023	10am to 1pm
<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPE18CT201	Applied Statistics In Physical Education And Sports	19.12.2023	2pm to 5pm
PPE18CT202	Sports Biomechanics And Kinesiology	20.12.2023	2pm to 5pm
PPE18CT203	Sports Psychology And Sociology	21.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPE18CT402	Sports Management And Curriculum Design In Physical Education	16.12.2023	10am to 1pm
PPE18DE005	Sports Journalism And Mass Media	18.12.2023	10am to 1pm
PPE18DE006	Health Education And Sports Nutrition		
PPE18DE007	Value And Environmental Education		
PPE18DE008	Educational Technology In Physical Education		

<b>B.P.E.S (2016 Onwards)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
BS16101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
BS16102	English I	12.12.2023	10am to 1pm
BS16103	General Knowledge and History of Physical Education	19.12.2023	10am to 1pm
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	20.12.2023	10am to 1pm
<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
BS16201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
BS16202	English II	12.12.2023	2pm to 5pm
BS16203	Anatomy and Physiology	19.12.2023	2pm to 5pm
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	20.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
BS16401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	16.12.2023	10am to 1pm
BS16402	English IV	18.12.2023	10am to 1pm

<b>Sixth Semester</b>			
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Subject Code	Subject	Date	Time
BS16603	Scientific Principles of Sports Training	16.12.2023	2Pm to 5pm
BS16604	Rules of Games and Sports-Part V	18.12.2023	2Pm to 5pm

**M.Sc Yoga - (2022 Onwards CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
PYO22CT101	Fundamentals of yoga	21.12.2023	10am to 1pm
PYO22CT103	Classical Yoga Practices - I	11.12.2023	10am to 1pm
PYO22DE001	Yoga and Education	12.12.2023	10am to 1pm
PYO22AE101	Communication skills	13.12.2023	10am to 1pm

**Second Semester**

PYO22CT201	Yoga and psychology	21.12.2023	2pm to 5pm
PYO22CT203	Basic yoga texts	11.12.2023	2pm to 5pm
PYO22DE001	Thirumoolar Thirumanthiram/Statistics in Yoga/Yoga and Nutrition	12.12.2023	2pm to 5pm
PYO22GE201	Generic Elective Basic Biomechanics/Applied Yoga/Yogic Practices	13.12.2023	2pm to 5pm
PYO22SE201	Computer Applications	14.12.2023	2pm to 5pm

**M.Sc Yoga - (2018 CBCS Syllabus)**

**First Semester**

Subject Code	Subject	Date	Time
PYO18CT101	Fundamentals of yoga	21.12.2023	10am to 1pm
PYO18CT103	Methods of yogic practices	11.12.2023	10am to 1pm
PYO18DE001	Yoga and health	12.12.2023	10am to 1pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18AE101	Communication skills	13.12.2023	10am to 1pm

**Second Semester**

Subject Code	Subject	Date	Time
PYO18CT201	Yoga and psychology	21.12.2023	2pm to 5pm
PYO18CT203	Basic yoga texts	11.12.2023	2pm to 5pm
PYO18DE001	Yoga and health	12.12.2023	2pm to 5pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18GE201	Generic Elective	13.12.2023	2pm to 5pm
PYO18SE201	Computer Applications	14.12.2023	2pm to 5pm

Fourth Semester			
Subject Code	Subject	Date	Time
PYO18CT401	Research processes in yoga	16.12.2023	10am to 1pm
PYO18CT402	Yoga sutras	18.12.2023	10am to 1pm
PYO18DE001	Yoga and health	19.12.2023	10am to 1pm
PYO18DE002	Yoga and nutrition		
PYO18DE003	Yoga in education		
PYO18DE004	Yoga and wellness		
PYO18DE005	Methods of naturopathy		
PYO18DE006	Tirumoolars thirumanthiram		
PYO18DE007	Yogic diet		
PYO18DE008	Statistics in yoga		
PYO18SE401	Environmental studies	20.12.2023	10am to 1pm

M.Sc Yoga Therapy - (2022 Onwards CBCS Syllabus)			
First Semester			
Subject Code	Subject	Date	Time
PYT22CT101	Fundamentals of Yoga therapy	21.12.2023	10am to 1pm
PYT22CT103	Basic principles of Yoga Therapy	11.12.2023	10am to 1pm
PYT22DE001	Health and yoga therapy	12.12.2023	10am to 1pm
PYT22AE101	Communication skills	13.12.2023	10am to 1pm

<b>Second Semester</b>			
PYT22CT201	Yoga Therapy and Psychology	21.12.2023	2pm to 5pm
PYT22CT203	Methodology in yoga therapy	11.12.2023	2pm to 5pm
PYT22DE001	Thirumoolar Thirumanthiram/Statistics in Yoga/Yoga and Nutrition	12.12.2023	2pm to 5pm
PYT22GE201	Generic Elective Basic Biomechanics/Applied Yoga/Yogic Practices	13.12.2023	2pm to 5pm
PYT22SE201	Computer Applications	14.12.2023	2pm to 5pm

<b>M.Sc Yoga Therapy - (2018 CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT101	Fundamentals of yoga therapy	21.12.2023	10am to 1pm
PYT18CT103	Basic principles of yoga therapy	11.12.2023	10am to 1pm
PYT18DE001	Health and yoga therapy	12.12.2023	10am to 1pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18AE101	Communication skills	13.12.2023	10am to 1pm

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT201	Yoga Therapy and Psychology	21.12.2023	2pm to 5pm
PYT18CT203	Methodology in yoga therapy	11.12.2023	2pm to 5pm
PYT18DE001	Health and yoga therapy	12.12.2023	2pm to 5pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18GE201	Generic Elective	13.12.2023	2pm to 5pm

PYT18SE201	Computer Applications	14.12.2023	2pm to 5pm
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<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYT18CT401	Research processes in yoga therapy	16.12.2023	10am to 1pm
PYT18CT402	Yoga therapy in yoga sutras	18.12.2023	10am to 1pm
PYT18DE001	Health and yoga therapy	19.12.2023	10am to 1pm
PYT18DE002	Nutrition and yoga therapy		
PYT18DE003	Methods of teaching yoga therapy		
PYT18DE004	Wellness and yoga therapy		
PYT18DE005	Methods of naturopathy		
PYT18DE006	Tirumoolars thirumanthiram in yoga therapy		
PYT18DE007	Applied yoga		
PYT18DE008	Statistics in yoga therapy		
PYT18SE401	Environmental studies	20.12.2023	10am to 1pm

<b>M.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT101	Applied yoga	21.12.2023	10am to 1pm
PYH18CT103	Elements of human biology	11.12.2023	10am to 1pm
PYH18DE001	Yogic diet	12.12.2023	10am to 1pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Concepts of mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18AE101	Communication skills	13.12.2023	10am to 1pm

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT201	Yoga of sublimation and social welfare	21.12.2023	2pm to 5pm
PYH18CT203	Basic yoga texts	11.12.2023	2pm to 5pm

PYH18DE001	Yogic diet	12.12.2023	2pm to 5pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18GE201	Generic Elective	13.12.2023	2pm to 5pm
PYH18SE201	Computer Applications	14.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PYH18CT401	Research processes in yoga for human excellence	16.12.2023	10am to 1pm
PYH18CT402	Yoga sutras	18.12.2023	10am to 1pm
PYH18DE001	Yogic diet	19.12.2023	10am to 1pm
PYH18DE002	Methods of naturopathy		
PYH18DE003	Tirumoolars thirumanthiram		
PYH18DE004	Conceptsof mind		
PYH18DE005	Hatha yoga texts		
PYH18DE006	Yoga in education		
PYH18DE007	World peace plans		
PYH18DE008	Statistics in yoga for human excellence		
PYH18SE401	Environmental studies	20.12.2023	10am to 1pm

<b>B.Sc Yoga - (2022 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO22CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
UYO22CT102	English I	12.12.2023	10am to 1pm
UYO22CT103	Fundamentals of yoga	13.12.2023	10am to 1pm
UYO22CT104	Anatomy and Physiology	14.12.2023	10am to 1pm
UYO18AE101	Classical Yoga Practices - I	15.12.2023	10am to 1pm
<b>Second Semester</b>			
UYO22CT201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm

UYO22CT202	English II	12.12.2023	2pm to 5pm
UYO22CT203	Basic Texts in Yoga	13.12.2023	2pm to 5pm
UYO22CT204	Classical Yoga Practices - II	14.12.2023	2pm to 5pm
UYO22AE201	Communication skills	15.12.2023	2pm to 5pm

**B.Sc Yoga - (2018 CBCS Syllabus)**

**First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
UYO18CT102	English I	12.12.2023	10am to 1pm
UYO18CT103	Fundamentals of yoga	13.12.2023	10am to 1pm

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
UYO18CT202	English II	12.12.2023	2pm to 5pm
UYO18CT203	Anatomy and physiology	13.12.2023	2pm to 5pm
UYO18AE201	Environmental studies	14.12.2023	2pm to 5pm

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	16.12.2023	10am to 1pm
UYO18CT402	English IV	18.12.2023	10am to 1pm
UYO18CT403	Methodology of teaching yoga	19.12.2023	10am to 1pm
UYO18SE401	Computer applications in yoga - II	20.12.2023	10am to 1pm

**Sixth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYO18CT601	PATANJALIS YOGA SUTRAS	16.12.2023	2Pm to 5pm
UYO18DE601	TIRUMOOLARS TIRUMANDIRAM/ METHODS OF NATUROPATHY	18.12.2023	2Pm to 5pm
UYO18DE602	YOGA FOR CHALLENGED PEOPLE / METHODS OF NATUROPATHY	19.12.2023	2Pm to 5pm
UYO18DE603	YOGA AND WELLNESS	20.12.2023	2Pm to 5pm
UYO18DE604	YOGIC FOOD		
UYO18DE605	METHODS OF NATUROPATHY	21.12.2023	2Pm to 5pm
UYO18DE606	FUNDAMENTALS OF RESEARCH		



**B.Sc Yoga for Human Excellence - (2018 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
UYH18CT102	English I	12.12.2023	10am to 1pm
UYH18CT103	Yoga of body and mind	21.12.2023	10am to 1pm

**Second Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
UYH18CT202	English II	12.12.2023	2pm to 5pm
UYH18CT203	Yoga of sublimation	21.12.2023	2pm to 5pm

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	16.12.2023	10am to 1pm
UYH18CT402	English IV	18.12.2023	10am to 1pm
UYH18CT403	Genetic centre and the principle of cause and effect	19.12.2023	10am to 1pm
UYH18SE401	Computer applications in sky yoga - II	20.12.2023	10am to 1pm

**Sixth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UYH18CT601	YOGA SUTRAS	16.12.2023	2pm to 5pm
UYH18DE601	HATHA YOGA TEXTS	18.12.2023	2pm to 5pm
UYH18DE602	WISDOM AND LIFE		
UYH18DE603	WORLD PEACE PLANS	19.12.2023	2pm to 5pm
UYH18DE604	GOD REALIZATION AND MORALITY		
UYH18DE605	METHODS OF NATUROPATHY	20.12.2023	2pm to 5pm
UYH18DE606	FUNDAMENTALS OF RESEARCH		
UYH18SE601	BASIC BIOMECHANICS	21.12.2023	2pm to 5pm

**M.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
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PEN18CT101	Bio energetic and muscular physiology	21.12.2023	10am to 1pm
PEN18CT103	Advanced Human Nutrition	11.12.2023	10am to 1pm
PEN18DE001	Health fitness and performance assessment	12.12.2023	10am to 1pm
PEN18DE002	Muscle and exercise metabolism		
PEN18DE003	Exercise Biochemistry		
PEN18DE004	Renal Physiology		

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PEN18CT201	Neuro Physiology	21.12.2023	2pm to 5pm
PEN18CT203	Statistics in Exercise physiology and Nutrition	11.12.2023	2pm to 5pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	12.12.2023	2pm to 5pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PEN18CT402	Endocrinology	16.12.2023	10am to 1pm
PEN18DE005	Supplements and ergogenic aids for performance enhancement	18.12.2023	10am to 1pm
PEN18DE006	Nutritional planning for sports and exercise		
PEN18DE007	Exercise assessment in special population		
PEN18DE008	Exercise and sports for women		
PEN18GE401	Generic Elective	20.12.2023	10am to 1pm

<b>B.Sc Exercise Physiology and Nutrition - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT104	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
UEN18CT105	English I	12.12.2023	10am to 1pm
UEN18CT101	Basic anatomy and physiology – I	21.12.2023	10am to 1pm
UEN18CT103	Health Education	13.12.2023	10am to 1pm

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>

UEN18AE201	Environmental studies (Foundation Course)	21.12.2023	2pm to 5pm
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
UEN18CT205	English II	12.12.2023	2pm to 5pm
UEN18CT202	Introduction to Human Nutrition	13.12.2023	2pm to 5pm
UEN18CT203	Clinical exercise testing procedures	14.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18CT404	Tamil IV/ Hindi IV/ Special English/SpecialTamil	16.12.2023	10am to 1pm
UEN18CT405	English IV	18.12.2023	10am to 1pm
UEN18CT402	ClinicalDietics	19.12.2023	10am to 1pm
UEN18CT403	Effect of exercise on various system	20.12.2023	10am to 1pm

<b>Sixth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UEN18DE603	Women and sports	16.12.2023	2pm to 5pm
UEN18DE604	Nutrition and immune function in athletes		
UEN18DE605	Fitness and wellness	18.12.2023	2pm to 5pm
UEN18DE606	Stability and Core training		
UEN18SE601	Computer application in Exercise physiology and Nutrition	19.12.2023	2pm to 5pm

<b>M.Sc Sports Biomrechanics and Kinesiology - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PBM18CT102	Basic biomechanics	11.12.2023	10am to 1pm
PBM18CT103	Dynamics of motor skill acquisition	12.12.2023	10am to 1pm
PBM18DE001	Mathematics in biomechanics	13.12.2023	10am to 1pm
PBM18DE002	Foundations of fitness and exercise prescription		
PBM18DE003	Sports Technology		
PBM18DE004	MATLAB		
PBM18AE101	Communicative skills	14.12.2023	10am to 1pm

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PBM18CT202	Biomechanical instrumentation and measurement	11.12.2023	2pm to 5pm
PBM18CT203	Palpation technique and kinanthropometry	12.12.2023	2pm to 5pm

PBM18DE005	Exercise and sports physiology	13.12.2023	2pm to 5pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18SE201	Fundamentals of information technology	14.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PBM18CT401	Mechanics of sports and games skills - II	16.12.2023	10am to 1pm
PBM18CT402	Human gait	18.12.2023	10am to 1pm
PBM18CT403	Sports performance analysis	19.12.2023	10am to 1pm
PBM18DE005	Exercise and sports physiology	21.12.2023	10am to 1pm
PBM18DE006	Psychology of sports performance		
PBM18DE007	Human posture and corrective exercise		
PBM18DE008	Modelling and simulation		
PBM18GE401	Generic Elective	20.12.2023	10am to 1pm

<b>B.Sc Sports Biomechanics and Kinesiology - (2019 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
UBM19CT102	English I	12.12.2023	10am to 1pm
UBM19CT103	Introduction to Human Anatomy and Physiology	21.12.2023	10am to 1pm
UBM19CT105	Mathematics in Biomechanics	13.12.2023	10am to 1pm
<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
UBM19CT202	English II	12.12.2023	2pm to 5pm
UBM19CT203	Applied Anatomy and Physiology	21.12.2023	2pm to 5pm
UBM19CT205	Physiology of Exercise	13.12.2023	2pm to 5pm
UBM19AE201	Environmental studies (Foundation Course)	14.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	16.12.2023	10am to 1pm

UBM19CT402	English IV	18.12.2023	10am to 1pm
UBM19CT403	Introduction to Human Gait and Posture	19.12.2023	10am to 1pm
UBM19CT404	Biomechanics of Track events	20.12.2023	10am to 1pm
UBM19CT405	Biomechanics of Field Events	21.12.2023	10am to 1pm

<b>Sixth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
UBM19CT602	Foundations of Sports Training, Measurement and Evaluation	16.12.2023	2pm to 5pm
UBM19CT603	Introduction to MATLAB in Biomechanics and Kinesiology	18.12.2023	2pm to 5pm
UBM19CT604	Introduction to PYTHON in Biomechanics and Kinesiology	19.12.2023	2pm to 5pm
UBM19CT605	Introduction to OPENSIM in Biomechanics and Kinesiology	20.12.2023	2pm to 5pm

<b>M.Sc Sports Psychology and Sociology- (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPS18CT101	Advanced general psychology	21.12.2023	10am to 1pm
PPS18CT103	Research methodology	11.12.2023	10am to 1pm
PPS18DE001	Methods and measurement in psychology	12.12.2023	10am to 1pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		
PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPS18CT201	Psychological aspects of sports performance	21.12.2023	2pm to 5pm
PPS18CT203	Social and behavioral statistics	11.12.2023	2pm to 5pm
PPS18DE001	Methods and measurement in psychology	12.12.2023	2pm to 5pm
PPS18DE002	Social problem and issues		
PPS18DE003	Sociology of health		
PPS18DE004	Psychometrics		
PPS18DE005	Motor learning and psychology of coaching		
PPS18DE006	Team cohesion and group dynamics		

PPS18DE007	Environmental sociology		
PPS18DE008	Positive psychology		

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPS18CT402	SCIENTIFIC DIMENSIONS OF SPORTS PSYCHOLOGY	16.12.2023	10am to 1pm
PPS18CT403	INTERVENTION STRATEGIES AND SPORTS BEHAVIOR	18.12.2023	10am to 1pm
PPS18DE001	METHODS AND MEASUREMENT IN PSYCHOLOGY	19.12.2023	10am to 1pm
PPS18DE002	SOCIAL PROBLEM AND ISSUES		
PPS18DE003	SOCIOLOGY OF HEALTH		
PPS18DE004	PSYCHOMETRICS		
PPS18DE005	MOTOR LEARNING AND PSYCHOLOGY OF COACHING		
PPS18DE006	TEAM COHESION AND GROUP DYNAMICS		
PPS18DE007	ENVIRONMENTAL SOCIOLOGY		
PPS18DE008	POSITIVE PSYCHOLOGY		
PPS18GE401	Generic Elective	20.12.2023	10am to 1pm

<b>M.Sc Sports Psychology - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT101	Advanced general psychology	21.12.2023	10am to 1pm
PSP18CT103	Research methodology	11.12.2023	10am to 1pm
PSP18DE001	Sports in indian society	12.12.2023	10am to 1pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT201	Psychological aspect of sports performance	21.12.2023	2pm to 5pm
PSP18CT203	Behavioral statistics	11.12.2023	2pm to 5pm

PSP18DE001	Sports in indian society	12.12.2023	2pm to 5pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSP18CT402	Sports for the challenged	16.12.2023	10am to 1pm
PSP18CT403	Athletic psychopathology	18.12.2023	10am to 1pm
PSP18DE001	Sports in indian society	19.12.2023	10am to 1pm
PSP18DE002	Emotional intelligence		
PSP18DE003	Introduction to sports sociology		
PSP18DE004	Psychometrics		
PSP18DE005	Motor learning and psychology of coaching		
PSP18DE006	Team cohesion and group dynamics		
PSP18DE007	Coping with stress		
PSP18DE008	Positive psychology		
PSP18GE401	Generic Elective	20.12.2023	10am to 1pm

<b>M.Sc Psychology - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT101	Advanced General Psychology	21.12.2023	10am to 1pm
PPY18CT103	Research Methodology	11.12.2023	10am to 1pm
PPY18DE001	Managerial Psychology	12.12.2023	10am to 1pm
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		

PPY18DE008	Positive Psychology		
<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT201	Life Span Development	21.12.2023	2pm to 5pm
PPY18CT203	Behavioural Statistics	11.12.2023	2pm to 5pm
PPY18DE001	Managerial Psychology	12.12.2023	2pm to 5pm
PPY18DE002	Social Problem and Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing and Consumer Behaviour		
PPY18DE006	Psychology of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PPY18CT402	Organizational Behavior	16.12.2023	10am to 1pm
PPY18CT403	Training And Development	18.12.2023	10am to 1pm
PPY18DE001	Managerial Psychology	19.12.2023	10am to 1pm
PPY18DE002	Social Problem And Issues		
PPY18DE003	Classroom Psychology		
PPY18DE004	Psychometrics		
PPY18DE005	Marketing And Consumer Behaviour		
PPY18DE006	Psychology Of Interpersonal Relationship		
PPY18DE007	Coping With Stress		
PPY18DE008	Positive Psychology		
PPY18GE401	Generic Elective	20.12.2023	10am to 1pm

<b>M.B.A Sports Management - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSM18CT101	Principles Of Management	19.12.2023	10am to 1pm
PSM18CT102	Organizational Behaviour	20.12.2023	10am to 1pm
PSM18CT103	Business Laws	21.12.2023	10am to 1pm



PSM18CT105	Management Accounting	11.12.2023	10am to 1pm
PSM18CT106	Quantitative Methods In Business	12.12.2023	10am to 1pm
PSM18AE101	Business Communication	13.12.2023	10am to 1pm

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSM18CT201	Operations Management	19.12.2023	2pm to 5pm
PSM18CT202	Marketing Management	20.12.2023	2pm to 5pm
PSM18CT203	Financial Management	21.12.2023	2pm to 5pm
PSM18CT205	Operations Research	11.12.2023	2pm to 5pm
PSM18CT206	Management Information System	12.12.2023	2pm to 5pm
PSM18SE201	E-Commerce	13.12.2023	2pm to 5pm

<b>Third Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSM18GE302	Generic Elective - II	16.12.2023	10am to 1pm
PSM18AE301	Professional Ethics	18.12.2023	10am to 1pm

<b>BBA Sports Management - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USM18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
USM18CT102	English I	12.12.2023	10am to 1pm
USM18CT103	Principles of management	19.12.2023	10am to 1pm
USM18CT104	Financial and management accounting	20.12.2023	10am to 1pm
USM18CT105	Business economics	21.12.2023	10am to 1pm

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USM18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
USM18CT202	English II	12.12.2023	2pm to 5pm
USM18CT203	Organizational behaviour	19.12.2023	2pm to 5pm
USM18CT204	Business environment	20.12.2023	2pm to 5pm
USM18CT205	Business mathematics and statistics	21.12.2023	2pm to 5pm

**Fourth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USM18CT403	Financial management	16.12.2023	10am to 1pm
USM18CT404	Human resource management	18.12.2023	10am to 1pm

**Sixth Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USM18DE601	SPORTS MARKETING	16.12.2023	2pm to 5pm
USM18DE602	SPORTS FACILITY MANAGEMENT	18.12.2023	2pm to 5pm

**M.Tech Sports Technology - (2018 Onwards CBCS Syllabus)****First Semester**

<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PST18CT102	Sports Materials Engineering and Design	16.12.2023	10am to 1pm
PST18DE001	Sports Engineering and Technology	18.12.2023	10am to 1pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials		
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques	20.12.2023	10am to 1pm
PST18AE101	Research Methodology and IPR		

<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PST18CT202	Measurement and Instrumentation in sports	16.12.2023	2pm to 5pm
PST18DE001	Sports Engineering and Technology	18.12.2023	2pm to 5pm
PST18DE002	Robotics and artificial intelligence		
PST18DE003	Physiology of Sports and Exercise		
PST18DE004	Principles and design of sports turf		
PST18DE005	Race engine design for optimal performance		
PST18DE006	Sports Equipment Materials		
PST18DE007	Composites and Nano Materials in Sports Application		
PST18DE008	Software in Sports		
PST18DE009	Sports Psychology: Issues and Applications		
PST18DE010	Surveying And Construction Materials	19.12.2023	2pm to 5pm
PST18DE011	Applied Biomaterials in Sports Technology		
PST18DE012	Commercialization of Sports		
PST18DE013	Sports Economics		
PST18DE014	Motor Sports Applications		
PST18DE015	Sports equipment materials		
PST18DE016	Applications of Statistics in Sports		
PST18DE017	Sports Materials Engineering		
PST18DE018	Race Car Vehicle Dynamics		
PST18DE019	Soil And Ground Improvement Techniques		

<b>M.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSC18CT101	Science of Sports Training	21.12.2023	10am to 1pm
PSC18CT103	Specified Sports - Theory(Athletics, Football, Hockey, Volleyball, Kabaddi)	11.12.2023	10am to 1pm
PSC18DE001	Testing of Players Fitness	12.12.2023	10am to 1pm
PSC18DE002	Women Participation in Olympic Movement		
PSC18DE003	Requirement of The Sports and Games		
PSC18DE004	Science of Sports Kinanthropometry		
PSC18AE101	Sports Communication	13.12.2023	10am to 1pm
<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>

PSC18CT201	Sports Medicine and Nutrition	21.12.2023	2pm to 5pm
PSC18CT203	Specified Sports - Theory	11.12.2023	2pm to 5pm
PSC18DE005	Talent Identification and Sports Pedagogy	12.12.2023	2pm to 5pm
PSC18DE006	Sports Forensic Science		
PSC18DE007	Careers in the Sports Industries		
PSC18DE008	Environment and Nutrition of the Player		
PSC18SE201	Fundamentals of Information and Technology	13.12.2023	2pm to 5pm

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
PSC18CT402	Test And Measurement In Training And Coaching	16.12.2023	10am to 1pm
PSC18DE005	Talent Identification And Sports Pedagogy	18.12.2023	10am to 1pm
PSC18DE006	Sports Forensic Science		
PSC18DE007	Careers In The Sports Industries		
PSC18DE008	Environment And Nutrition Of The Player		
PSC18GE401	Generic Elective	20.12.2023	10am to 1pm

<b>B.Sc Sports Coaching - (2018 Onwards CBCS Syllabus)</b>			
<b>First Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USC18CT101	Tamil - I/Hindi-1/Spl.English/Basic Tamil	11.12.2023	10am to 1pm
USC18CT102	English I	12.12.2023	10am to 1pm
USC18CT103	Anatomy and physiology	21.12.2023	10am to 1pm
USC18DE001	Stengh and Conditioning	13.12.2023	10am to 1pm
USC18DE002	Women in Olympic Movement		
USC18DE003	Talent Identification		
USC18DE004	Project Event Management		
USC18DE005	Sports Communication		
USC18DE006	Onfield Sports Injury Management		
<b>Second Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USC18CT201	Tamil II / Hindi II / Special English II/Basic Tamil	11.12.2023	2pm to 5pm
USC18CT202	English II	12.12.2023	2pm to 5pm
USC18CT203	Science of sports training	21.12.2023	2pm to 5pm

USC18DE007	Sports Law	13.12.2023	2pm to 5pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

<b>Fourth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USC18CT401	Tamil IV/ Hindi IV/ Special English/SpecialTamil	16.12.2023	10am to 1pm
USC18CT402	English IV	18.12.2023	10am to 1pm
USC18CT404	Tactics and tactical development of specified sport/game	19.12.2023	10am to 1pm
USC18DE007	Sports Law	20.12.2023	10am to 1pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		

<b>Sixth Semester</b>			
<b>Subject Code</b>	<b>Subject</b>	<b>Date</b>	<b>Time</b>
USC18CT602	Philosophy Of Coaching	16.12.2023	2pm to 5pm
USC18DE007	Sports Law	18.12.2023	2pm to 5pm
USC18DE008	Computer Application Test and Measurement		
USC18DE009	Play Field and Equipment Management		
USC18DE010	Doping and Its Classification		
USC18DE011	Management of Special Olympic Sports		
USC18DE012	Exercises and Sports for Women		
USC18SE601	Gym Management	19.12.2023	2pm to 5pm