



SELF STUDY REPORT

FOR

2nd CYCLE OF ACCREDITATION

**TAMIL NADU PHYSICAL EDUCATION AND SPORTS
UNIVERSITY**

VANDALUR- KELAMBAKKAM ROAD MELAKOTTAIYUR POST CHENNAI

600127 TAMIL NADU

6000127

tnpesu.org

Submitted To

NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

BANGALORE

March 2021

1. EXECUTIVE SUMMARY

1.1 INTRODUCTION

The Tamil Nadu Physical Education and Sports University, the country's first State University, exclusively for Physical Education and Sports is established by an Act of Government of Tamil Nadu in 2004. This came into force from 15th September 2005 after getting the assent from His Excellency, the then President of India on 5th August 2005. Our University is located at the sprawling campus at Melakottaiyur, Chennai with 125 acres of land, bordered with a lake at one side, at a distance of 26.1 km from the International Airport, Chennai. Situated in the 'Back of Beyond' of Chennai city, the University has started functioning in the present campus from August 2011. This beautiful campus has a rich water source having a quarry within the campus, which covers nearly 10 acres of land. With an extraordinary sporting facilities including a Velodrome for cycling, this University campus forms a hub for sports lovers with a wonderful ambience, amazingly created with a Sports Eco System.

The University has obtained the 2f & 12 (B) status from UGC and accredited by NAAC with B++ during 2016 with a score of 2.92.

The Motto of the University being "**Excellence in Physical Education and Sports**", the primary objective is to offer various innovative academic programmes in Physical Education, Sports Coaching and Sports Allied Sciences for the Promotion of Physical Education and Sports performance. It also aims at monitoring Physical Education and Sports at all levels in the State of Tamil Nadu academically and professionally. It takes pride in becoming a Dual Mode University offering programs in Regular and Distance mode. This University has the privilege of being an Affiliating University with 24 Colleges under its fold, 5 of them being Yoga Colleges.

A virtual tour to Tamil Nadu Physical Education and Sports University.

<https://www.tnpesu.org/tour.html>



Click

(or To view this Virtual Tour, Copy & Paste the link in the Google)

Vision

"To engage in relentless pursuit of Excellence in the promotion and development of Physical Education and Sports through innovative programmes in teaching, coaching, research and outreach activities and evolve a holistic approach to the betterment of human resources through a harmonious blend of body, mind and spirit".

Mission

The Mission of the University in a Nutshell is to offer unique graduate, Post graduate and Research Programmes in Physical Education and allied fields to advance the research facilities and contribute to the body of knowledge through scholarly work and disseminate the findings. It is also to refine and sharpen the coaching and training techniques in Physical Education and Sports. The mission is also to establish linkages and to network with National and International organizations to keep abreast of the latest developments in the field of Physical Education and Sports. It aims to organize state and national level coaching camps by establishing Sports Academies in various sports disciplines with a constant endeavour to prepare Athletes for High level Performance. It offers Scientific Support to the Elite Athletes through analysis, assessment and research based assistance.

The other missions are

- to design programme for the promotion and development of fitness and health concept among the students, faculty and the community around so as to mould them into physically fit and emotionally matured citizens.
- to develop high-tech research faculties and contribute to the body of knowledge through scholarly work and publications.
- to design and introduce innovative, integrated, inter-disciplinary curriculum in Physical Education and various Sports and Games and allied areas to train professional leaders in Physical Education and Sports.
- to create an ideal academic environment for learning, scholarship, professionalism and collaboration that fosters Excellence in active students learning and professional growth.

1.2 Strength, Weakness, Opportunity and Challenges(SWOC)

Institutional Strength

- Qualified faculty, specialized in various sports disciplines, with rich research culture and professional commitment.
- Well designed library with 'the state-of-art' e-resources with resounding research facilities.
- Vast campus providing suitable ambience for the learners with four hostels with increased in-house facilities
- A green campus with extraordinary sporting facilities with a scope and space for expansion surrounded by the neighborhood educational institutions like VIT Chennai, Medical and Technical institutions forming a hub of Higher Education.
- The University has a Proactive Managerial Style to Introduce New Programs/Courses, skill development, Capacity Building and Job oriented programs through Regular Mode and Distance mode with affordable fee- structure.
- The University has a well established scientific laboratories with sophisticated research –based equipments worth of Rs.22, 73, 15, 152/- (Rupees Twenty Two Crores Seventy Three Lakhs, Fifteen Thousand and One Hundred and Fifty Two Only) which provides assistance to the students and the research scholars to acquire comprehensive practical knowledge .
- With extraordinary astonishing sports facilities (which include Adventure Sports , Traditional Sports

,Water Sports and Shooting range and the Horse Riding Academy) the University has established two Academies which have the potential to produce Elite Athletes who will be the future Olympians and International Athletes.

- The support and the directional guidance received from the secretariat of the Government and the Governor/Chancellor helps the University to embark on quality enhancement and sustenance
- Collaboration with National Organizations like Sports Authority of India, Sports Development of Tamil Nadu , Sports Federations, Associations of Indian University and State Sports Associations provides a strong foundation , projection and visibility to the University.
- The contributions of Student's support services like student's Grievance Rederessal Cell, Anti Ragging Committee , SC/ST cell, Women's cell, Internal Complaint Committee, Placement Cell and the Alumni Association.
- The University's well equipped Health Centre with a Physician, Physiotherapists and a Nurse offering full time services for the sports injuries management and rehabilitation.
- Special waiver of fees and sports scholarship offered to the students with sports talents and High Performers , which paves way for the students of lower social strata to queue –up for the admissions.

Institutional Weakness

- Opportunities for fund mobilization and the prospective ability for revenue generation is so much fragile and brittle
- Fund sources for Research is not in good measure
- Alumni contributions needs to be strengthened
- Insufficient Salary grant from the Government
- International Linkages and Industrial Collaboration for staff and students exchange are very limited

Institutional Opportunity

- To be manifested as a Model University among all Sports Universities in India
- To Emerge as a Centre of Excellence in Physical Education and Sports Sciences
- To collaborate with Major International Universities for Joint- Research , Pedagogy and Students Teacher Exchange, investing on Cross Cultural University partnerships
- To frame a common curriculum for sports and physical education being an active member of Task-Force committee of All India Association of State Sports Universities
- To become a doyen of Sports Sciences and Physical Education in India
- To make fuller use of Alumni- Power in various domains –Funding Possibilities ,Placement opportunities and so on
- Developing Laboratories and Learning resources for patentable IPRs by increasing the Project – Patent culture
- To get CSR funding to ease the burden on the University in developing infrastrucuturs facilities
- To prepare devoted , committed and dedicated sports scientists
- To offer online courses both for Regular and Distance Education
- To invite International Athletes to our university and to train elite athletes of Tamilnadu
- To grooming the institution towards the concept of Industry 4.0 and Education 4.0 in Teaching Learning Process and Research

Institutional Challenge

- Academia –Industry partnership resulting in a Industry Inside Institute (III)
- To increase the demand ratio in the process of student's admission at all courses of Allied Sciences
- To attract International Students
- Establishing a centre for Training the Olympic Team (TOT)
- Developing Sports Infrastructural facilities of International Standards to Host International Competitions, Parlympics and Dark Olympics.
- Achieving the goals listed in VISION 2030
- To host a program and enter into the Guinness Book of Records by hosting a Mass Yoga under FIT INDIA 2020.

1.3 CRITERIA WISE SUMMARY

Curricular Aspects

Academic process at Tamil Nadu Physical Education and Sports University which covers, curriculum design & development and delivery of content & assessment are dynamic and are constantly revamped to keep pace with the rapid developments in various fields of study. This revision is done based on the societal needs that provides a thrust on the National Development, in consultation with the domain experts adhering to the guidelines of the UGC, NCTE and AICTE and as per the recent scientific and technological developments and need of stakeholders. Twenty market driven, job oriented courses are offered as Add on courses. We take pride in stating that the Programs like M.Tech in Sports Technology, M.Sc in Sports Bio Mechanics and M.Sc , Exercise Physiology are few of the unique trendier programs offered at our University.

This University has enthused to Outcome Based Education (OBE) with Choice Based Credit System (CBCS) based on the requirements of the end users. This university is offering at present 5 UG, 13 PG, 10 Pre-Doctoral and 8 Doctoral programmes in the field of Physical Education, Sports Sciences, Sports Technology and Sports Management.

This University's major objective is to plan and implement a programme on Academic and Sporting Excellence to meet the relevance of local, national, regional and global needs which is reflected in Programme outcomes, Programme Specific Outcomes and Course Outcomes. Sufficient number of courses focus on employability/ entrepreneurship/ skill development. This University integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability into the Curriculum..

Nearly 80% of teachers serve as members of Board of studies and Academic Council of other Universities/ Colleges to strengthen quality enrichment in curriculum. Unique and job oriented value added courses 12 in number are also offered. Students are encouraged to undertake field projects, internships and research projects. Structured feedback mechanism is implemented with systematic analysis and appropriate actions are taken after periodical reviews which are web loaded.

Innovative Practices –Out Come Orientation through Mapping of POs/PCOs/COs, matching with the Knowledge /Skill/Application expected of the learners done .

Introduction of entrepreneur skill development programme through National Skill Qualification Framework(NSQF)

Teaching-learning and Evaluation

The University adopts transparent admission process, adhering the Reservation policy of the Government of Tamilnadu .

The University organizes the Orientation /Induction programme for the fresher's every year and adopts measures to identify slow and advanced learners by conducting Initial Assessment. Both the advanced and slow learners are well supported through student mentoring system. Supplemental information, interaction with experts, special coaching for competitive exams are planned for the advanced learners, remedial courses and special classes both in the field and class rooms are organized for the slow learners . Advanced learners are encouraged to pursue higher level intensified courses, such as competitive examination and coached for higher level skilled sporting competitions. University operates Regular and Summer Coaching to cater to the professional needs of students.

TNPESU has well-qualified faculty members 100 % holding Ph.D degrees. Few of the faculty members have received prestigious awards/ recognition at State, National and International level. University provides its students the best ambience for the teaching learning with research orientation, professional networking, environmental awareness and ethical values.

ICT based teaching aids and e-resources are used by the teachers. Student centric learning is encouraged through participation in seminar, peer group discussions, field work and project work. Laboratory facilities with modern equipments offers practical exposure to the students. Innovative methodologies are used to train the student for Active learning, Cooperative learning, Project based learning, Experiential learning and Participatory learning. Village Placement Programme, Leadership Camps, Field trips and internships are initiated to gain hands-on experience. Teacher Dairy, Weekly Plan Board, Cluster Guidance are in practice.

Every PG student undertakes a project. Yoga classes are conducted for mental and physical wellbeing. The university has direct access to INFLIBNET and e-learning process is encouraged. Teachers have prepared e-content which are web loaded.

Mentor-Mentee system is in operation. Examinations are conducted in Semester pattern. The Examination Management System is 100% automated with the software Designed and developed by National Informatics Centre(NIC). POs, PSOs & COs developed, displayed and diligently adopted the mapping to monitor the success level. Innovative practices: group Methodology, learning e-content, online teaching and self study material.

Research, Innovations and Extension

Tamil Nadu Physical Education and Sports University is a 'research focused' University promoting research culture among faculties and students. It has a well-defined Research Policy and Code of Ethics. There is a state of the art Research Laboratories with modern research equipments. Faculty members, M.Phil, Ph.D Scholars, and students have project exposure to do active research. A resourceful Library and Sports Infra Structures available in the campus helps the scholars for collection of data and analysis .This Institution has submitted

proposal for the research facilities to Government Agencies and have received more than 50 crores as financial assistance. The scholars have received fellowships from RGNF, ICSSR and TNSCS&T. This University provides financial support to research promotional activities as seed money and organizes very many International & National Conferences and Workshops.

This Institution has created Innovation Ecosystem and Incubation centre to transfer knowledge through quality research. The scholars were given opportunities to brain storm their ideas in front of subject experts and monitored systematically. Research Documents are checked with Urkund Plagiarism software.

This Institution has a well defined Consultancy Policy with specification for revenue sharing. As state government university, staff members are encouraged to do free consultancy.

Self- Tuning and Character Grooming were achieved through Extension and outreach activities benefitting the neighborhood community mainly the downtrodden. Layout of play fields at the villages, organizing awareness programmes and 'stretching helping hand' to the differently abled are other forms of service based extension activities. Maintaining a green- ecosystem through tree plantation and a green house at the campus are some of the special features of campus development programs.

During the extension programme, health and fitness related data are collected and assessed as part of social survey. Based on the results, the residents were given counseling and various activities have been conducted including empowerment of women. The University has signed an MOU with prominent educational and research institutions. Design and Developing 'Indian Athletic shoe' is an initiative of this collaboration.

Innovative Practices-Functional MoU with CLRI for designing and developing 'Indian Athletic Shoe', Innovation Incubation Centre, Idea Competition and Bio-Mechanical Analysis of Human Movement

Infrastructure and Learning Resources

This University has taken enormous effort to establish physical facilities like construction of class rooms, Library, laboratories, Meditation Hall, Computing equipments, Multipurpose Indoor stadium, Auditorium, Camping centre, Gym, Canteen, approach road, front arch, hostels etc at a cost of 66 crores. Approximately twelve thousand square meter of area was constructed exclusively for academic purpose, which was 100% greater than the previous assessment period.

The new Library building with a carpet area of 629.11 Sq.mts was opened for use from August 2018 onwards. Budget allocation for Books and Journals was made regularly and a total of 1401 books have been newly procured and a sum amount Rs.29 lakhs have been spent towards the purchase of books and Rs.19 lakhs. International standard Library was established with the financial assistance of Government of Tamil Nadu at a cost of 96.5 Lakhs for e-library to provide e-learning environment and e-resources for staff, scholar and student community.

IT Infrastructure namely procurement, installation and implementation of hardware, software, broadband Internet Connection, LAN, Wi-Fi, CCTV camera, etc. have been carried out to fully automate the administration. NKN has provided 2GBPS speed Internet connectivity services. Now a sum amount Rs.16.65 lakhs has been spent by this University to provide Wi-Fi enabled wireless fidelity Internet services to Administrative, Academic and Library Blocks. Class rooms are with Projector for ICT based teaching with Wi-Fi enabled campus. IT policy has been framed and implemented. Appropriate software has been purchased for

Library automation, Laboratories and Automation of Administration. The Media room with software for recording and editing is used for preparing e-contents.

The students are well supported with a multi gym, canteen and an ATM. Hostels, monitored and supported by Warden, Deputy warden and Sub Wardens and Security Guards. Health Centre with One Medical officer, a nurse and two Physiotherapists for taking care of the health needs of the students and staff.

The Infrastructural facilities are well maintained having an Estate Manager and a Supervisor and appointing an Assistant Engineer.

Innovative Initiatives - Horse Riding Academy, Shooting Range, Adventure Sports, Centre for Traditional Kalaripayattu and Silambam Training, Academy for Badminton and Table Tennis.

Student Support and Progression

The Student Support kicks off from the Orientation program, Induction program and assessing the Slow Learners. Students & their representation in the academic & administrative bodies/committees of the University is ensured. Student support services are provided at the best manner in academics, extracurricular activities.. Educational loan facilities are made available and scholarships are provided to poor-cum-meritorious students. The top-performers in sports receives sports scholarships and waiver of fees. The University is totally a 'Ragging Free Campus'. The University does the necessary arrangements for the PhD students for participating and presenting research paper in the conference. The University also is concerned about the Skill development of the students and conducts various courses to develop it. The Placement cell coordinates the placement activities and arranging group discussions/mock interviews etc. by faculty and external experts. 90% of students who aspire to take up job are employed through Placement Cell.

"TNPESU Alumni Association" a registered body has been formed to look after the alumni activities and to develop the alumni network. The association acts as a link between the alumni and the Alma-mater. The Alumni association increases the database of the alumni year after year and Strengthens the alumni network by conducting endowment lecturers/seminars and other programmes.

University has a grievance redressal mechanism and committees are constituted for sexual harassment, grievance redressal, disciplinary actions and anti-ragging. The committee submits the report on such grievances, if any, to the Vice Chancellor, for further action.

The students are encouraged to participate in the Intercollegiate/Interuniversity Sports / Cultural competitions and also entrusted different responsibilities in organizing the events.

The students are well supported with on-duty provisions sports uniforms, concessions, and scholarship for participation in sports competition.

Various festivals are organized within the campus, wherein student participate in traditional attire and celebrate the festivals traditionally with all 'Pomp & Glory'

Other Students Supports services are Transportation Facilities, ATM, Language Lab, Remedial Coaching , Counseling , Yoga & meditation ,Guidance for Competitive Examinations, Group Insurance, Soft Skill Development Program ,Placement Drive and Recruitment advice.

Innovative Practice

SLET/NET preparation.

New Idea Competition (NIC) ,Special Coaching (Summer), NIS 6 weeks coaching.

Governance, Leadership and Management

Tamil Nadu Physical Education and Sports University has been established with a broad vision and distinct mission. It practices decentralization and participatory management which operates as driving force for the growth of the university. With cross-cultural sensitization, spirit of entrepreneurship, value based learning and the Zeal to excel, the institute endeavours to produce great leaders and healthy citizens. The organizational structure of the university is abided by the University Acts and Statutes. The university implements the regulations for recruitments, promotional policies and other mechanisms framed by the UGC, AICTE, NCTE for the teaching and non-teaching staff members. The university time and again takes steps to ensure quality enhancement & Sustenance in both academic and administrative setup. The University is functioning under the Department of Youth Welfare and Sports, and it has a noteworthy setup with His Excellency, the Governor of Tamil Nadu as the Chancellor, Honorable Minister of Youth Welfare and Sports Development serves as the Pro-Chancellor, the Vice-chancellor, the Registrar, the Planning Board Members, the Syndicate members, the faculty members and the members of the Board of Studies. The university has effective Management Information System in administration and academic matters with O G Software Solutions and National Informatics Centre. It is bounded by standard operating procedures to ensure excellence in all areas of expertise offered by the University.

The University has a well built Master Plan and has recently prepared the Vision 2030 document guided by the Hon'ble Chancellor .A 15 year perspective plan is also prepared to become the Institution of Eminence /Potential for Excellence. Faculty empowerment Strategies are systematically planned .Performance Appraisal System is done through Academic Audit, Administrative Audit, Feedback Mechanism and Career Advancement Scheme.

Innovative Initiative

Chancellor's Vision 2030,Cashless transaction, Paperless office/ department

Institutional Values and Best Practices

The University gives importance to gender equity and sensitization and all the Programs reflect them. The 'Centre for Psychological Counseling' helps the students to cope up with the adjustment needs of students and real-world situations. Security personnel and CCTV cameras are available.

Energy conservation measures such as installation of a solar panel for generating 10KV power, Street lights with timer control, Auto Cut Mechanism in Water sumps, separate Distribution boxes and biogas plant, use of

sensor based energy conservation and LED Bulbs.

The University has the facilities for the management of degradable and non-degradable waste: solid wastes, liquid wastes and E-wastes. Water conservation facilities in the Campus: rain water harvesting, bore wells and open well recharge, tanks and bunds and distribution system.

As a part of green campus initiatives: The movement of automobiles vehicles such as two wheeler, cars and other heavy vehicles are restricted from the administrative block of the University, the University encourages the use of bicycles by the students and staff the pedestrian friendly pathway is available for the people and the University has banned the use of single use plastics Quality Audits on environment and energy such as green audit, energy audit and environmental audit are undertaken.

The University has maintained a disabled-friendly, barrier free environment. The University always encourages efforts/initiatives in providing an inclusive environment and imbining cultural values. .

University observes all the important day such as Constitution day, Voters day, Women's day, World environment day, National Sports day, Teacher's day, World Food day, World Aids day, Youth day, Human rights day are observed to make the students to understand the significance of each day and its relevance.

The University has a prescribed and approved code of conduct for students, teachers, administrators and other staff The University has successfully implemented the following two best practices namely, Village Placement Programme for Sustaining Community Development (VSCD) and Sports and Recreation for Normalization of Differently Abled-Population. The Thrust area of the University is to enhance the sports performance by providing adequate scientific support to the elite athletes.

2. PROFILE

2.1 BASIC INFORMATION

Name and Address of the University	
Name	TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
Address	VANDALUR- KELAMBAKKAM ROAD MELAKOTTAIYUR POST CHENNAI 600127 TAMIL NADU
City	CHENNAI
State	Tamil Nadu
Pin	6000127
Website	tnpesu.org

Contacts for Communication					
Designation	Name	Telephone with STD Code	Mobile	Fax	Email
Vice Chancellor	Sheila Stephen	044-27477904	9884403817	044-2747905	vctnpesu@gmail.com
IQAC / CIQA coordinator	Shahin Ahmed	044-27477905	9841246509	-	tnpesuiqac@gmail.com

Nature of University	
Nature of University	State University

Type of University	
Type of University	Affiliating

Establishment Details	
Establishment Date of the University	15-09-2005
Status Prior to Establishment, If applicable	

Recognition Details		
Date of Recognition as a University by UGC or Any Other National Agency :		
Under Section	Date	View Document
2f of UGC	31-10-2008	View Document
12B of UGC	13-01-2020	View Document

University with Potential for Excellence	
Is the University Recognised as a University with Potential for Excellence (UPE) by the UGC?	No

Location, Area and Activity of Campus							
Campus Type	Address	Location*	Campus Area in Acres	Built up Area in sq.mts.	Programmes Offered	Date of Establishment	Date of Recognition by UGC/MHRD
Main campus	VANDALUR-KELAMBAK KAM ROAD MELAKOTTA IYUR POST CHENNAI 600127 TAMIL NADU	Semi-urban	125	11659.15	Twenty Eight		

2.2 ACADEMIC INFORMATION

Affiliated Institutions to the University

Type of Colleges	Permanent	Temporary	Total
Education/Teachers Training	4	15	19
Sciences	0	5	5

Furnish the Details of Colleges of University

Type Of Colleges	Numbers
Constituent Colleges	0
Affiliated Colleges	24
Colleges Under 2(f)	3
Colleges Under 2(f) and 12B	3
NAAC Accredited Colleges	3
Colleges with Potential for Excellence(UGC)	0
Autonomous Colleges	2
Colleges with Postgraduate Departments	24
Colleges with Research Departments	6
University Recognized Research Institutes/Centers	6

Is the University Offering any Programmes Recognised by any Statutory Regulatory Authority (SRA)	: Yes								
<table border="1"> <thead> <tr> <th>SRA program</th> <th>Document</th> </tr> </thead> <tbody> <tr> <td>AICTE</td> <td>103935_4770_1_1581408172.pdf</td> </tr> <tr> <td>NCTE</td> <td>103935_4770_4_1582027562.pdf</td> </tr> <tr> <td>DEB-UGC</td> <td>103935_4770_21_1582712020.pdf</td> </tr> </tbody> </table>	SRA program	Document	AICTE	103935_4770_1_1581408172.pdf	NCTE	103935_4770_4_1582027562.pdf	DEB-UGC	103935_4770_21_1582712020.pdf	
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DEB-UGC	103935_4770_21_1582712020.pdf								

Details Of Teaching & Non-Teaching Staff Of University

Teaching Faculty												
	Professor				Associate Professor				Assistant Professor			
	Male	Female	Others	Total	Male	Female	Others	Total	Male	Female	Others	Total
Sanctioned	8				11				33			
Recruited	2	2	0	4	3	1	0	4	18	3	0	21
Yet to Recruit	4				7				12			
On Contract	0	0	0	0	0	0	0	0	0	0	0	0

Non-Teaching Staff				
	Male	Female	Others	Total
Sanctioned				48
Recruited	18	7	0	25
Yet to Recruit				23
On Contract	21	17	0	38

Technical Staff				
	Male	Female	Others	Total
Sanctioned				6
Recruited	0	0	0	0
Yet to Recruit				6
On Contract	4	1	0	5

Qualification Details of the Teaching Staff

Permanent Teachers										
Highest Qualification	Professor			Associate Professor			Assistant Professor			Total
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D.sc/D.Litt.	0	0	0	0	0	0	0	0	0	0
Ph.D.	2	2	0	3	1	0	16	3	0	27
M.Phil.	0	0	0	0	0	0	0	0	0	0
PG	0	0	0	0	0	0	2	0	0	2

Temporary Teachers										
Highest Qualification	Professor			Associate Professor			Assistant Professor			Total
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D.sc/D.Litt.	0	0	0	0	0	0	0	0	0	0
Ph.D.	0	0	0	0	0	0	3	2	0	5
M.Phil.	0	0	0	0	0	0	4	3	0	7
PG	0	0	0	0	0	0	0	0	0	0

Part Time Teachers										
Highest Qualification	Professor			Associate Professor			Assistant Professor			Total
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D.sc/D.Litt.	0	0	0	0	0	0	0	0	0	0
Ph.D.	0	0	0	0	0	0	0	0	0	0
M.Phil.	0	0	0	0	0	0	0	0	0	0
PG	0	0	0	0	0	0	0	0	0	0

Distinguished Academicians Appointed As

	Male	Female	Others	Total
Emeritus Professor	0	0	0	0
Adjunct Professor	1	0	0	1
Visiting Professor	1	0	0	1

Chairs Instituted by the University

Sl.No	Name of the Department	Name of the Chair	Name of the Sponsor Organisation/Agency
1	NIL	NIL	NIL

Provide the Following Details of Students Enrolled in the University During the Current Academic Year

Programme		From the State Where University is Located	From Other States of India	NRI Students	Foreign Students	Total
Pre Doctoral (M.Phil)	Male	10	4	0	0	14
	Female	5	2	0	0	7
	Others	0	0	0	0	0
Doctoral (Ph.D)	Male	22	7	0	0	29
	Female	8	1	0	0	9
	Others	0	0	0	0	0
PG Diploma recognised by statutory authority including university	Male	0	0	0	0	0
	Female	0	0	0	0	0
	Others	0	0	0	0	0
PG	Male	194	21	0	1	216
	Female	98	23	0	0	121
	Others	0	0	0	0	0
UG	Male	146	2	0	0	148
	Female	39	0	0	0	39
	Others	0	0	0	0	0

Does the University offer any Integrated Programmes?	No
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Details of UGC Human Resource Development Centre, If applicable

Year of Establishment	Nil
Number of UGC Orientation Programmes	0
Number of UGC Refresher Course	0
Number of University's own Programmes	0
Total Number of Programmes Conducted (last five years)	0

Accreditation Details

Cycle Info	Accreditation	Grade	CGPA	Upload Peer Team Report
Cycle 1	Accreditation	B++	2.92	NAAC Certificate TNPESU.pdf

2.3 EVALUATIVE REPORT OF THE DEPARTMENTS

Department Name	Upload Report
Advanced Sports Training And Technology	View Document
Exercise Physiology And Biomechanics	View Document
Physical Education	View Document
School Of Distance Education	View Document
Sports Management And Sports Psychology And Sociology	View Document
Yoga	View Document

Extended Profile

1 Program

1.1

Number of programs offered year-wise for last five years

2018-19	2017-18	2016-17	2015-16	2014-15
17	14	17	15	13
File Description		Document		
Institutional data in prescribed format		View Document		

1.2

Number of departments offering academic programmes

Response: 5

2 Students

2.1

Number of students year-wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
592	538	391	261	309
File Description		Document		
Institutional data in prescribed format		View Document		

2.2

Number of outgoing / final year students year-wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
177	168	110	106	175
File Description		Document		
Institutional data in prescribed format		View Document		

2.3**Number of students appeared in the University examination year-wise during the last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
512	487	362	248	290
File Description		Document		
Institutional data in prescribed format		View Document		

2.4**Number of revaluation applications year-wise during the last 5 years**

2018-19	2017-18	2016-17	2015-16	2014-15
82	66	8	4	3

3 Teachers**3.1****Number of courses in all programs year-wise during last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
486	391	446	368	348
File Description		Document		
Institutional data in prescribed format		View Document		

3.2**Number of full time teachers year-wise during the last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
41	36	36	26	29
File Description		Document		
Institutional data in prescribed format		View Document		

3.3

Number of sanctioned posts year-wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
52	52	52	42	42
File Description		Document		
Institutional data in prescribed format		View Document		

4 Institution**4.1****Number of eligible applications received for admissions to all the programs year-wise during last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
734	573	421	329	525
File Description		Document		
Institutional data in prescribed format		View Document		

4.2**Number of seats earmarked for reserved category as per GOI/State Govt rule year-wise during last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
163	151	112	67	90
File Description		Document		
Institutional data in prescribed format		View Document		

4.3**Total number of classrooms and seminar halls****Response: 42****4.4****Total number of computers in the campus for academic purpose****Response: 118**

4.5

Total Expenditure excluding salary year-wise during last five years (INR in Lakhs)

2018-19	2017-18	2016-17	2015-16	2014-15
2373.16473	1410.32618	830.50190	2359.02073	248.04302

NAAC

4. Quality Indicator Framework(QIF)

Criterion 1 - Curricular Aspects

1.1 Curriculum Design and Development

1.1.1 Curricula developed and implemented have relevance to the local, national, regional and global developmental needs which is reflected in Programme outcomes (POs), Programme Specific Outcomes(PSOs) and Course Outcomes(COs) of the Programmes offered by the Institution.

Response:

Tamil Nadu Physical Education and Sports University focuses on achieving academic excellence by means of curriculum design and implementation taking cognizance of local, national and global needs. Development and delivery of content for various programs offered by this university are dynamic falling in line with the Vision and Mission of the University

The institute has a well-organized system of curriculum design, whereby every faculty contributes to the Introduction of new programs, innovation and revision of syllabi. Emerging areas are included in the curriculum by revamping curriculum in consultation with domain experts. Periodic changes in the curriculum are made based on societal needs that provide a thrust for National Development.

80% of teachers are the members of various high level Academic Bodies at the State and National level. Market driven programs (Gym Instructor, Personal Trainer, Yoga trainer), entrepreneurship skill development programs (Sports Psychology, Nutritionist, Aerobic trainer) value added programs (Martial arts, Defensive arts, Traditional Sports) offered at the University, paves way for the students for suitable employment in the sports industry .

To meet out global competence in sports technology, courses like sports materials engineering and design, sports aerodynamics are offered .Simultaneously courses creating health awareness like yoga, nutrition, health education are also offered considering the current needs of the stakeholders. To impart specific knowledge interdisciplinary Generic electives and ability enhancement courses are included as an integral part of the curriculum.

Student are given freedom to select elective courses based on their interest and they are given freedom to register their feedback. Excellent feedback mechanism which strategically analyses the data is in operation. Based on the feedback, instant action is taken to reform the curriculum content of the delivery system. Choice Based Credit System (CBCS) is fully implemented.

Each program is well designed with program objectives, program outcome and program specific outcome to meet out domain knowledge .They are even displayed in the class notice boards for the students to understand the concept. Further to achieve the benefit of Outcome Based Education(OBE) the syllabus content of each course is developed with various components of courses such as course objectives, course outcome at various the level. Different case studies are also included in the content of the courses of programs offered. In specific, the courses offered by the department of yoga creates vibrant society by way of imparting spiritual-based values, spreading yoga worldwide, as a value-based brand of

India.

The following measures taken for quality enhancement and sustenance of curriculum Development

Making the students abreast with updates in their respective disciplines/ specializations

Top priority for interactions with employers and experts for curriculum design

Conducting Orientation programs both 'on and off campus' for the faculty

Encouraging inter- disciplinary approach both in curricular and research programs

Strengthening the students' supports services in general and placement services in particular to improve employability .

Entering into MoUs with different National and International Institutions/ Universities to enhance quality standards of curriculum

File Description	Document
Upload Additional information	View Document
Link for Additional information	View Document

1.1.2 Percentage of Programmes where syllabus revision was carried out during the last five years.

Response: 100

1.1.2.1 How many Programmes were revised out of total number of Programmes offered during the last five years

Response: 17

1.1.2.2 Number of all Programmes offered by the institution during the last five years.

Response: 17

File Description	Document
Minutes of relevant Academic Council/BOS meeting	View Document
Institutional data in prescribed format	View Document
Details of Programme syllabus revision in last 5 years	View Document
Any additional information	View Document
Link for additional information	View Document

1.1.3 Average percentage of courses having focus on employability/ entrepreneurship/ skill development offered by the institution during the last five years

Response: 7.91

1.1.3.1 Number of courses having focus on employability/ entrepreneurship/ skill development year-wise during the last five years

2018-19	2017-18	2016-17	2015-16	2014-15
132	20	20	5	5

File Description	Document
Programme/ Curriculum/ Syllabus of the courses	View Document
MoU's with relevant organizations for these courses, if any	View Document
Minutes of the Boards of Studies/ Academic Council meetings with approvals for these courses	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document

1.2 Academic Flexibility

1.2.1 Percentage of new courses introduced of the total number of courses across all programs offered during the last five years.

Response: 45.51

1.2.1.1 How many new courses were introduced within the last five years.

Response: 928

1.2.1.2 Number of courses offered by the institution across all programmes during the last five years.

Response: 2039

File Description	Document
Minutes of relevant Academic Council/BOS meeting	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document

1.2.2 Percentage of Programmes in which Choice Based Credit System (CBCS) / elective course system has been implemented (Data for the latest completed academic year).

Response: 100

1.2.2.1 Number of Programmes in which CBCS / Elective course system implemented.

Response: 17

File Description	Document
Minutes of relevant Academic Council/BOS meetings	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document

1.3 Curriculum Enrichment

1.3.1 Institution integrates crosscutting issues relevant to Professional Ethics ,Gender, Human Values ,Environment and Sustainability into the Curriculum

Response:

- Tamil Nadu Physical Education and Sports University offers programmes in various disciplines viz., Physical Education, Yoga and allied health sciences – Sports Biomechanics, Physiology, Sociology and Psychology, Sports Training, Sports Management and Sports Engineering.
- Combination of cross cutting issues relevant to Gender, Environment and Sustainability, Human Values and Professional Ethics are inbuilt into the curriculum of all the programmes offered by this university.
- By inculcating courses in these domain, would significantly add values to our students, to behave as a "socially responsible citizen" of our nation.
- In specific, the course on “Environmental Science”, is made mandatory across all disciplines, as

per the guidelines of University Grant Commission (UGC) and “Disaster Management” is made compulsory as per the guidelines of All India Council for Technical Education (AICTE). These courses are offered to create awareness among students on protection of natural resources, ecosystem and environment to avoid/ control natural disasters.

- To inculcate human values and professional ethics, the courses such as “Stress Management by Yoga”, “Personality Development through Life Enlightenment Skills”, “Personality development”, “Sports Psychology and Sociology”, “Constitution of India” professional Ethics and Human Values”, “Human Rights”, “Obesity and Weight Management” etc. are offered across many disciplines. These courses are offered with the objective of inspiring students to practice their profession more ethically and to understand human values and respect human rights.
- The course “Village Placement Programme” (VPP), offered by this university creates social responsibilities among students and in particular to serve village population.
- In addition, students are encouraged to participate in various programmes organized by this university to make awareness among students about the gender equity, social behaviour, environment conscious, blood donation, physical fitness, health management, sports officiating, yoga training and nutrition for elite sports athletes etc.,
- In all the events and activities organized by this university, female members are given top priority for participation and conduct of programmes.
- National level functions and festivals are celebrated, in which, students of different diversity participates.
- This institute periodically organises several courses, training programmes, workshops on these domains which would help our students to get acquainted in the socially relevant human values.
- Women empowerment programmes are practiced for both at the student level and staff level in this university with great interest.
- Through the students counselling cell behavioural and academic issues are addressed. This effort attempts to provide an admissible atmosphere to the students organizing personality development and to overcome the gender differences, conducting training programmes for the students and staff on counselling.
- Anti-Ragging cell plans the activities like Anti-ragging campaign, formation of anti-ragging squad, display postures in the notice board at the prominent places against ragging to create awareness of human values among students.
- The NSS and NCC units of this university perform various kinds of welfare activities like tree planting inside the campus as well as the public places and participate in cleaning activities to create awareness about air, water pollution and plastic free campus.

File Description	Document
Upload the list and description of the courses which address the Gender, Environment and Sustainability, Human Values and Professional Ethics into the Curriculum	View Document
Any additional information	View Document

1.3.2 Number of value-added courses for imparting transferable and life skills offered during last five years.

Response: 19**1.3.2.1 How many new value-added courses are added within the last five years.**

Response: 19

File Description	Document
Institutional data in prescribed format	View Document
Brochure or any other document relating to value added courses	View Document
Any additional information	View Document

1.3.3 Average Percentage of students enrolled in the courses under 1.3.2 above.**Response: 12.46****1.3.3.1 Number of students enrolled in value-added courses imparting transferable and life skills offered year-wise during the last five years.**

2018-19	2017-18	2016-17	2015-16	2014-15
33	104	26	22	69

1.3.4 Percentage of students undertaking field projects / research projects / internships (Data for the latest completed academic year).**Response: 59.12****1.3.4.1 Number of students undertaking field projects or research projects or internships.**

Response: 350

File Description	Document
List of Programmes and number of students undertaking field projects research projects/ / internships (Data Template)	View Document
Any additional information	View Document
Link for additional information	View Document

1.4 Feedback System

1.4.1 Structured feedback for design and review of syllabus – semester-wise / year-wise is received from 1) Students, 2) Teachers, 3) Employers, 4) Alumni**Response:** A. All 4 of the above

File Description	Document
URL for stakeholder feedback report	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Action taken report of the University on feedback report as stated in the minutes of the Governing Council, Syndicate, Board of Management (Upload)	View Document

1.4.2 Feedback processes of the institution may be classified as follows:**Response:** A. Feedback collected, analysed and action taken and feedback available on website

File Description	Document
URL for feedback report	View Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document

Criterion 2 - Teaching-learning and Evaluation

2.1 Student Enrollment and Profile

2.1.1 Demand Ratio (Average of last five years)

Response: 1.13

2.1.1.1 Number of seats available year wise during the last five years

2018-19	2017-18	2016-17	2015-16	2014-15
521	492	485	351	408

File Description

Document

Demand Ratio (Average of Last five years) based on Data Template upload the document

[View Document](#)

• Any additional information

[View Document](#)

2.1.2 Average percentage of seats filled against reserved categories (SC, ST, OBC, Divyangjan, etc.) as per applicable reservation policy during the last five years (Excluding Supernumerary Seats)

Response: 100

2.1.2.1 Number of actual students admitted from the reserved categories year wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
163	151	112	67	90

File Description

Document

Average percentage of seats filled against seats reserved (Data Template)

[View Document](#)

Any additional information

[View Document](#)

2.2 Catering to Student Diversity

2.2.1 The institution assesses the learning levels of the students and organises special Programmes for advanced learners and slow learners

Response:

The University undertakes several measures to assess the efficacy of teaching methods and learning ability of the students. University's IQAC and Departments organize orientation programme for the students at the commencement of new batch every year which would help them to get familiarized with the institution, curricular and co-curricular activities, facilities, rules and regulations etc. Before the commencement of classes, the requirements of students are identified and addressed at the earliest by way of organizing talent shows, Fresher's tournaments and discussions. Biometric system introduced for monitoring students' attendance.

ADVANCED LEARNERS

- Students are encouraged to be members of professional bodies in their respective fields like Yoga Association, and Psychology Association and State Sports Association.
- Advised to participate in group discussions and peer group study.
- Various club activities are conducted by all the departments in the respective areas to mould the students in their field.
- Motivating them to participate in workshop, seminar and conference to inculcate research orientation and practical awareness
- Take up competitive exams like TRB, NET, SET, TNPSC, etc
- Semester Toppers and University rank holders are honored by Chancellor with certificates and Medals during the annual convocation.
- Sports achievers are encouraged with sports scholarship and fee concession.
- Students are given Practical oriented training for special coaching classes every day afternoon and in summer vacation by conducting 15 days Special coaching classes handled by expert coaches of SAI
- Guest Lectures and Special Coaches for all the game including canoeing and kayaking are arranged for the students so as to gain the knowledge from the experts.

SLOW LEARNERS:

- Mentor- Mentee system has been introduced, and every student in the Institution is assigned to a mentor, with whom the students can share their difficulties in academics, social or personal to get their support.
- Students are provided with group study hours in the men's and women's hostel in the after-hour.
- Technology Integrated Teaching is implemented in the university and subjects are taught through PowerPoint presentation, ICT lab, Pedagogy Lab, Anatomy and Physiology lab, Psychology lab, Yoga lab and Kriya lab.

- Students are trained in basic application skills through internship, village placement programme and project works.
- Offers classes on communication skills to prepare them for future career, especially to those who are from vernacular medium and to those whose proficiency in English is low for which a language lab is established at a cost of Rs. 14.59 lakhs
- Peer group teaching on discussion introduced to improve the learning ability of the slow learners.
- Care is taken by faculty in monitoring the performance of slow learners through periodic interaction with parents about their performance.
- Learning materials prepared and verified by expert committee were given to students.
- Departments conduct remedial classes, for slow learners and motivate the students who are in the verge of dropping out due to arrear subjects.
- (“University question bank”) are discussed and explained with. The a and discuss the way of presenting the answers in the exam t score marks.

File Description	Document
Upload Any additional information	View Document
Paste link for additional information	View Document

2.2.2 Student - Full time teacher ratio (Data for the latest completed academic year)

Response: 14:1

File Description	Document
Any additional information	View Document

2.3 Teaching- Learning Process

2.3.1 Student centric methods, such as experiential learning, participative learning and problem solving methodologies are used for enhancing learning experiences

Response:

Our university considers students as their important stakeholder. The complete educational process of development, deliverance of curriculum and assessment is planned to be student centric. The university facilitates all possible efforts for development of students through various forums like, career counseling

cell and placement cell and many other different clubs formed by respective departments.

- The student centric education is promoted by ensuring classroom atmosphere to be learner-friendly.
- Special lectures are given for soft skills and technical skills.
- The classroom environment is kept conducive to make learners feel free to share their ideas and to have a healthy discussion.
- Information in advance is given about topics to be taught in the next class so that the students can come prepared for active discussion with teachers.
- Initial few minutes of the lecture is spent to recollect the contents in the last lecture by asking some questions to check the understanding of the students and to increase a link for the subject of existing lecture.
- Questions raised by learners are clarified by re-explaining the topic at a stage where student can snatch the theme more easily.
- Vital opinion of learners is developed by asking them questions interrelated to topic during the lecture.
- Library facilities students in self-learning process.
- Lectures, group debate, field visits, lab work, induction programs, short-term project are used to enhance skills.
- Think- Pair- Share (Group Presentation) is encouraged through given assignments.
- Completed Research Projects Reports were given to each student to understand about the project format and chapterization.

Experiential learning and problem solving method

An experiential learning is the best way to translate the classroom knowledge into practice and to gain experience, learn new skills, add value and earn real experience for their career prospects

It allows a student to expand the knowledge and understanding of the actual field setting by network of professionals and administrators to gain hands on training and professional experience such as Leadership Training Camps.

Participative learning

Projects and Field practicum

During a project the students not only get a better understanding of the theme but also gain hands-on practical knowledge through Project Sports meets and Internships . By doing a project, the students will understand the subject better to showcase their skills, learn team work and communication skills.

Guest Lectures, Seminar & Workshops

As component of academic development, associations of all the departments arrange guest lectures and seminars all through the year on topics of foundational subjects profession oriented lectures, recent technologies and research areas periodically.

Exhibitions

By conducting student exhibitions through projects, presentations, or products through which students

“exhibit” what they have learned . Exhibition such as Nutrition Exhibition, Yoga Exhibition are typically equally a knowledge experience in itself and a means of evaluating educational progress and triumph.

Competitions

Sports competitions play a vital role in motivating students to perform and excel and offer a lot more reward than just winning prize. Students get a chance to showcase their skills, analyze and evaluate the outcomes and uncover personal aptitude.

File Description	Document
Upload any additional information	View Document
Link for Additional Information	View Document

2.3.2 Teachers use ICT enabled tools including online resources for effective teaching and learning process.

Response:

Tamil Nadu Physical Education and Sports University being a physical education University encourages intensive use of ICT enabled tools including online resources for effective teaching and learning process.

All our teachers of the University are using ICT tools and resources available on its campus. They use LCD Projectors, smart boards, Video Conferencing, A-view, Google quiz, MOOCS and e-learning technology.

They also use these resources by Multimedia Projectors, Public address system, Document camera, Computers, Mooc’s Desktops, Laptop, Wi-Fi, LAN connected system.

The university follows ICT enabled teaching in addition to the traditional classroom education. Consequent efforts are taken by the organization to provide e-learning ambiance in the classroom.

In count to chalk and talk method of education, the staff members are using the IT enabled learning to expose the students for advanced knowledge and practical learning.

Institute premises are Wi-Fi enabled

Dedicated computer laboratory with an internet link has been provided to encourage autonomous learning. Also ICT and pedagogy lab to support student learning. Wi-Fi facility for access of internet is provided to individual laptop and mobile devices. Security is provided to Wi-Fi users and its access is controlled by the system administrator

Theoretical and practical teaching is carried out through PPTs presentations, having audio and video supplementary material to sustain student interest and to present the students with recent developments in

the respective fields and allied sciences.

Collection of educational CDs; DVDs on various topics are available. The university library is effectively used for the enhancement of teaching and learning with a daily foot-fall of

The teaching faculties and students are updated in recent trends in the use of ICT-enabled research in performing literary search, collection of data, documentation, and statistical analysis (SPSS).

Departments also have multimedia classrooms and the staff members are trained in teaching with ICT enabled tools for effective learning process. Teachers use video recording in physical education to provide immediate feedback on student's performance.

Tamilnadu physical education and Sports University Library offers a wide range of e-resources which extends its 24×7 services via remote access facilities to all students and staff.

The academic plan with lesson plan, lab manuals and question banks with solution are made available at the very beginning of the semester.

Adequate number of books, Journals, e-journals and e-books are available in the library. The research journals are accessible online and competence for accessing these journals is provided through surrogate server in the campus.

All the departments conduct seminars, workshops and guest lectures on the new developments in the core subjects for effective teaching and learning through modern ICT enabled tools

File Description	Document
Upload any additional information	View Document
Provide link for webpage describing the " LMS/ Academic management system"	View Document

2.3.3 Ratio of students to mentor for academic and other related issues (Data for the latest completed academic year)

Response: 14:1

2.3.3.1 Number of mentors

Response: 41

File Description	Document
Upload year wise, number of students enrolled and full time teachers on roll.	View Document
mentor/mentee ratio	View Document
Circulars pertaining to assigning mentors to mentees	View Document

2.4 Teacher Profile and Quality

File Description	Document
2.4.1 Average percentage of full time teachers against sanctioned posts during the last five years	
Response: 69.65	
Year wise full time teachers and sanctioned posts for 5 years	View Document
List of the faculty members authenticated by the Head of HEI	View Document
Any additional information	View Document

File Description	Document										
2.4.2 Average percentage of full time teachers with Ph.D./D.M/M.Ch./D.N.B Superspeciality/D.Sc./D’Lit. year-wise during the last five years											
Response: 77.5											
2.4.2.1 Number of full time teachers with <i>Ph. D. / D.M. / M.Ch. / D.N.B Superspeciality / D.Sc. / D.Litt.</i> year wise during the last five years											
<table border="1"> <thead> <tr> <th>2018-19</th> <th>2017-18</th> <th>2016-17</th> <th>2015-16</th> <th>2014-15</th> </tr> </thead> <tbody> <tr> <td>32</td> <td>28</td> <td>23</td> <td>23</td> <td>23</td> </tr> </tbody> </table>	2018-19	2017-18	2016-17	2015-16	2014-15	32	28	23	23	23	
2018-19	2017-18	2016-17	2015-16	2014-15							
32	28	23	23	23							
List of number of full time teachers with Ph D/D M/M Ch/D N B Superspeciality/DSc/D Lit and number of full time teachers for 5 years	View Document										
Any additional information	View Document										

2.4.3 Average teaching experience of full time teachers in the same institution (Data for the latest completed academic year in number of years)

Response: 7**2.4.3.1 Total experience of full-time teachers**

Response: 287

File Description	Document
List of Teachers including their PAN, designation, dept and experience details	View Document
Any additional information	View Document

2.4.4 Average percentage of full time teachers who received awards, recognition, fellowships at State, National, International level from Government/Govt. recognised bodies during the last five years**Response: 0****2.4.4.1 Number of full time teachers receiving awards from state /national /international level from Government/Govt. recognized bodies year wise during the last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
00	00	00	00	00

File Description	Document
Institutional data in prescribed format	View Document
e-copies of award letters (scanned or soft copy)	View Document
Any additional information	View Document

2.5 Evaluation Process and Reforms**2.5.1 Average number of days from the date of last semester-end/ year- end examination till the declaration of results year-wise during the last five years****Response: 53.7****2.5.1.1 Number of days from the date of last semester-end/ year- end examination till the declaration of results year wise during the last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
52	43	55	63.5	55

File Description	Document
List of Programmes and date of last semester and date of declaration of results	View Document
Any additional information	View Document

2.5.2 Average percentage of student complaints/grievances about evaluation against total number appeared in the examinations during the last five years

Response: 6.89

2.5.2.1 Number of complaints/grievances about evaluation year wise during the last five years

2018-19	2017-18	2016-17	2015-16	2014-15
82	66	8	4	3

File Description	Document
Number of complaints and total number of students appeared year wise	View Document
Any additional information	View Document

2.5.3 IT integration and reforms in the examination procedures and processes (continuous internal assessment and end-semester assessment) have brought in considerable improvement in examination management system of the institution

Response:

The university has been constantly carrying out reforms in its examination process through incorporation of IT in all the measures and process of the examination system. The reforms have also been implementing in the permanent internal assessments modes and components.

Examination method has been completely automated using in home IT software. Constructive impact of reforms on the examination actions and processes including IT integration and continuous internal evaluation on the examination management system

The Examination administration of the University is 100% programmed. Up-gradation of the Examination Management Module is with National Informatics Centre (NIC) software.

Since 2018-2019, all examination procedures have been automated through IT-enabled generation of student list appearing for exams, internal and external mark lists, and payment of exam fees, issuing hall

tickets and process. The office of the Controller of Examinations has Zero Error Valuation.

Examination Related Reforms

- The Institute has implemented credit and grade system for all courses.
- Grade points are assigned on a 10 points scale based on the range of marks secured by the student.
- Semester grade point average (SGPA) and cumulative grade point average (CGPA) are calculated and given in the statement of mark and grade and consolidated statement of marks and grade.

Examination Procedures and IT integration

- Introduction of photographs of candidates on statement of marks grade and consolidated sheet would eradicate forged mark sheet being issued in the name of institute.
- Online course registration for the examination / payment of examination fee has been introduced.
- Computerized online hall ticket is generated with photograph of the student for identification during the examination.
- Central valuation at the University campus
- Results processing using NIC software

Examination Process

- Programmes registration online
- Online examination application and payment(cashless transaction) through students login
- Hall tickets 5 days prior to the commencement of examinations
- Preparing material such as attendance sheet, nominal roll etc., for conducting the examination.
- Collection of question paper, sending question paper to the faculty
- Scrutinizing of the question paper in a phased manner
- Appointment of examination for practical examination/ viva before the commencement of practical examination
- Appointment of chief superintendents /hall superintendents/ squad member/observers for ensuring smooth conduct of the examination

Evaluation Process

- Appointment of camp officers and chief examiner
- Examiners for evaluation as recommended by the Board of Studies
- Central valuation
- Dummy number is used for valuation

Announcement of Results

- Organization of the results through passing and approval board and published online.
- Results can be viewed through students login
- Printing and distribution of semester transcripts/consolidated grade cards/ provisional certificates

- Issue of degree certificates during convocation

Assessment Progress

- The complete academic performance of a student is evaluated in-house by the concerned teacher /model examination in the case of project work where an examiner shall be nominated for the viva voce. The student's performance in each programme, in general, is evaluated based on continuous assessment(internal assessment) and end-semester examination

File Description	Document
Year wise number of applications, students and revaluation cases	View Document
Any additional information	View Document
Link for additional information	View Document

2.5.4 Status of automation of Examination division along with approved Examination Manual

Response: 100% automation of entire division & implementation of Examination Management System (EMS)

File Description	Document
Current manual of examination automation system and Annual reports of examination including the present status of automation	View Document
Current Manual of examination automation system	View Document
Any additional information	View Document
Annual reports of examination including the present status of automation	View Document

2.6 Student Performance and Learning Outcomes

2.6.1 The institution has stated learning outcomes (generic and programme specific)/graduate attributes which are integrated into the assessment process and widely publicized through the website and other documents

Response:

To devote and commit ourselves to accomplish, uphold and promote unmatched excellence in education. To this end, we will pursue incessant development of infrastructure and enhance state of art equipment to provide our students a technologically up-to-date and intellectually inspiring environment of learning, research, creativity, innovation and professional activity and engage in ethical and moral values.

Program Outcomes (POs): Through specific programme, activities and assessment, the knowledge, skills and attitudes are measured and analysed.

POs and PSOs are displayed in prime locations of the campus for staff, students and public view. POs and PSOs are displayed in workplace, Laboratories and library. POs and PSOs are communicated to employers and Alumni by transfer e-mail and throughout the Alumni gathering.

During the student and faculty interaction POs and PSOs are reviewed. Vision and Mission of University and department are informed to the parents during Parents Teachers Meeting.

Course Outcomes (COs): It gives the resultant knowledge and skills the student acquires at the end of each course. It defines the cognitive processes a course provides.

COs are modified and reframed by the staff members. COs are communicated to the students in the opening class.

COs are available in the course detailed syllabus. During the deliberation of the course, the outcomes of the course are stressed. During the beginning of each unit and after the conclusion of the unit, the course outcomes are validated.

Program Specific Outcomes (PSOs): These are statements that term outcomes of a program which make students recognize the fact that the knowledge and techniques learnt in this course has direct implication for the betterment of humanity and its sustainability.

All students are apprised of the objectives and expected outcomes of their programme on admission during the compulsory Orientation programs. Students are also educated and provided with the detailed syllabus and course outcomes in each course and the assessment strategy for each course.

Program outcomes are derived from the Program Education Objectives and are fine tuned to the specifics of each program.

File Description	Document
Upload COs for all courses (exemplars from Glossary)	View Document
Upload any additional information	View Document
Paste link for Additional Information	View Document

2.6.2 Attainment of Programme outcomes, Programme specific outcomes and course outcomes are evaluated by the institution

Response:

The process for the evaluation of the students in different subjects is followed as per the rules and regulations of the University authorities, Board of Examinations and Faculty. The implementation of the

syllabi with changes and the process of evaluation of the learners are monitored by the university authorities and Head of the departments. Our institution promotes to the teachers to organize workshops as well as deputed to participate in the seminars and conferences. Moreover, they are promoted to present and publish research papers to achieve the Course Outcomes and Programme Outcomes successfully. Internal assessment is the requirement of the continuous assessment and is essential for the fulfillment of the COs and POs.

There is an internal department committee that deals with the effective implementation of the evaluation reforms regarding the attainment of course outcomes and programme outcomes. The committee initiates a few steps such as Unit Tests, Field Survey, Study Tours, Practical Work, Seminars etc. Besides, our University also tries to attain the course outcomes and program outcomes by conducting the activities such as cultural activities, N.S.S. Activities, Career Counseling, Personality Development Program, and Communication Skills, Various inter-collegiate competitions, organizations of Scholarly Lectures Health Awareness Programs, Life Skills Development Program, and Youth Festival etc.

The institution has introduced Career Oriented Courses such as Communicative English and Tax Practices to attain the COs and POs. Moreover, the huge playground of our university is used to organize zonal and Inter-zonal sports competitions. Sportive skills are inculcated amongst the students through these competitions. Thus, the course outcomes and program outcomes are attained through such activities.

- Creating and Developing Aptitude/Talent/Skill and capacity for employment.
- Research Projects / Internships/ Peer Group Teaching Discussions
- Experiential Learning and Critical thinking Opportunities
- Social Awareness, Interaction and Outreach Reach Programmes ,
- Ethics and Responsible Citizenship and Village Placement Programmes
- Women Empowerment and Inclusive Education.

Programme Specific Outcomes (PSOs) and Course Outcomes (COs) include generating among students:

- Knowledge and Skill of the subject
- Awareness and sensitivity to local, public and universal related evils
- Interest and capacity for research
- Employment capacity

Questions papers were evaluated suitably and periodically. Knowledge and skill that students acquire in their subject and also their capacity in the progression of lower order thinking skills to higher order of thinking skills are evaluated through Assignments, Class Seminars, Records, Peer Group Teaching Discussions, Continuous Internal Evaluation, End Semester Examinations and personal interaction.

File Description	Document
Upload any additional information	View Document
Paste link for Additional Information	View Document

2.6.3 Pass Percentage of students(Data for the latest completed academic year)

Response: 79.56

2.6.3.1 Total number of final year students who passed the examination conducted by Institution.

Response: 179

2.6.3.2 **Total number of final year students who appeared for the examination conducted by the Institution.**

Response: 225

File Description	Document
Upload list of Programmes and number of students passed and appeared in the final year examination	View Document
Upload any additional information	View Document
Paste link for the annual report	View Document
Link fo any additional information	View Document

2.7 Student Satisfaction Survey

2.7.1 Online student satisfaction survey regarding teaching learning process

Response: 3.39

File Description	Document
Upload database of all currently enrolled students	View Document
Upload any additional information	View Document

Criterion 3 - Research, Innovations and Extension

3.1 Promotion of Research and Facilities

3.1.1 The institution Research facilities are frequently updated and there is well defined policy for promotion of research which is uploaded on the institutional website and implemented

Response:

This University has a well-defined Research Policy to promote research in the field of Sports and Sport sciences. The university has well equipped research laboratories worth Rs. 21,68,00,652/- such as Exercise Physiology and Nutrition lab, Sports Biomechanics & Kinesiology lab, Pedagogy lab, ICT lab, Sports Psychology lab, Sports Technology lab, Yoga & Naturopathy lab, Anatomy and Athletic care, Training and performance lab and Digital Language laboratory. These facilities are utilized by the Students, Research Scholars, Teachers, Elite Athletes and other stake holders. The institution encourages teachers and scholars in active research involvement. This Institution collaborated with other Universities, Technical Institutions, Colleges, Academies, Govt. Organizations like SAI and SDAT towards the conduct of Workshops, Seminars, Conferences, Coaching, Training, Designing, Developing etc. The faculties are engaged in interdisciplinary and interdepartmental research activities. The recognized research guides of this University are 21 and 86 Ph.D degrees were awarded during past five years.

This University subscribes the important peer reviewed international and national journals in print form and e-form.

University encourages the scholars to apply for research fellowships to funding agencies and Institutional support through infrastructure and Internal Research Funding facilities.

Providing a base for introducing an inquisitive spirit, creative novel ideas and transformative approach in all disciplines of Sports Sciences, Sports Nutrition, Physical Education and Sports Engineering with inter disciplinary approach in research.

- Encouraging of academia-research- industry partnership through trainings.

The Research Alliance of this University function under the Innovation and Incubation Centre by the able guidance of Vice Chancellor. It consist of the Heads of the Department, Research Coordinator and Experts to lead the university research activities and to solve the issues related to general and academic research of this University. Departmental Research Committee is responsible of the research aspirants and will provide necessary access to the research by conducting discussion for allotment of guides. Doctoral Committees consists of experts who take the responsibilities of brain storming the research ideas of the scholar into a socially contributing research titles, may also monitor the progress of the scholar though out the programmes. The Research Fellowship and Seed Money Committee is constituted by the Vice Chancellor to scrutinize the applications of the faculty members in getting financial assistance for International , National travel under UGC unassigned Travel Grant Scheme for attending International , National Conferences to promote research in the University. Institutional Ethics committee as per UGC/ ICMR guidelines is looking after the ethical issues of the research activities in the University. Incentive given to Teachers who receive state, national and international recognitions /awards for their exemplary research contributions as per the approval of finance and syndicate committee of the University.

The Plagiarism Check is carried out in the research reports with the UGC approved software. Research Fellowship of Rs. 5,00,000/- and Seed money of Rs. 5,00,000/- for the promotion of research is offered in the University as per the approval of finance and syndicate committee of the University. Research ethics is included in the research methodology course work of the research scholars in this University.

File Description	Document
Minutes of the Governing Council/ Syndicate/Board of Management related to research promotion policy adoption	View Document
Any additional information	View Document
URL of Policy document on promotion of research uploaded on website	View Document

3.1.2 The institution provides seed money to its teachers for research (average per year, INR in Lakhs)

Response: 0

3.1.2.1 The amount of seed money provided by institution to its faculty year-wise during the last five years (INR in lakhs).

2018-19	2017-18	2016-17	2015-16	2014-15
0	0	0	0	0

File Description	Document
Minutes of the relevant bodies of the University	View Document
Institutional data in prescribed format	View Document
Budget and expenditure statements signed by the Finance Officer indicating seed money provided and utilized	View Document

3.1.3 Percentage of teachers receiving national / international fellowship / financial support by various agencies for advanced studies / research during the last five years.

Response: 0

3.1.3.1 The number of teachers who received national / international fellowship / financial support by various agencies for advanced studies / research year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
0	0	0	0	0

File Description	Document
Institutional data in prescribed format	View Document

3.1.4 Number of JRFs, SRFs, Post Doctoral Fellows, Research Associates and other research fellows enrolled in the institution during the last five years.

Response: 5

3.1.4.1 The Number of JRFs, SRFs, Post Doctoral Fellows, Research Associates and other research fellows enrolled in the institution year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
1	0	0	3	1

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document

3.1.5 Institution has the following facilities to support research

1. Central Instrumentation Centre
2. Animal House/Green House
3. Museum
4. Media laboratory/Studios
5. Business Lab
6. Research/Statistical Databases
7. Mootcourt
8. Theatre
9. Art Gallery

Response: A. 4 or more of the above

File Description	Document
Upload the list of facilities provided by the university and their year of establishment	View Document
Upload any additional information	View Document
Paste link of videos and geotagged photographs	View Document

3.1.6 Percentage of departments with UGC-SAP, CAS, DST-FIST, DBT, ICSSR and other recognitions by national and international agencies (Data for the latest completed academic year)

Response: 0

3.1.6.1 The Number of departments with UGC-SAP, CAS, DST-FIST, DBT, ICSSR and other similar recognitions by national and international agencies.

File Description	Document
Institutional data in prescribed format	View Document

3.2 Resource Mobilization for Research

3.2.1 Extramural funding for Research (Grants sponsored by the non-government sources such as industry, corporate houses, international bodies for research projects) endowments, Chairs in the University during the last five years (INR in Lakhs).

Response: 0

3.2.1.1 Total Grants for research projects sponsored by the non-government sources such as industry, corporate houses, international bodies, endowments, Chairs in the institution year-wise during the last five years (INR in Lakhs).

2018-19	2017-18	2016-17	2015-16	2014-15
0	0	0	0	0

File Description	Document
Institutional data in prescribed format	View Document

3.2.2 Grants for research projects sponsored by the government agencies during the last five years (INR in Lakhs).

Response: 3655.55

3.2.2.1 Total Grants for research projects sponsored by the government agencies year-wise during

the last five years (INR in Lakhs).

2018-19	2017-18	2016-17	2015-16	2014-15
0	22.05	2030.5	0	1603

File Description	Document
Institutional data in prescribed format	View Document
e-copies of the grant award letters for research projects sponsored by government	View Document
Any additional information	View Document

3.2.3 Number of research projects per teacher funded by government and non-government agencies during the last five years

Response: 0.74

3.2.3.1 Number of research projects funded by government and non-government agencies during the last five years.

Response: 5

3.2.3.2 Number of full time teachers worked in the institution year-wise during the last five years..

Response: 34

File Description	Document
Supporting document from Funding Agency	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Paste Link for the funding agency website	View Document

3.3 Innovation Ecosystem

3.3.1 Institution has created an eco system for innovations including Incubation centre and other initiatives for creation and transfer of knowledge.

Response:

The Tamil Nadu Physical Education and Sports University Innovation and Incubation Centre is an ideal Research and Development Innovation Ecosystem of the university which enable to nurture ideas through

research, developing and promoting start up culture among young entrepreneurs.

The main aim of the TNPESU-IIC is to ensure the collaboration with educational institutions, corporate, industries, knowledge hubs and other socio- economic related agencies.

This liaison Centre based on the University Campus is empowered to spread across efficient human resources and affordable knowledge capital, technical, testing and training tools required for the other agencies of this society. Considering its developmental activities, this liaison Centre is visualized to serve the needs of this region to enhance its developmental capabilities in multiple ways. This Centre functions as a collective of brilliant minds drawn from the fields like physical education, yoga, sports sciences, sports coaching, sports management and technology.

The Innovation and Incubation Centre nurtures a unique platform for Teachers, Scholars, Students, sports persons, Industrialists and Common man in and around the region, to imagine, test and cultivate the innovation ideas, and translate them into valuable products to serve the society. It also promotes research based ideas and entrepreneurship spirit among the students. The Students who have completed PG and research programmes of this university has established their own Fitness centers, Yoga centers, Dietetic centre etc., Innovation and Incubation Centre is to initiate and develop innovative ideas, empowering of students and youths to take up the opportunity to establish the institutional links to solve the local institutional problems.

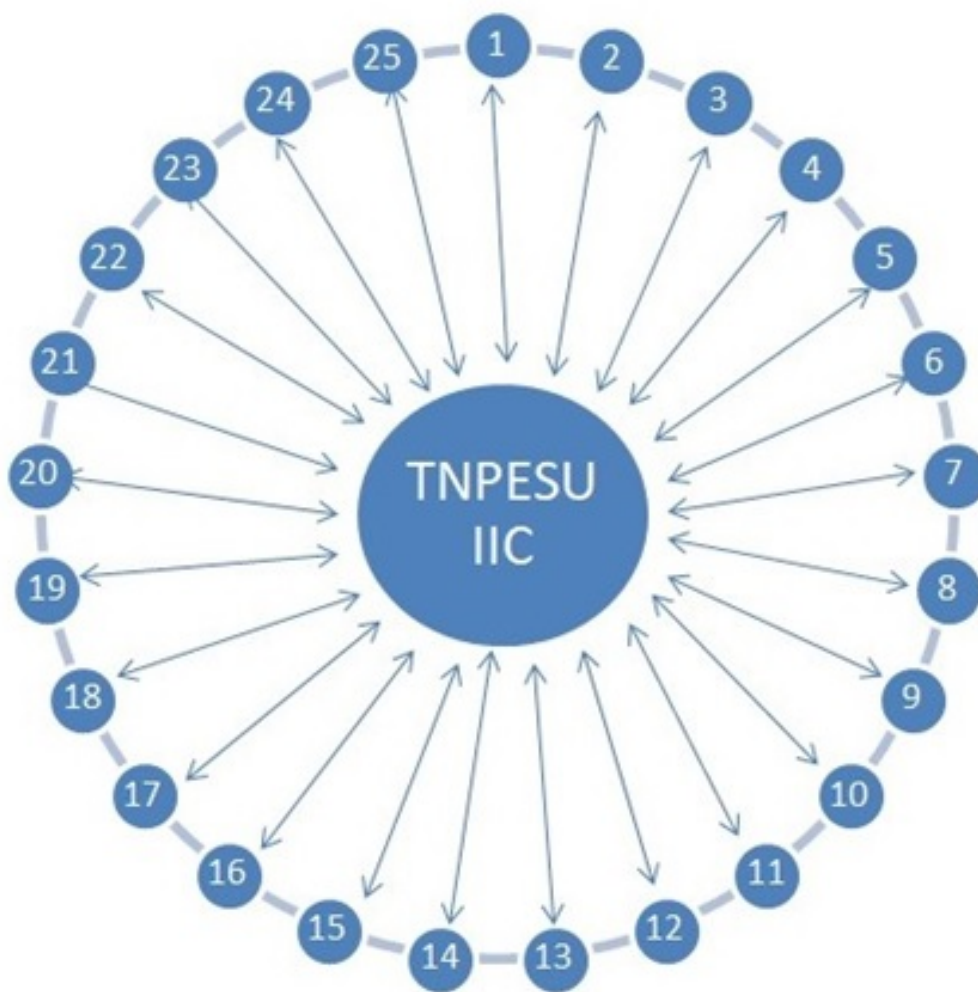
The Innovation and Incubation Centre nurtures the start-ups, technology based occupational ventures, creates bridge between academic and institutional partners to overcome the unemployment issues, promote research, assist and monitor research activities motivate faculties and scholars to publish quality papers, increase the entrepreneurial skills of the students, develop better Cognitive Ability amongst Students, promote UG/PG students to explore the opportunities created by these incubatees/start-ups. Incubation Centre drives scientific advances to help to develop new approaches, applications and products Expertise are available in the areas of Physical Education, Yoga, Exercise Physiology, Sports Nutrition, Sports Biomechanics, Sports Psychology & Sociology, Sports Coaching, sports management, Sports technology, Sports Documentation, Library Services, Sports Journalism, Sports Statistics, Sports Medicine and Physiotherapy.

Innovation and Incubation Centre (TNPESU-IIC) is comprised of

1. Research Alliance
2. Departmental Research Committee
3. Doctoral Committees
4. Research Guides
5. Research Coordinator
6. RUSA Coordinator
7. IQAC Coordinator
8. Coordinator for Laboratories
9. Coordinator for Start-up and Incubation Centres
10. Coordinator for Competitive Examinations Cell

- 11.Coordinator for Students Welfare Services
- 12.Coordinator for Women Empowerment Centre
- 13.Coordinator for Value Added Course
- 14.Coordinator for Skill Development Centre
- 15.Coordinator for Library and Documentation Centre
- 16.Coordinator for Intellectual Property Rights and Plagiarism Check Cell
- 17.Coordinator for Counseling Cell
- 18.Coordinator for Cell for Career Guidance and
- 19.Coordinator for Outdoor and Indoor Play fields
- 20.Coordinator for Placement Cell
- 21.Director for Sports Centre for differently abled
- 22.Co-coordinator – High Performance Training and Coaching Centre
- 23.Director of Leadership Camp
- 24.Coordinator Management Information System
- 25.Sports Scientific Support Centre

COMPOSITION OF INNOVATION AND INCUBATION CENTRE





JOURNAL OF PHYSICAL EDUCATION SPORTS AND ALLIED DISCIPLINES	
<i>Editorial Board</i>	
Chief Patron & Editor-in-Chief	
Dr. Sheila Stephen Vice-Chancellor	
<i>Patron</i>	
Dr. T. Radhakrishnan Registrar	
<i>Editor</i>	
Dr. R. Subramanian Professor & Head Dept. of Advanced Training & Technology	
<i>Co-Editors</i>	
Dr. Shahin Ahmed Professor & Head Dept. of Sports Management and Sports Psychology & Sociology	
Dr. S. Thirumalaikumar Professor & Head Dept. of Physical Education	
Dr. V. Mangaiyarkarasi Professor Dept. of Sports Management and Sports Psychology & Sociology	
Dr. N. Ashok Kumar Assistant Librarian	

The University Publishes a Peer Reviewed Bi-Annual Journal since 2011.

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

3.3.2 Number of workshops/seminars conducted on Research methodology, Intellectual Property Rights (IPR), entrepreneurship, skill development during the last five years.

Response: 12

3.3.2.1 Total number of workshops/seminars conducted on Research methodology, Intellectual Property Rights (IPR), entrepreneurship, skill development year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
6	0	3	3	0

File Description	Document
Report of the event	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document

3.3.3 Number of awards / recognitions received for research/innovations by the institution / teachers / research scholars / students during the last five years.

Response: 4

3.3.3.1 Total number of awards / recognitions received for *research* / innovations won by institution / teachers / research scholars / students year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
3	1	0	0	0

File Description	Document
Institutional data in prescribed format	View Document
e- copies of award letters	View Document
Any additional information	View Document

3.4 Research Publications and Awards

3.4.1 The Institution ensures implementation of its stated Code of Ethics for research through the following: 1. Inclusion of research ethics in the research methodology course work 2. Presence of Ethics committee 3. Plagiarism check through software 4. Research Advisory Committee

Response: A. All of the above

File Description	Document
Code of ethics for Research document, Research Advisory committee and ethics committee constitution and list of members on these committees, software used for Plagiarism check, link to Website	View Document
Any additional information	View Document

3.4.2 The institution provides incentives to teachers who receive state, national and international recognitions/awards 1. Commendation and monetary incentive at a University function
2. Commendation and medal at a University function 3. Certificate of honor 4. Announcement in the Newsletter / website

Response: B.. 3 of the above

File Description	Document
Institutional data in prescribed format	View Document
e- copies of the letters of awards	View Document
Any additional information	View Document

3.4.3 Number of Patents published / awarded during the last five years.

Response: 0

3.4.3.1 Total number of Patents published / awarded year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
0	0	0	0	0

File Description	Document
Institutional data in prescribed format	View Document

3.4.4 Number of Ph.D's awarded per teacher during the last five years.

Response: 4.1

3.4.4.1 How many Ph.D's are awarded within last five years.

Response: 86

3.4.4.2 Number of teachers recognized as guides during the last five years

Response: 21

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document
URL to the research page on HEI web site	View Document

3.4.5 Number of research papers per teachers in the Journals notified on UGC website during the last five years

Response: 5.65

3.4.5.1 Number of research papers in the Journals notified on UGC website during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
60	34	28	34	34

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document

3.4.6 Number of books and chapters in edited volumes/books published and papers published in national/ international conference proceedings per teacher during last five years

Response: 3.21

3.4.6.1 Total number of books and chapters in edited volumes/books published and papers in national/ international conference proceedings year-wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
51	23	9	13	12

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document

3.4.7 E-content is developed by teachers :

1. For e-PG-Pathshala
2. For CEC (Under Graduate)
3. For SWAYAM
4. For other MOOCs platform
5. For NPTEL/NMEICT/any other Government Initiatives
6. For Institutional LMS

Response: D. Any 2 of the above

File Description	Document
Institutional data in prescribed format	View Document
Give links or upload document of e-content developed	View Document
Any additional information	View Document

3.4.8 Bibliometrics of the publications during the last five years based on average citation index in Scopus/ Web of Science or PubMed

Response: 0.56

File Description	Document
Bibliometrics of the publications during the last five years	View Document
Any additional information	View Document

3.4.9 Bibliometrics of the publications during the last five years based on Scopus/ Web of Science - h-index of the Institution

Response: 2

File Description	Document
Bibliometrics of publications based on Scopus/ Web of Science - h-index of the Institution	View Document
Any additional information	View Document

3.5 Consultancy

3.5.1 Institution has a policy on consultancy including revenue sharing between the institution and the individual and encourages its faculty to undertake consultancy.

Response:

Tamil Nadu Physical Education and Sports University recognises the importance of consultancy services and encourages eligible and capable staff to initiate and execute consultancy projects apart from active research and teaching.

The faculty members from various departments were involved in rendering consulting services to improve the quality of life of the public. Coaches from all over India were offered training camps in various Games and sports events in our University campus in association with SAI, SDAT and other sports organization to enrich their coaching caliber and efficiency. Experts from Sports Arena have been invited to share their expertise to enrich the knowledge of the students and the coaches.

The University strives to promote and enhance the external profile and the societal impact of the University the expertise and research inclination of the faculty members. This creates mutually beneficial opportunities for collaborative research and consultancy services. The consultancy projects and services enrich and broaden the professional experience and knowledge of the teaching faculties. Consultancy services in an academic environment functions as a tool for contributing to the national economic growth. The institution has a well built consultancy policy including revenue sharing.

1. A consultancy work is undertaken by the faculty members in their area of expertise.
2. The consultancy services is undertaken only with prior permission of the University.
3. Consultancy services is not be in conflict with the interest of the University.
4. The two types of consultancy are Individual Consultancy and Institutional Consultancy. Individual Consultancy is offered by a faculty member in his/her individual capacity. Institutional Consultancy is offered by a team of faculty members from the same discipline or different discipline of the University.
5. In the case of foreign consultancies, the University will permit to take up the consultancy based on the nature of the consultancy work. The consultant team has to execute a bond with the University.

The consultancy fees for the consultant should be mentioned in the budget proposal submitted by the beneficiary and should be approved by the University. The distribution ratio of the consultancy fee is 60:40 for individual consultancy services or projects and 50:50 for Institutional consultancy services or projects.

The budget administration of agreed consultancy projects must be in –line with the Tamil Nadu Physical Education and Sports University Financial process requirements. The nature of the tasks are in the major areas such as Physical Education, Yoga, Sports Sciences, Sports Training & Coaching, Sports Management and Sports Technology and related areas.

TNPESU High Performance Academy is an innovative working model for the consultancy service of TNPESU to promote sports .

https://assessmentonline.naac.gov.in/storage/app/hei/SSR/103935/3.5.1_1614003853_4770.PDF

File Description	Document
Upload soft copy of the Consultancy Policy	View Document
Upload minutes of the Governing Council/ Syndicate/Board of Management related to consultancy policy	View Document
Upload any additional information	View Document
Paste URL of the consultancy policy document	View Document

3.5.2 Revenue generated from consultancy and corporate training during the last five years (INR in Lakhs).

Response: 1.7

3.5.2.1 Total amount generated from consultancy and corporate training year-wise during the last five years (INR in lakhs).

2018-19	2017-18	2016-17	2015-16	2014-15
1.30	.40	0	0	0

File Description	Document
Institutional data in prescribed format	View Document
Audited statements of accounts indicating the revenue generated through consultancy	View Document
Any additional information	View Document

3.6 Extension Activities

3.6.1 Extension activities in the neighbourhood community in terms of impact and sensitising students to social issues and holistic development during the last five years.

Response:

Students and faculty members were involved in extension activities in our campus and in our neighborhood areas. The students of NSS and other self-volunteered faculty members and students were involved in extension activities such as cleaning nearby localities, schools, developing the ecosystem through tree plantation and in conducting awareness programme to improve the quality of the common people such as Awareness programmes.

Awareness program are organized with the help of students and faculty in and around the institutions.

- Health
- Personal hygiene and sanitation
- Blood donation
- Water management
- Adult education and community development
- Fit India movement
- Flood Relief Program
- Important day's celebrations
- Independence day
- Republic day
- Fresher's day
- Nutritional week
- Election Day
- Dr Amethkar birth anniversary
- National sports day
- Pledge on untouchability
- International Women's day
- Cancer awareness program
- Rally on health issues (Obesity, Diabetes, Hypercholesterolemia, Smoking and Aids)
- World Health Day
- Flag day
- Birth Anniversary of Sardhar Vallabai Patel
- Skill Development programs
- Personality Development Program
- Leadership Camps
- Village Placement Program

Further, this University has adopted one school St. Joseph Matriculation School in nearby locality to identify the following:

- Providing sports equipments
- To conduct Health awareness Programme
- To organize sports, games and recreational activities
- To conduct Postural analysis
- To identify sports talent of the students
- Prescribing and implementation of proper training sessions for their better performance

This University has also adopted Mellakottaiyur village to sensitise students towards social issues, holistic development of the Village such as cleaning the temple area, temple tank, Clearing the bushes (on 9th August 2014), converting the place as a playing area such as Volleyball, Cricket, Football and other sports courts on 16th and 23rd August 2014 for the village children and youths, Arranging dental check up and general health check (on 30th August 2014) for the village elderly people.

The students of Physical Education of this university are encouraged to clean the available and unutilized spaces in nearby villages and to construct and layout play fields to encourage the children and youths to take part in Sports and Games and to develop the socialization among the village people. Students from various departments do involve in Village Placement Programme (VPP) as extension service to the public. Through this programme, health and fitness is assessed by collecting information through Physical

measurements and questionnaire that consists of basic information of the residents, level of physical activity, dietary intake of the people, illness and medications. The collected data were subjected to statistical analysis. Based on the results, the residents were given counseling for maintaining healthy life style. This programme offers counseling and free treatment to various health issues through yoga therapy, alternative medicine, Naturopathy, Physiotherapy and yogic diet.

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

3.6.2 Number of awards received by the Institution, its teachers and students from Government /Government recognised bodies in recognition of the extension activities carried out during the last five years

Response: 0

3.6.2.1 Total number of awards and recognition received for extension activities from Government/ Government recognised bodies year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
0	0	0	0	0

File Description	Document
Institutional data in prescribed format	View Document
e-copy of the award letters	View Document
Any additional information	View Document

3.6.3 Number of extension and outreach programs conducted by the institution including those through NSS/NCC/Red cross/YRC during the last five years (including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs).

Response: 20

3.6.3.1 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc. (including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs) year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
12	3	2	2	1

File Description	Document
Reports of the event organized	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document

3.6.4 Average percentage of students participating in extension activities listed at 3.6.3 above during the last five years

Response: 80.47

3.6.4.1 Total number of students participating in extension activities listed at 3.6.3 above year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
1989	98	72	70	9

File Description	Document
Report of the event	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document

3.7 Collaboration

3.7.1 Number of Collaborative activities for research, Faculty exchange, Student exchange/ internship per year

Response: 6.4

3.7.1.1 Total number of Collaborative activities with other institutions / research establishment / industry for research and academic development of faculty and students year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
9	3	3	11	6

File Description	Document
Institutional data in prescribed format	View Document
Copies of collaboration	View Document
Any additional information	View Document

3.7.2 Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research during the last five years.

Response: 9

3.7.2.1 Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research year-wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
5	1	0	2	1

File Description	Document
Institutional data in prescribed format	View Document
e-copies of the MoUs with institution/ industry	View Document
Any additional information	View Document

Criterion 4 - Infrastructure and Learning Resources

4.1 Physical Facilities

4.1.1 The institution has adequate facilities for teaching - learning. viz., classrooms, laboratories, computing equipment, etc.

Response:

i. The University has developed greatly exceeding facilities for teaching learning to cater to the staff, students and other stake holders.

ii. This University has prepared several proposals and submitted those proposals to Government of Tamil Nadu for establishment of this University especially for the construction of new classrooms, hostels, library, indoor stadium and other buildings in the University.

iii. The Government of Tamil Nadu has sanctioned several projects for constructions of the above said buildings and the following G.O's have been issued for the establishment of this University from 2014-2019.

GO	YEAR	PURPOSE	AMOUNT IN RUPEES
47	2014	Camping Centre	4300000.00
64	2014	Canteen	4400000.00
59	2014	Multipurpose Indoor, Library, Laboratory and Meditation Hall.	16000000.00
56	2016	Additional Class Room UG & PG	46750000.00
57	2016	Construction of Second Floor in Gents Hostel	17600000.00
25 FCM	2016	Front Arch Elevation	2500000.00
50	2017	Construction of Sports Hostel	25000000.00
35	2017	Estb. of Centre of Excellence in Sports Biomechanics*	13150000.00
19	2018	Kalaripayattu*	12600000.00
9	2019	Centre of Excellence for Table Tennis*	50000000.00
4	2019	Centre of Excellence for Badminton*	70200000.00
14	2019	Establishment of Hostel	145900000.00
			665800000.00

*Buildings under construction.

During the assessment period a sum amount Rs.66.58 crores was sanctioned by Government of Tamil Nadu for the construction of Buildings in this University. Based on the fund allocations the construction work was carried out and a total of 11659.15sq.m / 1,25,498.04613 sq.ft of buildings was constructed. Buildings such as additional class rooms in academic block, library, hostels, camping centre, canteen, sports hostel, laboratories, multipurpose indoor stadium, meditation hall, auditorium, administrative block first floor, and front arch elevation have been constructed.

The Departments have occupied the allotted space during the academic year 2018-2019 to impart teaching learning and other services in the University. The individual department wise class rooms, Laboratories, seminar halls, staff rooms, and equipments rooms occupied are specified below.

Department	Class Rooms	Laboratories	Staff Rooms	Others
Physical Education	7	3	6	2
Exercise Physiology and Biomechanics	8	4	2	-
Yoga	6	2	3	1
Advanced Training and Technology	7	1	4	-
Sports management and psychology & sociology	8	2	4	-
Statistics	1	-	-	-
Health centre	-			2
Common		4		
Server Room				1
Total	37	16	19	4

- A total of 37 class rooms and 5 seminar halls are available in this university campus for teaching purposes,
- 12 laboratories are established by five departments in this university for undergoing research and practical works. The laboratories are ICT, Measurement and sports training, Human performance, Multimedia, Nutrition, Exercise physiology, Sports biomechanics & Kinesiology, Naturopathy, Kriya, Sports Technology, Aero-Dynamics, Sports psychology, Business, Medical, Anatomy and Physiology Labs.
- 5 laboratories are established for common usage of all the departments namely Media Laboratory, Digital language, Pedagogy, e-Library and Computer labs
- 19 staff rooms are presently available in this university for faculty members with all necessary facilities.
- 2 sports equipment rooms are available in this university for storage of sports goods and equipments under the department of Physical education.
- One meditation hall.
- One Server Room.
- 2 Health Centres
- To enhance fruitful and quality research in the departments. This University has spent 131.38 lakhs of rupees for the establishment of Sports technology lab, ICT lab, Pedagogy lab, Sports management lab, Computer lab during this assessment period.

YEAR	PURPOSE	AMOUNT IN RUPEES
2014	Sports Technology lab	4800000.00
2018	ICT lab	2826644.00
2018	Pedagogy lab	2205000.00
2018	Sports Management lab	2906900.00
2018	Computer lab	400000.00
Total		131,38544.00

- Apart from the above labs, this University also is establishing Digital language lab, Health centre lab, Physical Education lab equipments for 105.145 lakhs.
- This University has shown much importance for computing all the University activities. Few important ICT based facilities are created and implemented for the benefit of the stake holders of this University. 35 lakhs worth of 118 no of computers procured for various departments to enhance teaching learning and exclusively for the use of Research Scholars, PG&UG Students. Online admission was implemented for both regular and distance education programmes, automation of Controller Section, Finance Section and Library. Research oriented softwares purchased, WIFI & Firewall facility implemented for seamless access at a cost of Rs.20 lakhs.

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

4.1.2 The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)

Response:

This university has adequate facilities to organize sports, games, yoga and cultural activities in the campus. For this purpose following buildings have been constructed during the assessment period.

Multipurpose indoor stadium

- The indoor stadium is having movable apparatus for conducting sports activities such as volleyball, basketball, badminton, table tennis, handball, kabaddi and gymnastics.
- The indoor stadium contains gallery with 500 seats and most of the indoor activities are conducted the indoor stadium

Indoor Game Play fields	Nos.
1. Badminton	1
2. Volley Ball	1
3. Kabaddi	1
4. Basket Ball	1
5. Drop Roball	1
6. Table Tennis	2
7. Hand Ball	1
8. Gymnastics	1
9. kho-kho	1
total	10

Various out- door play fields

The play fields such as volleyball court, basketball court, football field, cricket field, hockey fields, 400 m atheletic track, kho-kho court, kabaddi court, etc., are available and well maintained to conduct various sports and games. More than 400 students utilize the outdoor play fields effectively.

Outdoor Game Play fields	Nos.
1. Hockey field	2
2. Cricket field	1
3. Football	2
4. Kho-kho	1
5. Kabaddi	2
6. Volleyball	2
7. Basketball	2
8. Athletic Track	1
9. Throwball	1
10. Handball	2
11. Netball	2
12. Targetball	1
Total	19

Yoga meditation hall

- Yoga cum meditation hall is available at the first floor of the library building inside the campus and it has audio visual equipments, KRIA equipments, waist bath equipment, floor mats, charts and models for better teaching and learning in yoga.

Gymnasium

- This university having multi-gym facilities for various strength training activities for the various sports university team players for the purpose of nourishing their sports and games.
- The gym is well equipped and more than 500 students are benefitted.
- This multi-gym having various strength training equipments.
- The Gym is well equipped with standard equipments like Lat Pull Down/Mid Row, Pec fly / Rear Delt, Vertical chest press, Leg Extension/Leg Curl, Leg press/ Calf Raise, Scott Bench, Roman Chair, Squat Rack,

Auditorium for Cultural Activities

- The University has an auditorium that accommodates 750- 800 members with the following facilities like centralized air condition, lift and technically sound audio visual equipment to conduct various programmes such as cultural activities, conferences, seminars and workshops, convocation etc..

Camping centre

- To impart the leadership skills of the student of physical education department a camping centre was established during the assessment period at cost of Rs.43 Lakhs. The purpose of having this facility in physical education university is to have experiential learning by conducting leadership camp for the students community. In addition to the following amenities now university has established in the centre two rest rooms for men and woman, equipments room, dining hall, kitchen with water and electricity support

Sports hostel

- In an academic year this university organizes various state and national level sports and games tournaments like inter- collegiate, state level university, all India university tournaments, etc. The coach, team managers and the players from the representing institute have to be provided with proper accommodation in the campus during the tournament days. To fulfill this two sports hostel was constructed in this university at a cost of Rs.19,33,61,876 during the assessment period.

File Description	Document
Upload any additional information	View Document
Geotagged pictures	View Document
Paste link for additional information	View Document

4.1.3 Availability of general campus facilities and overall ambience

Response:

This University has the following facilities.

- This university is provided with 125 acres of land surrounded by a lake with abundance of natural water resources and clean pollution free environment which helps the students to perform outdoor activities in the morning and evening. This university has 12 outdoor play fields and to maintain the play field we are utilizing the above mentioned water resources.
- The territory of the campus is well marked with peripheral walls on all sides with entrance gate.
- The University name is well displayed on the arch at the entrance.
- There are more than 5000 trees planted inside the university campus to maintain the green ecosystem in the campus.
- This university has administrative building, academic block, library, research laboratories and auditorium building and sports hostels.
- The Quarters for Vice – Chancellor, Registrar, teaching and non-teaching staff were constructed and occupied.
- The main roads and link roads are well linked for easy approach to various buildings, play fields, both indoor and outdoor at a cost of 1.91 crores which have been sanctioned by government of Tamilnadu. The link road is laid from the main entrance throughout the campus.
- All the buildings have been constructed with differently abled friendly ramps.
- The library building has a lift facility.
- The university campus has lighting facilities in all places. Some of the street lights are solar energy based.
- The University has ATM
- Health center
- Canteen facilities.
- Reverse Osmosis to provide purified drinking water which has been installed in academic block, men's hostel, women's hostel and mess halls.
- This University has got a 30,000 liters capacity of over head water tank constructed under the MLA local area development fund during this assessment period.
- Chennai metropolitan transport corporation provides bus facility to this University. MTC bus bearing No 55M has been allotted to have a shuttle service from Tambaram railway station to University campus.
- This University has purchased a mini bus with a 40 member seating capacity for providing transport facility for staff and students.
- This academic, administrative and library blocks were provided with WI-FI facility to provide wireless internet access for students' academic purpose.
- This University has constructed additional floors for men's hostel and women's hostel at a cost of Rs.2.80 crores during the assessment period. In men's hostel 250 students have been accommodated and 120 students accommodated in women's hostel.
- This university men's hostel and women's hostel have been furnished with cots with reading table and chair at a cost of Rs.45 Lakhs.
- This University has been provided with a generator to provide uninterrupted power supply to administrative, academic, library and hostels.
- A photocopier machine was purchased to this University Library and Photocopying, printing, scanning services provided at a nominal cost of Rs.1/- per copy to the students/ Scholars in campus. Mostly they are using the services

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

4.1.4 Average percentage of expenditure for infrastructure augmentation excluding salary during the last five years (INR in Lakhs)

Response: 8.61

4.1.4.1 Expenditure for infrastructure augmentation, excluding salary during the last five years (INR in lakhs)

2018-19	2017-18	2016-17	2015-16	2014-15
85.63904	45.21012	43.22289	41.02435	72.66330

File Description	Document
Upload audited utilization statements	View Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document

4.2 Library as a Learning Resource

4.2.1 Library is automated using Integrated Library Management System (ILMS) and has digitisation facility

Response:

- This University Library has purchased updated version of Library Automation Software during the year 2016. The updated version consists of the following modules, Acquisition Control System, Bibliographic Control System, Circulation Control System, Serials Control System, Online Public Access Catalog, Nirmals General Utilities and Gate Entry Management System.
- The NIRMALS Pro 4.2 Library automation software facilitates Library management in several aspects such as Issue, Return, Renewal, automated circulation of books, Book Purchase, etc. This software also facilitates that student to access all the library resources in a single platform that is online open access catalogue. And they have the chance to reserve the books which is under lending. Stock verification can be made using this software.

- The creation of Bibliographic Database is the first and foremost task that any Library Automation System should address itself. Library reading material-resources are broadly divided into Monographs, Nonbook materials and E-reserves. The database has been designed in such a way that it incorporates all essential data elements (fields) described in ISBD (International Standard Bibliographic Description) and transforms/renders them according to the AACR2 format. So `data elements' and `bibliographic format' conform to the international standard without giving room for any parochialism. It is worth mentioning here that bibliographic data are so structured and codified that they can easily be exported to ISO 2709 exchange format either using the universally accepted Marc21 format or UNESCO-CCF format and tags. Procured Books were stock entered in Accession Register and the Bibliographic data is entered in the Bibliographic Control system module.

- In Circulation Control System the members of this institute will be enrolled in the menu Membership. Member data will be fetched in the Membership database along with their photographs. And each member will be provided with membership smart ID card for smooth transactions. This data will be fetched in the Circulation Control System. This system does the following tasks.
 - Maintains the Transaction File.
 - Identifies the delinquent members.
 - Alerts staff to lost or stolen ID cards when presented.
 - Checks out, checks in, renews and reserves books.
 - Indicates reserved/recalled material.
 - Keeps track of and recall overdue titles.
 - Does inhouse checkin of special materials.
 - Displays all items checked out to a patron.
 - Registers members and automatically assigns IDs.
 - Generates Reports--Daily and Occasional

- Once the bibliographic database is created the books shall be circulated to members in the Circulation menu. This menu keeps the library collection dynamic and vibrant. It is one of the Modules that comes into direct contact with the users. In an integrated library system, the real-time transactions are reflected in OPACPlus. Library's lending policy specified in the menu. The eligible number of books only will be issued to the specific member. Here the transactions are so transparent that all details about the documents in circulation are faithfully recorded.

- This software purchased from NICE Trichy, has been maintained by having annual maintenance contract with above mentioned software developer. Now the developer is no more. The univesity also planing to go for Open sourece software customization.

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

4.2.2 Institution has access to the following: 1. e-journals 2. e-ShodhSindhu 3. Shodhganga Membership 4. e-books 5. Databases 6. Remote access to e-resources

Response: A. Any 4 or more of the above

File Description	Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document

4.2.3 Average annual expenditure for purchase of books/ e-books and subscription to journals/e-journals during the last five years (INR in Lakhs)

Response: 10.2

4.2.3.1 Annual expenditure for the purchase of books and journals including e-journals year-wise during last five years (INR in Lakhs)

2018-19	2017-18	2016-17	2015-16	2014-15
34.38637	7.61798	7.22098	1.22957	.56946

File Description	Document
Institutional data in prescribed format	View Document
Audited statements of accounts	View Document
Any additional information	View Document

4.2.4 Percentage per day usage of library by teachers and students (foot falls and login data for online access) during the last completed academic year

Response: 23.7

4.2.4.1 Number of teachers and students using library per day over last one year

Response: 150

File Description	Document
Details of library usage by teachers and students (Library accession register, online accession details to be provided as supporting documents)	View Document
Any additional information	View Document

4.3 IT Infrastructure

<p>4.3.1 Percentage of classrooms and seminar halls with ICT - enabled facilities such as LCD, smart board, Wi-Fi/LAN, audio video recording facilities. (Data for the latest completed academic year)</p> <p>Response: 35.71</p>	
<p>4.3.1.1 Number of classrooms and seminar halls with ICT facilities</p> <p>Response: 15</p>	
File Description	Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document
Paste link for additional information	View Document

<p>4.3.2 Institution has an IT policy, makes appropriate budgetary provision and updates its IT facilities including Wi-Fi facility</p> <p>Response:</p> <p>IT Policy</p> <p>TNPESU Information Technology Policy sets forth the central policies that govern the usage of information technology resources.</p> <p>Objectives:</p> <p>(i) To ensure the integrity, reliability, availability, and superior performance of the IT Systems</p> <p>(ii) To ensure that the IT resources protects the official e-identity of an individual</p> <p>(iii) To ensure that all the users responsible for adhering to the procedures governing the implementation.</p> <p>IT usage and Prohibitions.</p> <p>The users of the University shall make effective usage of campus collaboration systems, internet, wireless resources, official websites and MIS, LMS, Remote Login based facilities of the University and e-Library</p>
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resources.

The users shall not send, view or download fraudulent, harassing, obscene, threatening, or other messages or material that are a violation of applicable law or University policy.

Users must not violate copyright law and must respect licenses to copyrighted materials. For the avoidance of doubt, unlawful file sharing using the University's information resources is a violation of this policy.

Users must abide by the rules of the University towards the usage of social networking sites, mailing lists, news rooms, chat rooms and blogs.

IT resources shall not be used for any commercial and promotional purposes.

Security and Integrity

Personal Use - The University IT resources should not be used for activities violating the basic functionality and mission of the University, except in a purely incidental manner.

The users must refrain from making any unauthorized access of information in order to promote secure access of Network and Computers.

The regular updation of the anti-virus policy and security updates.

Budgetary Provision for implementing Wi-Fi:

This university has implemented **WIFI facility** in the campus during this assessment period. The WIFI was installed in administrative, academic and library block at a cost of Rs.6.71 Lakhs. The work was entrusted to BSNL. The WIFI facility has 10 nos of shophos 100c access point, 20 nos of shophos 55c access point.

This university has purchased cyberoam 1000iNG firewall to provide **WIFI facility** at a cost of Rs.9.94 lakhs. The WIFI facility provides wireless internet access to all the devices namely laptops and smart phones remotely connected.

This University updates Information Technology based on the needs of the stake holders. Recently 20MBps Bandwidth Internet connectivity has been purchased for University purpose. When there is a failure in 1GBps data connectivity temporarily in the University campus, this provides an alternate Internet connectivity. This facility was implemented at a cost of Rs.1.56 lakhs, the connectivity period is for six months.

In Academic block, a total of 75 LAN points were provided at a cost of **Rs.3 lakhs**.

E-Library

Government of Tamilnadu has sanctioned Rs.2.51 crore for the establishment of E-Library University has received a sum amount Rs.1.67crores for two years and established a state-of-art E-Library centre in University Library. The E-Library was inaugurated on 12-12-2018. E-Library has 50 desktop computers, one server, projector, 40KV UPS, 80LAN ports, Centralized Air Conditioning 11ton and Computer tables,

Chairs, E-resources, and projector screen were purchased with the objective to promote e-Learning in the campus.

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

4.3.3 Student - Computer ratio (Data for the latest completed academic year)

Response: 5:1

File Description	Document
Upload any additional information	View Document
Student – computer ratio	View Document

4.3.4 Available bandwidth of internet connection in the Institution (Leased line)

Response: A. ?1 GBPS

File Description	Document
Upload any additional information	View Document
Details of available bandwidth of internet connection in the Institution	View Document

Other Upload Files

1

[View Document](#)

4.3.5 Institution has the following Facilities for e-content development

1. Media centre
2. Audio visual centre
3. Lecture Capturing System(LCS)
4. Mixing equipments and softwares for editing

Response: D. 1 of the above

File Description	Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document
Links of photographs	View Document

4.4 Maintenance of Campus Infrastructure

4.4.1 Average percentage expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component during the last five years

Response: 1

4.4.1.1 Expenditure incurred on maintenance of infrastructure (physical facilities and academic support facilities) excluding salary component year-wise during the last five years (INR in lakhs)

2018-19	2017-18	2016-17	2015-16	2014-15
39.31999	5.79910	6.97342	9.68289	4.14646

File Description	Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document
Audited statements of accounts	View Document

4.4.2 There are established systems and procedures for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc.

Response:

- Our university campus of 125 acres has been fully protected by compound wall so as to protect the campus from any encroachment and illegal entry of unauthorized persons.
- Round the clock security persons are employed and the campus is secured.
- All the buildings in the campus are installed with CCTV and under complete surveillance.
- The entire 125 acres of land are well landscaped in which 70% of the total land is covered by greenery
- At regular intervals the university cleans by removing the bushes and trimming the branches of the trees.
- A better environment is maintained around the university campus so that the students and staff feel the comfort of being in the university. As a major drive for every three months the entire campus is being cleaned by employing JCB, dozer manual workers and student volunteers.

- The trees and plants are watered every day by our university gardeners.
- The day today maintenance of the buildings in the campus is carried out by the estate officer of the university.
- If any problem arises in the buildings, it is reported to the registrar and the registrar directs the estate officer to carry out the work.
- The buildings in the university are cleaned daily by sweeping and moping and a supervisor is there to monitor the work.
- Cleaning the hostels is done in such a way that the rooms are cleaned when the students are available in the hostel and the other common areas are cleaned when the students are at the academic activities.
- Separate wash areas are provided for students to wash their clothes. Sufficient water supply is being provided to the students.
- Our university has cricket ground, cricket nets, 400 meters track, football ground, basketball court, volleyball court, handball court, kabbadi court, indoor stadium and a gym.
- All the play fields are maintained by leveling and the play areas are as per the standards of the playing norms.
- Reverse osmosis plants are installed in all the buildings for providing safe drinking to the students, staff and general public. RO plants are serviced at regular intervals and filters are also changed.
- Our university has generator facility of 63 KVA which provides uninterrupted power supply to students and staff. The generator is serviced for every 250 hrs and well maintained.
- A biogas plant is installed in the campus for which the excess food accumulated in the hostel mess is utilized to generate gas.
- The university has three bore wells and two wells. The rain water is being harvested in quarry which is a part of our university.
- Each building has a separate septic tank and are regularly maintained.
- The transport facilities like university bus, cars and jeep are regularly serviced as per the service schedule and the bus goes for fitness certificate every year.
- The class room furniture like tables and chairs, similarly the furniture in the hostel used by students like cots are well maintained and if any damage, the repair works are carried out immediately.
- As for as the academic buildings are concerned the respective Head of the departments are monitoring the cleanliness and maintenance of the furniture by staff incharge.
- The laboratories of the departments are well equipped and proper maintenance and servicing done periodically.
- The administrative block and the library are provided with UPS and are being maintained regularly.
- The computer and accessories are bought through the ELCOT, a government agency and are provided with three years warranty and if any problem arises it will be attended immediately with a service person.
- Library Books, Furnitures, Computers, Automation Software, Electronic Equipments, Air Conditioners and other IT Gadgets are maintained periodically by the guidance of the Assistant Librarian with the help of the professional and semi professional assistants, regular and temporarily appointed for maintaining all the resources and gadgets for its proper utilization.
- Professional assistants will periodically check the torn and mutilated book from the stack. The identified books will be maintained in house by pasting the torn pages with fevicol.
- Since the computers are purchased recently from ELCOT under three years warranty, the suppliers

are entrusted to provide service upto three years.

- Library Automation Software is maintained by having Annual Maintenance Contract with the Supplier.
- Air Conditioner 11ton centralized A.C is maintained by having the Annual Maintenance Contract with a vendor. Periodical maintenance is carried out.
- Out of warranty products available in the University Library is maintained by submitting request to the Registrar to invite competent persons to rectify the problems whenever need arises.
- In terms of the maintaining cleanliness, outsourced sweepers and scavengers are recruited and with the help of them the cleaning of University Library floors of all the sections are carried out every day. Once in three months the walls are cleaned.

File Description	Document
Upload any additional information	View Document
Paste link for additional information	View Document

Criterion 5 - Student Support and Progression

5.1 Student Support

5.1.1 Average percentage of students benefited by scholarships and freeships provided by the institution, Government and non-government agencies (NGOs) during the last five years (other than the students receiving scholarships under the government schemes for reserved categories).

Response: 72.07

5.1.1.1 Number of students benefited by scholarships and freeships provided by the institution, Government and non-government agencies (NGOs) year wise during the last five years (other than the students receiving scholarships under the government schemes for reserved categories).

2018-19	2017-18	2016-17	2015-16	2014-15
449	369	271	185	234

File Description	Document
Upload self attested letter with the list of students sanctioned scholarship	View Document
Upload any additional information	View Document
Institutional data in prescribed format	View Document
Link for additional information	View Document

5.1.2 Average percentage of students benefited by career counseling and guidance for competitive examinations offered by the Institution during the last five years.

Response: 34.93

5.1.2.1 Number of students benefitted by guidance for competitive examinations and career counselling offered by the institution year wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
136	94	130	141	145

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Link for additional information	View Document

5.1.3 Following Capacity development and skills enhancement activities are organised for improving students capability 1. Soft skills 2. Language and communication skills 3. Life skills (Yoga, physical fitness, health and hygiene) 4. Awareness of trends in technology

Response: A. All of the above

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Link to Institutional website	View Document
Link for additional information	View Document

5.1.4 The institution adopts the following for redressal of student grievances including sexual harassment and ragging cases 1. Implementation of guidelines of statutory/regulatory bodies 2. Organisation wide awareness and undertakings on policies with zero tolerance 3. Mechanisms for submission of online/offline students' grievances 4. Timely redressal of the grievances through appropriate committees

Response: A. All of the above

File Description	Document
Upload any additional information	View Document
Minutes of the meetings of student redressal committee, prevention of sexual harassment committee and Anti Ragging committee	View Document
Details of student grievances including sexual harassment and ragging cases	View Document
Link for additional information	View Document

5.2 Student Progression

5.2.1 Average percentage of students qualifying in state/national/ international level examinations during the last five years (eg: IIT-JAM/CLAT/ NET/SLET/GATE/ GMAT/CAT/GRE/ TOEFL/ Civil Services/State government examinations, etc.)

Response: 28.33

5.2.1.1 Number of students qualifying in state/ national/ international level examinations (eg: IIT/JAM/ NET/ SLET/ GATE/ GMAT/CAT/GRE/ TOEFL/ Civil Services/ State government examinations, etc.)) year-wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
8	11	2	5	2

5.2.1.2 Number of students appearing in state/ national/ international level examinations (eg: IIT/JAM/ NET / SLET/ GATE/ GMAT/CAT,GRE/ TOEFL/ Civil Services/ State government examinations) year-wise during last five years

2018-19	2017-18	2016-17	2015-16	2014-15
22	23	14	18	13

File Description	Document
Upload supporting data for the same	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Link for additional information	View Document

5.2.2 Average percentage of placement of outgoing students during the last five years

Response: 15.63

5.2.2.1 Number of outgoing students placed year - wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
33	37	20	12	14

File Description	Document
Upload any additional information	View Document
Self attested list of students placed	View Document
Institutional data in prescribed format	View Document
Link for additional information	View Document

5.2.3 Percentage of student progression to higher education (previous graduating batch).

Response: 43.5

5.2.3.1 Number of outgoing student progressing to higher education.

Response: 77

File Description	Document
Upload supporting data for student/alumni	View Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Link for additional information	View Document

5.3 Student Participation and Activities

5.3.1 Number of awards / medals won by students for outstanding performance in sports / cultural activities at inter-university / state / national / international events (award for a team event should be counted as one) during the last five years.

Response: 51

5.3.1.1 Number of awards/medals won by students for outstanding performance in sports / cultural activities at inter-university / state / national / international events (award for a team event should be counted as one) year - wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
14	17	4	2	14

File Description	Document
Institutional data in prescribed format	View Document
e-copies of award letters and certificates	View Document
Any additional information	View Document
Link for additional information	View Document

5.3.2 Presence of Student Council and its activities for institutional development and student welfare.

Response:

There is an active students' council at the university formed by the class representatives of each class as members. They are the selected members of the 'teachers-concerned' and they form the students council. The responsibilities of student council are:

1. Representing academic council/board of studies to offer suggestions related to academic programs, curriculum and facilities.
2. To be part of decision making related to students activities.
3. Bridging gap between teachers and students in delivery of knowledge.
4. To voice out their opinions on handling the grievances of the students and to monitor various welfare schemes.

They also co-ordinate:

1. Academic programs
2. Cultural activities
3. Service based programs
4. Study tour & field visits
5. Competitions & tournaments
6. Days of importance

They are also members of IQAC with few faculty members and few distinguished educationists/representatives of local committee members of IQAC. *As well the students are included in the Board of Studies of the respective departments as student council representatives.*

University / Departmental Function / Programme Committees include students in all the committees and a responsibility is entrusted to carryout different tasks of that particular function / program. The programs / functions such as organizing Independence Day, Republic Day, fresher's day and Hostel Day. The University has students from different parts of the country, and hence the religious festivals of other states are also celebrated every year by the student representatives under a staff in-charge. Apart, from the student's representation in organizing Workshop/Conference/ Seminar, Intercollegiate and Interuniversity Competitions enhances their subject knowledge and other skills such as communication skills, team management skills, leadership skills, time-management, and resource management skills and above all builds confidence in each student. The Committees are the platforms that offer a plethora of opportunities to students to give them a voice of their own and shed their inhibitions through an enriching

and engaging experience.

The Class Representative (CR) system focuses the student representatives as leaders. It allows one male and one female student to represent each class. The class representatives are monitored by their respective class teachers to ensure the system's efficiency and effectiveness in putting forward the interests and views of the students. Monthly CR Meetings are conducted during the semester. This plays a major role to assess teaching, learning and support services provided to the students by the Institution. The Heads of the Department are responsible for conducting the CR Meetings and monitor the functioning and effectiveness of this system.

Involvement of Student Council in the Organization of Tournaments is considered to be one of major part of the Physical Education students in learning the hands on experience. The student council members are very much supportive as well they take responsibility of organizing the Intercollegiate, Inter University and state level tournaments every year. To quote few examples the All India / South Zone Interuniversity tournaments in the game of Kabaddi, Kho-Kho, Football, Korfball, Badminton and Netball organized by this University under auspices of Association Indian Universities since 2015-16 were successfully organized with the support of University Student Council.

Publication of News Letter "FLASH"





File Description	Document
Upload any additional information	View Document
Link for additional information	View Document

5.3.3 Average number of sports and cultural events / competitions organised by the institution per year

Response: 8.6

5.3.3.1 Number of sports and cultural events / competitions organised by the institution year - wise during the last five years.

2018-19	2017-18	2016-17	2015-16	2014-15
18	7	7	7	4

File Description	Document
Upload any additional information	View Document
Report of the event	View Document
Institutional data in prescribed format	View Document
Link for additional information	View Document

5.4 Alumni Engagement

5.4.1 The Alumni Association / Chapters (registered and functional) contributes significantly to the development of the institution through financial and other support services.

Response:

The University has nearly 3000 students as registered alumni till 2018. The University has a well formed and recognized “TNPESU Alumni Association” a registered body to look after the alumni activities and to develop the alumni network. The alumni are the individual ambassadors of the University. For strengthening alumni activity, TNPESU Alumni Association has been set up through which the alumni gets any kind of information about the University, fellow students, juniors, conferences, alumni meets, featured alumni, success stories of alumni etc. Alumni are the mirrors that reflect the image of the University to which they belong and they are also the pillars of the University to grow strong when their alumni come into the limelight. Therefore, it becomes very important for the almatmater to have an update of the alumni profile. The students passed out from the University departments are likely to keep in touch with their almatmater to know about the recent developments in the campus. This made them to realize that their almatmater still cares. The TNPESU Alumni association acts as a link between the alumni and the almatmater. The Alumni association is built with two important objectives.

1. To increase in database of the alumni year on year:

This helps us in contacting all our important alumni who have rose to great heights. This helps us in raising funds from them and collecting important feedbacks about their almatmater, which in turn helps us to improve upon.

2. To Increase and strengthen the alumni network by conducting invited lecturers/seminars:

Their interactions influence the students who are presently studying here to know the then study-pattern and experiences and also bring opportunities for them.

The University have different modes of networking to keep in touch with our alumni such as Electronic mode .

- The University alumni association as its own electronic mode like Whatsapp, Facebook accounts as well as the email id's for communicating and updating the programmes / activities of the University and its developments.

The regular activities of the TNPESU alumni association are:

- The alumni are invited more frequently for officiating while organizing major tournaments / competitions.
- The alumni of the University are more helpful in fixing up the Venues of internship programmes, Teaching practice and providing weekend jobs in their coaching clubs for the current students.
- The alumni are part of the board of studies for formulating and restructuring the syllabus of their concerned areas of Specialization.
- Providing important alumni information to other alumni for their academic development.

- Involving / Inviting alumni in conducting alumni talk, guest lectures and workshops based on their expertise.
- Every year plan includes conduct of “Annual Alumni Meet” from 2018.
- Inviting alumni contributions for development activities of the University.
- Arranging campus round/visit to alumnus during Alumni Meet and whenever demanded by them.
- Publishing details of Alumni talk and other Alumni related programmes, photos etc. at the alumni website through network administrator/Web group.

File Description	Document
Any additional information	View Document
Link for additional information	View Document

5.4.2 Alumni contribution during the last five years (INR in Lakhs)

Response: D. 5 Lakhs - 20 Lakhs

File Description	Document
Any additional information	View Document
Link for any additional information	View Document

Criterion 6 - Governance, Leadership and Management

6.1 Institutional Vision and Leadership

6.1.1 The institution has a clearly stated vision and mission which are reflected in its academic and administrative governance.

Response:

Academic and Administrative Governance in line with Institution's Vision and Mission

In line with Vision and Mission, Tamil Nadu Physical Education and Sports University contributed to the academic and administrative governance including activities that promote educational, physical activity and sports development by ensuring a compassionate educational environment with vibrant leadership and development opportunities to meet the needs of the students, faculty and society. Academic and administrative governance are intensive towards the realization of its vision and mission through focused and determined goals.

The reflection of vision and mission of TNPESU is entrusted by:

- The **Governance framework** of this University ensured that utilization of available resources was put to the best practice despite competing priorities.
- **Academic efficiency** was enhanced through generation of quality faculty, improvised graduation, amplified continuing education opportunities and adoption of modern technology. It ensures **professional administrative synchronization** and effectual decision making through necessary reforms and by tactically allocating resources and benchmarking against scientifically advancement in the area of Sports and Physical Education with a view towards continuous development.
- **The strategic plan** for development of policies was drawn on an episodic basis drawing on the wide-ranging experience and expertise of governing body including Planning Board, Syndicate, Board of studies, Academic council and Finance committee.
- This University enjoys **full autonomy** with a compact Syndicate comprising learned members and professionals chaired by the Vice Chancellor taking the **policy decisions**. Key decision making bodies of the University such as Syndicate, Academic Council, Board of Studies and Finance Committee have **representatives of the Teaching Faculty**.

Participation of Faculties in Academic and Administrative Governance

Governance has become part of the educational landscape and a contributory factor to the realization of the vision and mission of institutions of higher learning.

- TNPESU implies **participatory University governance** among others, entail the partaking of the faculties in the areas of academic, financial and administrative governance. The presence of such participatory practice is a condition that promotes **harmonious and productive working environment** in the academic community.
- TNPESU aims the **importance of academic and administrative governance** to be successful by involving faculties with their time, preparation and attention which may at times compete with critical assignments in their teaching, research and outreach.
- **Faculty of this University participation** provides opportunities for the views, interests and

perspectives of the unit to be shared at all levels of the academic governance structure. In addition, the outcomes and reasoning underlying certain recommendations and decisions resulting from academic governance involvement help inform the department and the educational society about the University's direction and focus.

- Faculty, Supportive and Administrative staff of this University have very **affluent experience and knowledge** in execution of the policies drawn by the Governing body through able management and administration.
- Regular meetings of the Authorities with Head of the Department & faculty members through formulation of various committees like **Purchase Committee, Project Proposal Committee, University Development Committee** etc., encourages departmental collaboration towards continuous up gradation.

Total Number of Academic and Administrative Governance Meetings conducted between the Academic Years 2014-2019			
YEAR	SYNDICATE	ACADEMIC COUNCIL	FINANCE COMMITTEE
2014-2015	5	--	2
2015-2016	5	1	2
2016-2017	8	1	6
2017-2018	4	1	3
2018-2019	3	1	2

https://www.tnpsu.org/vision_and_mission.html

File Description	Document
Any additional information	View Document
Link for additional information	View Document

6.1.2 The effective leadership is reflected in various institutional practices such as decentralization and participative management.

Response:

Decentralized systems of governance

Decentralized systems of governance is **advocated and practiced** in Tamil Nadu Physical Education and Sports University to ensure that the leadership moves closer to the key stakeholders and facilitate a better chance for taking part in the governance. The University has a solid mechanism for **delegating authority** at all levels of the institutional hierarchy which empowers the **individual participation** starting from Vice Chancellor to faculty members of the University.

- The University practices decentralized management approach in all its activities, **initiatives and decision making** by involving HODs, faculty members and students at all levels. The Vice Chancellor has framed various committees and In-charges in place to **review the progress** in various functions and accordingly take necessary timely action for **ensuring excellence** in respective areas.
- The administrative and academic responsibilities are decentralized to provide educational leadership for **effective implementation & monitoring** of various **policies, regulations & guidelines**.
- **Participative management** is further ensured by various bodies like Syndicate Committee, Academic Council, Board of Studies and Finance Committee will be chaired by Vice-Chancellor supported by the Registrar, Heads of Departments, Controller of Examinations and Finance Officer in decision making in a **transparent manner** for the functioning of the University.
- The academic activities and student support are decentralized by dividing the University into **3 faculty and 5 departments** distributed in the campuses managed by respective HOD's.
- The **decentralized governance model** is evident in every sphere as each department/faculty functions as a separate sub-unit, in deciding and implementing the **student-centric programs** and activities. All the Departments and Centers enjoy the **functional autonomy**. The events happened in the department level are discussed by the HOD with the faculty team regularly to give the faculty an **enormous sense of belonging and pride** in the institution.
- **The Departmental meeting** decides on timetable, subject allocation, purchase and maintenance of equipment and research, organizing conferences, guest lectures and workshops and recommends necessary village placement programs, internships and MoUs.
- In addition to the meetings of the HOD's Chaired by the Vice Chancellor, the meeting of the Vice-Chancellor with the staff at the beginning of every semester is indeed a **reflection of the participative style** of the Management. Such meetings provide the platform for open discussion with the teaching and non-teaching staff which, in turn, encourages the involvement of the staff for the improvement of **effectiveness and efficiency** of the institutional progress.
- The institution is functioning effectively with **the culture of participative management** which enables the faculty and students to give their opinion and suggestions for improvement.
- The **students representatives** of the class committees highlight the academic and other issues related to their class and also participate in Board of studies, framing assessment schedule for the internal tests, practicals etc.
- The **students and Alumni representatives** of the syllabus sub committees give the **feedback** on the existing syllabus based on their requirements of higher studies, requirement for the job opportunities etc.

File Description	Document
Any additional information	View Document
Link for Additional Information	View Document

6.2 Strategy Development and Deployment

6.2.1 The institutional Strategic plan is effectively deployed.

Response:

Tamil Nadu Physical Education and Sports University, Chennai is a 13 year old institution serving with the motto of “Excellence in Physical Education and Sports”. TNPESU perspective / strategic plans and deployment documents are prepared periodically and made available to all the stakeholders in order to achieve the desired targets.

TNPESU SPORTS SCIENCE SUPPORT CENTRE

PREAMBLE

Tamil Nadu Physical Education and Sports University Sports Science Support Centre (TNPESUSSC) contributes to promote and develop physical education and sports, and to making our country and society wealthy by nurturing mentally and physically healthy sportsmen/students with outstanding character.

MISSION

- TNPESUSSC focus on studying the human potential holistically by conducting pioneering research in the field of sport science and putting it into practice to improve sports persons/student’s physical strength and enhance athletes’ competitive abilities internationally.
- TNPESUSSC contributes to maintain national peace with the power of sports by deepening and developing the sports culture in India and promoting the Olympic movement.
- TNPESUSSC plan is to produce top athletes as well as individuals who earnestly act as leaders in local communities to create a healthy, rich sports society

VISION

TNPESUSSC aims to be a leading university in physical education and sports in India, using a model of creative educational system and research to realize forthcoming knowledge-based society and promote local development in sports. Our vision is to foster mentally and physically mature, strong and cheerful sports person who are ready to excel in all their endeavors.

OBJECTIVES

- To build and grow TNPESUSSC’s reputation and position as a leading facility in the field of sport, locally, nationally and internationally through teaching, research, industry engagement and commercialisation.
- To expand research that will reset boundaries and influence policy, strategy and the workforce - both locally and globally.
- To infuse the scholar/student’s experience with opportunities in sport through TNPESU Sport culture and sport industry partnerships.
- To be a major driver and contributor to the Health, Sport and Active Living flagship.

HIGH-LEVEL STRATEGIC/PERSPECTIVE PLAN

- Delivering the top-rated sport/sport-science research/support experience, as measured by sports person/student satisfaction, at both the academics and sports events.
- Advancing the depth and breadth of engagement with the sport industry as measured by the growth

in the number of collaborative engagements, the range of activities undertaken, impact of our research and the satisfaction of sports bodies.

- Becoming the number one Indian Physical Education and Sports University in this ranking by 2020.

TNPESUSSSC COMPONENTS

- Human Performance Lab
- Exercise Physiology Lab
- Sports Biomechanics Lab
- Sports Nutrition Lab
- Sports Psychology Lab
- Kinanthropometry Lab
- Exercise Biochemistry Lab
- Measurements and Sports training Lab
- Sports Technology Lab
- Sports Medicine Lab
- Sports Physiotherapy Lab
- Pedagogy lab
- E Library

SUMMARY

TNPESUSSSC requires convergence not only between segmented academic fields/labs, but also with other advanced academic fields to acquire new knowledge and theories. TNPESUSSSC in future will play an important role in developing scientific training facilities, new training methods, and sports equipment.

File Description	Document
Any additional information	View Document
Strategic Plan and deployment documents on the website	View Document
Link for Additional Information	View Document

6.2.2 The functioning of the institutional bodies is effective and efficient as visible from policies, administrative setup, appointment and service rules, procedures, etc.

Response:

Tamil Nadu Physical Education and Sports University has a **distinct structure** for effective administration. It abides and functions as per the rules and regulations governed in the **statutes and ordinance** of the University and the policies are formulated under it.

Authorities:

This University is functioning under the Department of Youth Welfare and Sports Development, Government of Tamil Nadu. It has a distinguished administrative set up with **His Excellency**, the Governor of Tamil Nadu as the **Chancellor** of this University, has an acute foresight for the expansion in the field of sports. **The Hon'ble Minister of Youth Welfare and Sports Development** is the **Pro-Chancellor**, who serves as a scaffold in providing necessary guidance for this University.

Statutory Bodies:

The Members of the **Planning Board** and the **Syndicate** is a principal planning body that eventually prepares the strategic and perspective plan responsible for the various development programs of the University.

The **Academic Council** comprises the Head of the Departments, with external eminent persons both from industries & academic institutions. The regulation, curriculum and syllabus contents of the various programs offered, is scrutinized by the academic council and recommends the same to the Syndicate for **final approval**.

The **Faculty members** and the other statutory bodies of the University play a significant role in the formulation of the policies along with the Vice-chancellor, Registrar, Finance Officer, Controller of the Examinations and the Director **of Distance Education**. For effective functioning, various committees comprising of the teaching and non-teaching members are constituted, to assist the Vice-Chancellor on academic and administrative matters in order to ensure role clarity and accountability.

Finance Committee:

The finance committee approves the budget proposal for the ensuing financial year. They carefully scrutinize the proposed income & expenditure, as well as the revised income & expenditure and accordingly, make appropriate decisions for the approval

The Innovation and Incubation Centre

The IIC nurtures a unique platform for Teachers, Scholars, Students, sports persons, Industrialists and Common man to imagine, test and cultivate the innovation ideas, and translate them into valuable products to serve the society. It promotes research based ideas and entrepreneurship spirit among the students.

Research Alliance:

The Research Alliance provides policy guidelines and directions for the growth of research works.

Department Research Committee:

The Department Research Committee is an Internal Committee to oversee academic research activities of the Department, scrutinizes the research scholars' applications and recommends after interview for final approval by the Vice-Chancellor

Service rules, procedures, recruitment, promotional policies:

As per the guidelines of statutory bodies and approval by the University authorities, well-defined and disseminated service rules, procedures, recruitment & promotion policies are in place.

The rules and regulations concerning the appointment and service are as per the UGC, AICTE and NCTE norms and the service rules laid down by Government of Tamilnadu is for all employee services. The staff recruitments are done only with the final approval of the Syndicate. The Acts and Statutes serves as an index to follow the academic and administrative process. The organizational structure accomplishes institutional matters.

File Description	Document
Any additional information	View Document
Link to Organogram of the University webpage	View Document
Link for Additional Information	View Document

6.2.3 Institution Implements e-governance covering following areas of operation

1. Administration
2. Finance and Accounts
3. Student Admission and Support
4. Examination

Response: A. All of the above

File Description	Document
Screen shots of user interfaces	View Document
ERP (Enterprise Resource Planning) Document	View Document
Details of implementation of e-governance in areas of operation, Administration etc (Data Template)	View Document
Any additional information	View Document
Link for additional information	View Document

6.3 Faculty Empowerment Strategies

6.3.1 The institution has a performance appraisal system, promotional avenues and effective welfare measures for teaching and non-teaching staff .

Response:

PERFORMANCE APPRAISAL SYSTEM (PBAS)

TNPESU has a well-defined procedure for performance appraisal system for Teaching and Non-teaching staff. PBAS is followed to assess the performance of the teaching staff members. The system has different parameters that **systematically evaluate** the faculty member's performance, thereby showing their progress in their respective field of expertise. The PBAS performa has been developed based on the guidelines stipulated by UGC. The promotions of the faculty under the **Career Advancement Scheme** are based on the API scores. It forms the primary means of assessing a faculty for promotion. **Annual increments** are swiftly granted to the teaching and non-teaching members. The PBAS Performa's are initially submitted to the Departments' Heads, where after assessing provide a confidential report to the Registrar.

Every faculty member has the opportunity to self-appraise their efforts towards **teaching-learning and evaluation related activities and professional development related activities and research and academic contribution**. This University has the feedback back system, where the students evaluate the teacher's performances. The faculty members are **encouraged** to write books and to publish research articles. The teaching staff are permitted to undergo orientation, refresher, and short-term courses to upgrade their skills, while the non-teaching for their departmental examinations.

Welfare Measures for Teaching Staff

- Career Advancement Scheme
- Counting of Past Services
- Annual Increment
- Medical and Maternity Leave
- Accessibility to Gymnasium
- Earned Leave
- Family Health Insurance
- Subsidized tariff for University Transport Facility
- Staff Quarters at affordable cost and 24x7 water supply for the staff quarters
- No maintenance charges for the staff quarters
- Internet and free Wi-Fi on the campus
- Non-doctoral faculty members are encouraged to get enrolled on a part-time PhD program.
- On Duty Leave for attending academic and research programme / training.
- Cash incentives to faculty for lesson writing for the School of Distance Education
- Compensatory Provident Fund

- Gratuity Provident Fund and Prompt facilitation of Provident Fund loans
- Family Benefit Fund with interest
- Special Provident fund with interest
- Interest-Free Festival Advance
- In-house Medical Facility through the University Health Centre
- Priceless medicines for teachers
- Registration Fees for faculty members to participate in seminars/Conferences
- Bank and ATM facilities
- Subsidised rate of food offered to teachers at University Mess

Welfare Measures for Non-Teaching Staff

- Medical and Maternity Leave
- Adoption of Bonus through GO
- Accessibility to Gymnasium
- Annual Increment
- Health Insurance
- Subsidized tariff for University Transport Facility
- Staff Quarters at affordable cost and 24x7 water supply for the staff quarters
- Compensatory Leave
- On Duty Leave for attending administrative training programme
- Compensatory Provident Fund
- Gratuity Provident Fund
- Family Benefit Fund with interest
- Special Provident fund with interest
- Interest-free Festival Advance

- In-house Medical Facility through the University Health Center
- Priceless medicines for administrative staff
- Departmental Examinations / Administrative training
- Bank and ATM facilities
- Subsidised rate of food offered to staff at University Mess
- The Staff nurse, Office attendants, Sweepers and Scavengers are encouraged to have a professional appearance with the provision of two sets of uniform with the entire cost of the above borne by this University.

File Description	Document
Any additional information	View Document
Link for Additional Information	View Document

6.3.2 Average percentage of teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the last five years.

Response: 1.53

6.3.2.1 Number of teachers provided with financial support to attend conferences/workshops and towards membership fee of professional bodies year wise during the last five years

2018-19	2017-18	2016-17	2015-16	2014-15
2	1	0	0	0

File Description	Document
Details of teachers provided with financial support to attend conferences, workshops etc. during the last five years (Data Template)	View Document
Link for Additional Information	View Document

Other Upload Files

1 [View Document](#)

6.3.3 Average number of professional development / administrative training Programmes organized by the institution for teaching and non-teaching staff during the last five years.**Response:** 1.2**6.3.3.1 Total number of professional development /administrative training Programmes organized by the institution for teaching and non teaching staff year-wise during the last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
4	1	1	0	0

File Description	Document
Details of professional development / administrative training Programmes organized by the University for teaching and non teaching staff (Data Template)	View Document
Any additional information	View Document
Link for Additional Information	View Document

6.3.4 Average percentage of teachers undergoing online/ face-to-face Faculty Development Programmes (FDP)during the last five years (Professional Development Programmes, Orientation / Induction Programmes, Refresher Course, Short Term Course).**Response:** 14.29**6.3.4.1 Total number of teachers attending professional development Programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes year wise during last five years**

2018-19	2017-18	2016-17	2015-16	2014-15
7	2	1	3	10

File Description	Document
IQAC report summary	View Document
Details of teachers attending professional development Programmes during the last five years (Data Template)	View Document
Any additional information	View Document
Link for Additional Information	View Document

6.4 Financial Management and Resource Mobilization

6.4.1 Institutional strategies for mobilisation of funds and the optimal utilisation of resources

Response:

The University has the following sources of mobilizing funds in order to ensure smooth conduct and sustenance of the institution's activities by optimal utilisation of resources:

Strategies for Mobilising Resources

- Extensive efforts for **visibility** undertaken to increase the strength of students for offered programmes.
- Wide Publicity and Increased **innovative sports science programmes** offered by the University to attract more number of participants.
- **Faculty members** are constantly motivated to apply for funded research projects from various funding agencies such as UGC, MYAS, CSIR, TANIL, TANSCHÉ initiatives and alike.
- Organisation of workshops, conferences, seminars and symposiums in relevant areas to improve the **quality of publications and research work**.
- Alumni network to be strengthened.
- **Consultancy Policy** has been framed for encouraging consultancy and collaborative research initiatives.
- **Centre of Excellence Research Laboratory** in the Departments are sublet to outside research scholars and staff for carrying out their research activities.
- Initiatives will be taken to **patent the innovations** and to undertake sports technology transfers
- E Library facilities will be sublet to generate funds.

Internal Sources

- Annual and Exam Fees collection from Students / Scholars which will be affordable in nature to **cater the needs of the students** since it is a government institution.
- Affiliation and exam fees collection from students / scholars of affiliated institutions.
- Rent from Grounds utilization by public and other institutions at a nominal tariff to **promote sports culture** throughout the state and country
- Interest from Fixed Deposits owned by this University as per Government guidelines for short term and long term deposits through **Government Power finance / Nationalised banks**.

- Registration fee collected from delegates for Conferences/Seminars/ Workshops/Training at periodical level.

External Sources

- Grants from **State Government and University Grants Commission** to offer high quality education.
- Grants for conducting courses like Six week certificate course from **MYAS**.
- Grants for conducting All India / South Zone / Chief Minister trophy/Inter University tournaments from **MYAS, SDAT, AIU and SAI**
- Fund from **RUSA 2.0** for optimizing and upgrading infrastructure facilities of this University.
- Funds received from agencies like **TANIL, TANSCH** through various project proposals submitted by this University.
- Contributions from Alumni networking and Philanthropists.
- Fees and security deposits collected from **ODL centres**.

Optimal Utilization

Recurring Expenses

The mobilized funds will be optimally utilized for providing Salary to staff, academic activities and maintenance of the University campus as per UGC and State Government norms.

Infrastructural development facilities and Building construction works

The University allocates budget to create and upgrade the infrastructural facilities in tune with the modern trends which are judiciously utilized for the same.

Research and project activities

The University is committed to provide excellence in research by executing many major Research and Development projects.

Seminars, Conferences, Short term courses and FDP

The University strives to conduct programmes with the latest technology, innovations, research, changes and needs for the sports fraternity.

Sports Activities

Modern sports complex has been created to provide ample opportunities for conduct of sports and enabling student participation

File Description	Document
Any additional information	View Document
Link for Additional Information	View Document

6.4.2 Funds / Grants received from government bodies during the last five years for development and maintenance of infrastructure (not covered under Criteria III and V) (INR in Lakhs).

Response: 10079.26

6.4.2.1 Total Funds / Grants received from government bodies for development and maintenance of infrastructure (not covered under Criteria III and V) year wise during the last five years (INR in Lakhs).

2018-19	2017-18	2016-17	2015-16	2014-15
5765.5	2688.86	1093.5	0	531.4

File Description	Document
Details of Funds / Grants received from government bodies during the last five years (Data Template)	View Document
Any additional information	View Document
Annual statements of accounts	View Document
Link for Additional Information	View Document

6.4.3 Funds / Grants received from non-government bodies, individuals, philanthropists during the last five years (not covered in Criterion III and V) (INR in Lakhs)

Response: 2.35

6.4.3.1 Total Grants received from non-government bodies, individuals, Philanthropers year wise during the last five years (INR in Lakhs)

2018-19	2017-18	2016-17	2015-16	2014-15
2.35	0	0	0	0

File Description	Document
Institutional data in prescribed format	View Document
Any additional information	View Document
Annual statements of accounts	View Document
Link for Additional Information	View Document

6.4.4 Institution conducts internal and external financial audits regularly

Response:

Tamil Nadu Physical Education and Sports University periodically conducts internal & external financial audits. The Internal Audit is carried out by the Local Fund Audit and the External Audit by the Accountant General's Office. As part of the Internal Audit, the Local Fund Audit reviews the critical process like Admission, Payroll, Procurement, Financial Accounting, Revenue Recognition, Fixed Asset Management, and Statutory Compliance yearly. Some of the critical processes are reviewed as given under:

Financial Accounting:

Review of accounts payable, receivable, general ledger, cash and bank balances, and financial statements of year-end closure.

Revenue Recognition:

Verification of fees receipts and checking of collection of fees which includes Tuition fee, Transport, Exam fee, Hostel fee and other miscellaneous incomes.

Fixed Asset Management:

Review of capital expenditure, fixed asset accounting (Capitalization including depreciation) and annual physical stock verification.

Payroll & Recruitment:

Payroll processing, full and final settlements.

Procurement:

Review of operating expenses, vendor identification, selection process and purchase order processing, Goods receipt and invoice verification.

Admission:

Verification of Application process, shortlisting of candidates, fee fixation, scholarship details and students' admission.

Statutory Compliance:

Review of Provident fund remittances, Employees state insurance remittance, Goods and services tax returns, Contract labour rules, and Income tax payments.

Internal Audit reviews the process of the financial systems, which are as per norms. If there are any deviations in the current process, they will suggest the University authorities, the solutions to improve the current systems. The External cum statutory audit reviews and vouches the entries like Receipts, Bill payments, Cash entries and Journals, of the University for the said Financial Year. The statutory Audit will review in-depth, all the incomes and the University expenditures to ascertain that they are as per the standard accounting policies. The statutory Audit reviews the University's financial position and recommends how to effectively optimize any further additional liabilities of the University.

The University's financial audit report is prepared and submitted on time, with the income tax department every year. Since the inception of the University, the University has a full-time Finance Officer who exercises general supervision over the University's funds and advises the University about its financial policy. He periodically prepares the financial estimates in consultation with the Registrar and the Vice-Chancellor and obtains the year's estimates from its various departments. The annual financial estimate for the ensuing year is prepared before 1st February after consultation with the Vice-Chancellor. It is presented to the finance committee and the Syndicate to ensure the University's annual account and balance maintenance sheet Audit thereof.

The finance officer arranges to settle the Audits' objections (Local Fund and AG) and executes the necessary instructions, issued by the Vice-Chancellor/Syndicate. The finance officer evolves and installs the suitable accounting procedure system prescribed in the Accounts Manual for use in the University.

File Description	Document
Any additional information	View Document
Link for Additional Information	View Document

6.5 Internal Quality Assurance System

6.5.1 Internal Quality Assurance Cell (IQAC) has contributed significantly for institutionalizing the quality assurance strategies and processes by constantly reviewing the teaching learning process, structures & methodologies of operations and learning outcomes at periodic intervals.

Response:**PEER GROUP TEACHING AND DISCUSSION**

Peer Group Teaching and Discussion was introduced since 2018-19 to inculcate the habit of **teaching** and **discussion** among the Teacher Trainees in Physical Education. The key areas in each course were identified and given at the end of the syllabus. The course teacher leads the discussion to **enrich** the **teaching skills** of the students. The **teaching potentialities** of the students were observed and credited in

their assignments as internal marks.

The teacher trainees in physical education are encouraged to be **active participants** in the education process. Peer group teaching **stimulates** the academic environment for promotion of quality of teaching-learning, building confidence and communication abilities of the trainees. This initiative was thought of as students generally find it more comfortable asking questions and discussing **challenging problems** with their friends.

To **promote** skill-oriented approach, the course teacher adapts **peer group teaching** concept to engage students in a more meaningful manner. It is noticed that the process often leads to a more thorough, deeper thinking on the part of each student. Oral communication, self-learning and leadership skills are developed with enhanced **academic and social skills**. It is a **successful methodology** that helps in learning the same concept in different ways. Students learning at different pace, feeling the peer pressure to communicate spontaneously while teaching were the **challenges** that were taken care by the course teacher for promoting a collaborating and supportive atmosphere.

QUALITY ENHANCEMENT SUSTENANCE THROUGH BENCHMARKING

TNPESU emulates and evaluates its performance in comparison with the outstanding and premier institutions like LNIPE, Gwalior, NSNIS Patiala, leading Central Universities and UGC.

- As part of measuring the products, service and progress in Teaching Learning Process '**Mapping**' is done to measure the outcome of the Program Specific Objectives by initiating outcome based education. Strategies are evolved to meet the expectations of the stakeholders
- TNPESU has introduced a successful strategy for '**Self- Learning**' through e-content & e-resources which sets a measurable standards with '**lead institutions**'
- Milestone developments like Centre of Excellence for Biomechanics is established by getting conceptual, scientific and intellectual ideas from International Universities, SAI centres and Indian Counterparts like Ramachandra Medical University, who have already made a footprint on such Human Performance Analysis & Bio-Analysis of Human Performance
- The Infra –structural facilities developed are few new initiatives which formed the replication of the new practices of Ministry of Youth Affairs and Sports, GOI, Sports Development Authority of Tamil Nadu. Sports Academies like Badminton, Table Tennis, Veladrome are born through such Bench Marking
- Bench Marking raises the standards by creating different institutes as **models for excellence** and achievement. Establishing SAI centre at TNPESU in an ongoing Endeavour for our students to be benefitted. New courses like B.Sc.coaching, B.P.E.S are introduced for the students to get opportunity to reach the Winning Portal in High Level Competitions
- Bench- Marking is practiced by successfully signing **MoUs** with Prominent Educational and Research Insinuations. The recent ones are

1. Salem University, USA
2. AMET University
3. VIT
4. Balaji Medical University
5. MGR Medical University

File Description	Document
Any additional information	View Document
Link for Additional Information	View Document

6.5.2 Institution has adopted the following for Quality assurance 1. Academic Administrative Audit (AAA) and follow up action taken 2.Confernces, Seminars, Workshops on quality conducted 3. Collaborative quality initiatives with other institution(s) 4.Orientation programme on quality issues for teachers and students 5. Participation in NIRF 6.Any other quality audit recognized by state, national or international agencies (ISO Certification, NBA).

Response: A. Any 5 or more of the above

File Description	Document
Upload e-copies of the accreditations and certifications	View Document
Upload details of Quality assurance initiatives of the institution (Data Template)	View Document
Any additional information	View Document
Paste web link of Annual reports of University	View Document
Link for Additional Information	View Document

6.5.3 Incremental improvements made for the preceding five years with regard to quality (in case of first cycle), Post accreditation quality initiatives (second and subsequent cycles).

Response:

All the recommendations of the previous NAAC Committee were fulfilled by introducing umpteen number of new Quality Programs which are enumerated

- The University has re-constituted the **IQAC** on 11/07/2017 to establish new quality initiatives like
 - High Performance Centre
 - Incubation Centre
 - Management Information Centre
 - New Programs (B,B,A, B.P.E.S, Adapted Physical Education, Sports Event Management, Gym Instructor, Yoga Instructor Sports Nutrition)
 - Centres of Excellence in Bio-Mechanics, Badminton and Table Tennis
 - Horse Riding Academy
 - Consultancy Services
 - Value Added Courses

- The **Alumni Association** was registered and took new initiatives through highly placed affluent Alumni.
- Fund Generation
- Placement Assistance
- Inter- Institutional linkages
- Introduction of **Formal Feedback System-Curriculum**

The feedback received from the stakeholders was strategically analyzed and proper actions were taken.

- **Solar panel** was installed by PWD at a cost of Rs.7.14 Lakh with a capacity of 10 KV.

Additional facilities and Utility Centres established after the First cycle Assessment

- **ATM**
- **Canteen**
- **Multi Gym**
- **Health Centre**
- **Free Cycles**
- **Entrepreneur Skill Development centre for the women (with 10 sewing machines)**
- **Transport Facility**
- The University provides transport facilities through '**University Bus**' and the Metropolitan Transport Corporation operates its service (**RNo.55M**) exclusively to the University eight times a day.
- Staff and students are assisted with the **University Vehicle** to travel officially, emergency hospitalization, field visits.
- Introduction of **Choice Based Credit System**

CBCS has been introduced since the academic year 2018-19.with the approval of BOS, Academic Council and Syndicate.

- **Overlapping Courses of School of Distance Education**
- The University has dropped all the overlapping courses in Yoga offered by the SDE from the academic year 2018-19.
- University got the Distance Education Bureau approval in 2020
- **Enhancement of Computer and other Infrastructure facilities**
- Scientific Laboratories (Rs.19 crores)
- ICT lab with 21 computers (Rs.28.26 lakhs)
- 8 Smart Class rooms (Rs.20 lakhs)
- E library (Rs.2.51 crores)
- Academies (Rs.26.5 crores)
- Sports Science Centre (Rs.2.20 crores)

- Multimedia classroom (Rs.32.38 lakhs)
- E content developing studio (Rs.9.41 lakhs)
- Wi-Fi facilities –BSNL, Pulse.(100bg/s Speed)
- **Filling up of Vacant Posts** -13 Fulltime Guest Lecturers & 2 Library Technicians appointed. 23 Sanctioned posts are approved by finance & syndicate for which applications were received and scrutinized.
- **Innovation in Teaching Learning Process**

Innovation in teaching learning process were carried out through e- library, e-content, Self-Study material, Interactive Boards, Peer group teaching and video capturing system.

- Enhancement of **Staff welfare measures** by CAS promotions, Counting of Past services, Staff Quarters, Medical facilities, Recreational facilities, Seed money and faculty development initiatives.
- **Collaborative Linkages** were made with 12 leading Institutions, **Consultancy services**, Joint Research and increased Alumni Network.
- **Enhancement of IT Applications**
 - GeM portal (Purchase)
 - MIS introduction
 - Admission and Examination monitoring software
 - Library –Digital Sharing
 - Cashless transaction
 - Research-Plagiarism
 - Biometric Attendance
 - Monitoring Affiliated Colleges Exams
 - Language Lab

File Description	Document
Any additional information	View Document
Link for Additional Information	View Document

Criterion 7 - Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.

Response:

The University gives importance to the gender equity and sensitization and therefore the curriculum of almost all the Programs consist of gender equity and sensitization. As the University provides equal opportunities to both the boys and girls in all aspects, the girl students could get all the benefits that the boys get in the University in terms of admission, participation in sports and cultural events, accommodation in hostels, transportation, placement, scholarships etc. Besides these benefits to the girl students, the following measures are taken by the University for ensuring gender equity in the University campus:

a) Safety and Security:

For ensuring safety and security of women, security personal posted at critical points of the entire University campus and also CCTV Cameras have been installed at all the vital points so as to watch the movement of people closely. For security of the girls in the University campus and to restrict unwanted entry, proper boundary wall with fencing have been constructed.

b) Counseling:

The University has established an in-campus Centre for Psychological Counseling to tackle possible issues like anxiety, depression, managing stress, building self-compassion, study and test-taking skills, suicidal tendencies and relationship issues that are becoming more prevalent in modern day campus life. The centre helps the students to cope up with the adjustment needs of students from school to college life while for the final year students to help them face career, marriage and real-world situations.

c) Common Rooms:

Common rooms have been exclusively provided for girl students as well as women staff at both in the academic block and the hostel with all the necessary amenities such as wi-fi, drinking water, etc.

d) Other Facilities Offered:

- An exclusive mess hall has been provided for the use of girls and women staff of the University.
- The University has a health center with a Medical Officer and a female Staff Nurse which caters to the health needs of women in the University.
- Both public and University transports are available for the use of the girls and women of the University.
- The University has established Women Complaint Committee which takes care the welfare of the women, offers suitable solutions to the problems of the women and also counsel them whenever they are in need.

- The University has established the Internal Complaints Committee as per the UGC norms.
- The girls students and women staff of the University are encouraged to play sports and games of their choice in the University campus.
- The University has got a gym which allows the women of the University to use at a specific time.
- The University conducted an awareness program for girl students on "*Women Empowerment and Sexual Harassment at Institution and Workplace*" on 18-03-2019.
- The Women Complaints Committee of University was inaugurated on 08-10-2014 at the University campus by Dr. N. Shalani, a consultant psychiatrist and Mrs. K. Santhakumari, the President of Tamil Nadu Federation of Women Lawyers.

File Description	Document
Specific facilities provided for women in terms of: a.Safety and security b. Counselling c. Common Rooms d. Day care center for young children e. Any other relevant information	View Document
Annual gender sensitization action plan	View Document

7.1.2 The Institution has facilities for alternate sources of energy and energy conservation measures

- 1.Solar energy
- 2.Biogas plant
- 3.Wheeling to the Grid
- 4.Sensor-based energy conservation
- 5.Use of LED bulbs/ power efficient equipment

Response: A. 4 or All of the above

File Description	Document
Geotagged Photographs	View Document
Any other relevant information	View Document

7.1.3 Describe the facilities in the Institution for the management of the following types of degradable and non-degradable waste (within 500 words)

- Solid waste management
- Liquid waste management
- Biomedical waste management
- E-waste management
- Waste recycling system
- Hazardous chemicals and radioactive waste management

Response:**a) SOLID WASTE MANAGEMENT:**

- In the University campus, the solid wastes are categorized as biodegradable and non-biodegradable and the same are accumulated at different collection bins, the persons from the local municipal administration collect the solid wastes twice in a week.
- The food wastes are used for bio gas plant installed in the Hostel.
- The paper wastes generated from different offices and Departments of the University are disposed once in three months through auction.
- All the others kinds of scraps such as wooden material, plastics, steels, materials are disposed by Scraps Disposal Committee of the University once in three months.

b) LIQUID WASTES:

- The University makes sure that the use of water is optimized by all the Departments and offices. The liquid wastes from the rest rooms and wash rooms of the hostel, administrative building and academic building, quarters etc., are reused for watering the plants and trees planted in the nearby area of the respective buildings. In order to avoid the wastages of water, the plumbers of the Estate Office check the pipe lines and taps regularly to arrest water leakages if any. Thereby, it is made sure the water is efficiently used.
- The drinking water facilities are very well taken care of and thereby, it is ensured that no drinking water is wasted in the campus. Drinking water provisions have been given in all the sections of the offices and all the Departments for fulfilling the need of staff and students.

c) E-WASTES MANAGEMENT

- The University makes sure that the e-wastes are disposed safely by following the Standard Operation Procedures. The e- wastes such as computers, monitors, printers, televisions, etc, accumulated from different Departments and offices of the University are kept safely and disposed as per the guidelines prescribed by the Pollution Control Board.

d) WASTE RECYCLING SYSTEM

The University has a 2.0 M3/Day Biogas Plant out of food waste of 20 kg /day installed in the men's hostel mess of the University

File Description	Document
Relevant documents like agreements/MoUs with Government and other approved agencies	View Document
Geotagged photographs of the facilities	View Document
Any other relevant information	View Document

7.1.4 Water conservation facilities available in the Institution:

1. Rain water harvesting
2. Borewell /Open well recharge
3. Construction of tanks and bunds
4. Waste water recycling
5. Maintenance of water bodies and distribution system in the campus

Response: A. Any 4 or all of the above

File Description	Document
Geotagged photographs / videos of the facilities	View Document
Any other relevant information	View Document

7.1.5 Green campus initiatives include:

1. Restricted entry of automobiles
2. Use of Bicycles/ Battery powered vehicles
3. Pedestrian Friendly pathways
4. Ban on use of Plastic
5. Landscaping with trees and plants

Response: Any 4 or All of the above

File Description	Document
Various policy documents / decisions circulated for implementation	View Document
Geotagged photos / videos of the facilities	View Document
Any other relevant documents	View Document

7.1.6 Quality audits on environment and energy regularly undertaken by the Institution and any awards received for such green campus initiatives:

1. Green audit
2. Energy audit
3. Environment audit
4. Clean and green campus recognitions / awards
5. Beyond the campus environmental promotion activities

Response: A. Any 4 or all of the above

File Description	Document
Reports on environment and energy audits submitted by the auditing agency	View Document
Certification by the auditing agency	View Document
Certificates of the awards received	View Document
Any other relevant information	View Document

7.1.7 The Institution has disabled-friendly, barrier free environment

1. Built environment with ramps/lifts for easy access to classrooms.
2. Disabled-friendly washrooms
3. Signage including tactile path, lights, display boards and signposts
4. Assistive technology and facilities for persons with disabilities (Divyangjan) accessible website, screen-reading software, mechanized equipment
5. Provision for enquiry and information : Human assistance, reader, scribe, soft copies of reading material, screen reading

Response: A. Any 4 or all of the above

File Description	Document
Policy documents and information brochures on the support to be provided	View Document
Geotagged photographs / videos of the facilities	View Document
Details of the Software procured for providing the assistance	View Document
Any other relevant information	View Document

7.1.8 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities (within 500 words).

Response:

- The University always encourages efforts/initiatives in providing an inclusive environment in its campus. Admission is given for students who are from other states also and their life in the University campus is very well taken care of. They are encouraged in participating all the cultural and sports events. Food is arranged in the hostel mess according to their need and they are helped to apply for scholarships in their respective states. Medical assistance is provided to them in the Health Center of the University itself. Those students who wants counseling, they can approach the Center for Counselling. For under Graduate students, Hindi is also offered as a second language. In these ways, an inclusive environment is made in the University campus.

- The University celebrates all the festivals in a grand manner involving the students and the staff every year. Major religious festivals such as Deepavali, Christmas, Vijayadasami and Ramzan are celebrated by the students and the staff in the campus with great vigor. As a part of these celebrations, many events such as cultural, traditional games, competitions are conducted and the winners are rewarded. Thereby, the religious inclusiveness is ensured in the campus. In the similar way, Pongal festival is celebrated in the University campus every year. During this programme, students organize different cultural programmes and competitions such as rangoli, making of pongal, etc., both for the students and staff of the University.
- Similarly, major linguistic cultural events such as pongal, onam, vishu etc, are also celebrated by the students and staff of the University with great enthusiasm and of course this ensures linguistic inclusiveness in the campus.
- The University encourages cultural events to be staged at all official programs/functions/ tournaments etc, so as to preserve the traditional values of our society.
- The students of this university also participate in various cultural events held in other Institutions also and thereby they become the brand ambassadors for preserving our traditional value/legacy.
- The students as a part of village placement program conduct cultural events in the respective villages where the village placement program is organized.
- By organizing religious, linguistic and regional cultural events in the University, the students are taught the values of each religion and regional cultural significance and are made known to be tolerant and harmonious towards all citizens, irrespective of their socio economic and other diversities.
- While the University is striving hard to impart academic input to the students, it is also taking efforts in imbibing cultural value in the minds of students through academic and co curricular activities wherever possible for ensuring tolerance and harmony towards different cultural, regional, linguistic, communal, socio economic and other diversities.

File Description	Document
Supporting documents on the information provided (as reflected in the administrative and academic activities of the Institution)	View Document
Any other relevant information	View Document

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens (within 500 words).

Response:

- The University fulfils all the constitutional obligations as a part of making the students as responsible citizens. The University takes several efforts to in built cross cutting issues applicable to gender, environment and sustainability, human values and professional ethics by means of incorporating specific courses in the curriculum of all programs and many activities like Women empowerment programmes, awareness about gender equities and students counselling activities. The Curriculum of almost all the Programs have courses related to Value Education and Professional Ethics. Some of such courses are 1) Value and Environmental Education, 2) Sanskrit

for Technical Knowledge, 3) Constitution of India, 4) Stress Management by Yoga, 5) Professional Development Through Life Enlightenment Skills, 6) Yogic Psychology, 7) Personality Development, 8) Spiritual Science, 9) Gender Studies, 10) Human Rights and 11) Professional Ethics in Engineering.

- Apart from the above courses offered under various departments of this university, at present this university is keenly focusing on to create awareness among students' welfare activities such as student counseling, women empowerment, gender equities, anti ragging cell and are functioning effectively. Students counselling cell addresses the student's behavioural and academic issues. This effort attempts to provide an admissible atmosphere to the students organizing personality development and to overcome the gender differences, conducting training programmes for the students and staff on counselling
- Eminent speakers are invited to speak on the theme and the other activities such as group discussion, drawing competition are conducted as a part of the program so as to make all the students participate in the program and know the relevance of the program in the present context.
- It is a responsibility of the University to make the students to know and understand the value, rights, duties and responsibilities which they have to possess to be a responsible citizen. To fulfill this task, the students are given opportunities to attend the programs organized and to make pledges to adhere the rules and regulations, the custom and tradition, and to help each other for the upliftment of the society as a whole.
- Besides these efforts, the university students with the help of the Health Centre organize Blood donation camps regularly in collaboration with the medical colleges situated nearby namely Chettinad Medical College and Tagore Medical College. This initiative of the University helps the needy patients. This also helps the students to know the value of giving/ helping others.
- Through the Village Placement Program, the University students regularly conducts awareness programs on health, Education, road safety, polio, environmental protection, AIDS, Nutrition, women empowerment, savings sports, fitness to the people in the nearby villages so as to make them known and understood the significance of the above mentioned activities. This help the students to understand their responsibilities as good citizens.

Click the below given link for Measures Initiated by the Institution for Sensitization of Students and Employees:

<https://www.tnpesu.org/pdf/criterion/Institutional-Values-and-Best-Practices/7.1.9.pdf>

7.1.10 The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard.

1. The Code of Conduct is displayed on the website
2. There is a committee to monitor adherence to the Code of Conduct
3. Institution organizes professional ethics programmes for students, teachers, administrators and other staff
4. Annual awareness programmes on Code of Conduct are organized

Response: A. All of the above

File Description	Document
Details of the monitoring committee composition and minutes of the committee meeting, number of programmes organized, reports on the various programs etc., in support of the claims	View Document
Code of ethics policy document	View Document
Any other relevant information	View Document

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals (within 500 words).

Response:

The University has recognized the importance of celebrating and organizing National and International Commemorative days, events and festivals in the University campus in order to impart the significance of each event to the students and thereby making them imbibe the value system of the society. Therefore, it celebrates all the National and International Commemorative days, events and festivals every year in the university campus in a grand manner to make the students understand the reasons behind celebrating each events and festivals. In this regard, the University observes all the important days such as Constitution day, Voters day, Army day, Martyr's day, Science day, Women's day, Disabled day, Health day, Heritage day, Earth day, Workers day, Mother's day, World environment day, Population day, Friendship day, National Sports day, Teacher's day, Literacy day, Tourism day, World Food day, World Aids day, Youth day, Human rights day at the University to make the students understand the significance of each day and its relevance to the present scenario.

The University gives special emphasis and organizes special events in view of important commemorative days such as National Sports Day and International Yoga Day. Being a University for Physical education and Sports, the University organizes sports tournaments and competitions for students of the University in the view of National Sports Day every year. The University celebrates International Yoga day in a grand manner in the University campus in order to disseminate the knowledge of yoga to the students as well as staff. During these programmes, eminent personalities are invited as Guest Speakers.

Similarly, National Youth Day is celebrated in view of the birthday of Swami Vivekananda. All these programmes are conducted for the students of various Departments of the university campus to make them understand the value system. Besides these festivals and events, the Independence Day and Republic Day celebrations are conducted every year in the University in order to make the students to know the importance of Independence Day and Republic Day. This is how, the University tries to imbibe national interest in the minds of students and make them a responsible Citizens.

File Description	Document
Geotagged photographs of some of the events	View Document
Any other relevant information	View Document
Annual report of the celebrations and commemorative events for the last five years	View Document

7.2 Best Practices

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Response:

BEST PRACTICES-I

Village Placement Program for Sustaining Community

Development (VSCD)

Motto: Building Community through Giving & Caring

Rural Development is the process of improving or uplifting the living conditions of the people living in rural areas. Rural Development is the National Development. 65.53% people of India live in rural areas (Villages). The welfare of India greatly depends upon the prosperity of the villages. Village Placement Program of this University makes every effort in achieving the development in the villages.

1. Objectives of the Practice:

The following are the objectives of Village Placement Program:

- 1.To promote **health awareness** among the people in the villages and thereby ensuring health benefits to the greatest number of people and also to **reduce the health gaps caused by differences in income, education, race, ethnicity, location** and other factors that can affect health.
- 2.To offer sports activities by the students of Physical Education Department of Tamil Nadu Physical Education and Sports University which could **sprout out the sporting talents of the youth & children** at the community.
- 3.To work with communities to make them realize the importance of participative democracy, sustainable development, **human rights, economic opportunity, equality, social justice and focus on their achievement.**
- 4.To actively engage communities in making sense of the issues which affect their lives, setting goals for improvement and responding to problems and needs through **empowerment and active participation.**
- 5.To make the **students understand the issues of rural development and also make them social conscious.**

6. To make this as a breathing session among adolescent girls and adult woman to know the importance of hygienic practices.
7. To help the youth & women of the village to learn the skills of the games like volleyball & throwball and help them to organize sports activities and Games during weekends.

1. The Context:

- The Village Placement Program (VPP) is **compulsory for all the Under Graduate and Post Graduate Regular programmes of the University**. As a Part of Village Placement Program the students of each Regular programme along with the teaching staff should **stay for five days in a village and undertake community service activities such as conducting health awareness campaign, literacy program, awareness program on clean environment and safe drinking water, sports, recreational activities, awareness of family fitness etc., for rural development**. The participation of students in this program is compulsory and the students gain two credits for fulfilling the academic requirements of VPP.
- It is a part of Experiential Learning as they practice what they have learnt. The students are oriented towards the service-based activities and they inculcate the habit of working with the community.
- Their training on the concept of 'Talent Identification' in sports helps them to pick-up the children and adults for higher coaching and training.
- The postural analysis is another part of their contribution at the community as they are involved in postural literacy program, awareness program, rehabilitation and so on.
- The practical knowledge gained on the First Aid and "Recovery on Respiration" are made perfect as they teach them to the public.
- The students learn the social values through participation and imbibe them in their career.

The Practice:

- Every year the students of every University department identify the villages either in the nearby areas of the University or far away areas of the University and get **formal permissions from both the Panchayat (Local Body) and the University Department** for conducting the Village Placement Program. Once approval for the same is received, the dates are finalized with the detailed schedule of activities to be carried out on all the five days of stay in the village.
- During the stay in the Villages, the students carry out the developmental activities as per the program schedule prepared for this purpose. While staying in the villages, the students make sure that each and every part of the village is visited by them and also ensure to **meet all the villagers especially the children, housewives, elders, etc., personally and teach them** how to resolve the important issues they are facing now.
- They help the youth & women of the village to learn the skills of the games like Kabaddi, Kho-Kho, volleyball & throwball and help them to organize sports activities and Games during weekends. The community is made to participate in leisure activities so that they will not get involved in anti-social activities.
- The community is helped to establish the kitchen garden, grow plants and trees.
- They were even taught to do Socially Useful Productive work (SUPW) with in the community.
- Women folk were taught Knitting, Tatting Embroidery, stitching so that these outcome of the products could generate meager income to the family.

1. Evidence of Success of Village Placement Program:

The evidence of success of the Village Placement Program is witnessed through

1. Health promotion due to participation in sporting activities
2. Improvement in sanitation in the villages
3. Increase in child education in the villages, minimize the drop-outs from the school.
4. Availability of cost effective medical practices through Ayurveda and Herbals – Naturopathy and Yogic Science to the villagers
5. Promotion of Self Help Groups among women of the villages.
6. The community services of the students in villages through this Village Placement Program of the University is conducted every year.
7. Tamil Nadu Physical Education and Sports University through its Village Placement Program actively participates in the process of rural development.

Many villagers have been benefitted through this program and it is sure that this mission of the University on rural development would go on.

5. Problems Encountered and Resources Required

- Mobilization of funds, lack of accommodation facilities for the students in some villages for this program which affects its operations.
- Resources like sports equipments material used for the Arts & Crafts could not be provided to the community. However, in most of the cases the University meets such needs.

6. Notes (Optional)

The Village Placement Programme of this University is a unique one which has been successfully implemented for community development by the students. It will definitely achieve its objectives of rural development in the years to come.





BEST PRACTICE-II

SPORTS AND ADAPTED PHYSICAL EDUCATION FOR THE DIFFERENTLY ABLED POPULATION

Motto : Differently abled to become “part” of the community than to be “in” the community

Prime Objective : The primary purpose of offering **programs for the differently abled** is to identify, improve and/or enhance the functional abilities which in turn makes him to live a life of Independence and also to prepare him for high level competitions.

Sports and Play activities are used for recreation, and leisure activities to improve the physical, cognitive and social/emotional abilities of **Differently abled population** including infants, children, adolescents and young adults. It also prepares an individual with disability for the National and International competitions. Offering programs suited to the individual needs lots of planning and systemization to reduce or eliminate the effects of illness or disability.

Tamil Nadu Physical Education and Sports University has initiated this effort by developing the Specific Infrastructural facilities for participation in recreational physical activities as well as towards promoting High Level Performance who can participate in Paralympics and Special Olympics.



1.Intended Outcome of this Practice

The Principles and the concepts underlying this practice of offering **recreation through Adapted games , leisure Activities and other Special coaching/training for Paralympics** makes them not only to be in the community but **as part of** the community.

The Bloom's taxonomy of learning domains forms the basis of this program. By **developing the affective, psychomotor and the cognitive domains the differently abled** could achieve the following objectives . The psycho motor skills which are developed through physical activities promotes an individual to participate in the high level competitions at State and Nation.

Target Group:

Orthopedically challenged

Partially blind

Mild& Moderate Mentally Challenged

Hearing Impaired children.

Program Objectives

- 1.To offer recreational activities to develop their affective, cognitive and psychomotor domains of the differently abled.
- 2.To identify their talent and their innate abilities and to develop them for high level competitions.
- 3.To provide them opportunities to participate in the leisure time activities as they develop their social skills.
- 4.This program which facilitates leisure activities makes it possible towards normalization of the differently abled.
- 5.To become familiar to the adaptive techniques.
- 6.To become high level performers in various sporting activities who can reach to a level of participating in the Paralympics /Special Olympics.

Recreational activities can develop their functional skills which can facilitate self employability.The administration of sports and recreation for normalization of differently abled children include of the following activities.

- Medical Evaluation
- Assessment of Motor, Cognitive and Functional Skills
- Biomechanical, Fitness and Nutritional assessment
- Multi disciplinary Approach of Therapies
- Leisure Life Skills Development
- Adaptive Sports and Aquatics
- Inclusive Sports
- Yoga
- Community Inclusion Activities
- Arts and Crafts and Cultural Activities
- Psychological Counseling

The Contextual features of this best practice

The students of this University are benefitted as they take up this program with an Inclusive Approach. The Physical Education Students reach the differently abled to offer specific recreational activities based on their disability. This becomes a service-oriented program as well as an Educative program as they gain knowledge by organizing such programs. The program are designed and implemented as they have the curriculum on

(1)Adapted physical education

- (2) Inclusive education
- (3) Special Education Project
- (4) Village Placement Program
- (5) Psychological guidance(given to the parents of such children)

Challenging issues addressed in designing and implementing this practice of organizing Adapted games, Adapted physical education and Therapeutic recreation varies with Individual to Individual and disability to disability. Hence the students of each Regular Course along with the Medical officer, Physio Therapists, teaching and supportive staff will form a **multidisciplinary team to assess Medical ,Physical and Psychological condition** of the group before offering physical activities, recreational and leisure activities , training and coaching to the disabled population

The Practice

- The Students of Tamil Nadu Physical Education and Sports University along with the teachers of Physical Education had gone to the Special Schools and offered physical activities, therapeutic recreation, and specific coaching.
- As part of their experiential learning they have taken up Projects to cater to the needs of these special children by organizing Adapted games in Volleyball, Kho-Kho, Basketball, Table Tennis and Tennis.
- Resource persons were invited and a Workshop was organized on 09.01.2020 to gain practical and professional knowledge in this area .
- Students are motivated to take up Project work and Research studies in this special area. (list of the research studies conducted in this area is Appended)
- Faculties of our University are invited as the resource persons and key note speakers for the workshops , seminar and conferences organized over this Differently abled population in affiliated colleges
- Affiliated colleges are guided to organize competitions and programs on Adapted games (white-cane day & Interstate competitions for the Blind Volleyball ,Kho-kho , Booch , Table tennis and Kabaddi)
- Students are helpful in officiating the Adapted games at various Special Schools in the city.
- Unified Sports is yet another concept of making the differently abled to play games partnering with the normal population

This idea was generated through the Incubation Centre formed informally at the University. Among the 24 affiliated colleges Two autonomous colleges are actively involved in offering programs for the differently abled already. The University started working on this and Government understanding the potential of the University has sanctioned Rs.2.90 Crores to host and conduct programs of this

nature. Sports Centre for the differently abled is in the process of construction at the University campus with an estimate of 4.55 crore for which the Ground breaking Ceremony was done on 26th February 2021. The beneficiaries of the centre will definitely be able to participate at Paralympics and Special Olympics

5. Evidence of Success of Sports and Recreation centre for Differently abled population:

The program offered in this area is aligned with the vision and mission of the University

- The programs offered to the differently abled by the students provided a greater opportunity for Experiential learning .
- Research studies carried out by the scholars proved the positive influence of Play/Physical activities on the physical, cognitive and social/emotional abilities of differently abled children
- Recreation and Sports which are the prime focus of the Tamil Nadu Physical Education and Sports University is achieved through meeting the basic human need and right of all Special Population.
- The Resources shared by the University on such special children reflects on the inclusive approach of the University Students .
- This forms the stronghold of the service orientation
- **Recreational and Sports offered in a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.**
- This recreational programs offered enhances health, wellness, and quality-of-life for Special Population in communities.
- This practice focuses on the initiation and carrying of the importance of recreation therapy through various activities and adaptive educational sports training in Special Children.
- Special facilities are established (washroom, ramp, tactile path, supply of cane for the blind)
- This practice relieves the stress, emotional disturbance, attention deficits of the Special Population by forecasting to his/her parents and the community what the differently abled is capable of doing on his/her own.

The differently abled community will be benefitted through this programme and it is sure that this mission of the University on sports development would go on to achieve medals and laurels for the country in Paralympics.

5. Problems Encountered and Resources

- To mobilize the differently abled to a suitable environment where such programs could be conducted
- Sports infrastructural facilities to train individuals for Paralympics
- Special Educators
- Special Coaches for High Performers
- Mobilization of funds.
- Lack of confidence/belief in the differently abled population which affects its operations.

6. Notes (A futuristic vision)

To make best use of the Grant of Rs.2.90 Crores received and bring the beneficiaries to the therapeutic centre.

Minimum two Paralympics athletes will be trained and produced as Olympians with in two years

The Sports and Recreation practice for Differently abled need further thrust and the students with staff must contribute their level best in achieving its objectives and make it a **unique model of inclusive sports education and recreation for differently abled** as their basic right in the years to come.

File Description	Document
Best practices in the Institutional web site	View Document
Any other relevant information	View Document

7.3 Institutional Distinctiveness

7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust within 1000 words

Response:

From “First” to “Best”

(To start with basic fitness and to end with India’s Winning Edge)

Tamil Nadu Physical Education and Sports University has a key strategic focus areas that will enable the inmates of the University to **‘start with the basic physical activities’** till achieving performance outcomes of the thrust area of producing **“Elite Athletes”**

‘Active Break during Coffee Break’

An 'Active Break' is as simple as taking 10 Minutes of exercise during the Coffee –Break at the work place. Taking an active break at the work place can do wonders in terms of the attentional focus, and wellness. In fact, research has shown that those who are physically active during the day tend to be more productive at work.

Objectives of this practice

- To promote enjoyable physical activity
- To develop a positive attitude toward wellness
- To encourage daily energy expenditure by performing physical activity
- To develop the different fitness components, (stretching) flexibility, (movements) aerobic endurance and (calisthenics) to improve muscle strength and endurance
- To provide mental relaxation
- To develop social togetherness

Evidence of success

The success is reflected in the productivity at the work place

- Each and every break is planned to include everyone on the team, providing an exceptional team building opportunity
- They share the joy & beauty of the program
- 90% of the faculty are self motivated and they assemble on time
- They volunteer to demonstrate the new exercise suited to their ability
- Development of coordination, flexibility and suppleness of the body is exhibited
- They feel fit and healthy because of this Active Break
- It suits all the age category
- They have a feeling of mental relaxation
- Employees win through improved employee morale and overall satisfaction
- These kind of exercises cause both employer and employee a good rapport and a goodwill in the wider community.
- Some employee practice these exercise in their home every morning, and practice with family.

TREAT –Training Elite Athletes Task

The purpose of the high performance frame work for Tamil Nadu Physical Education Sports University is to support athletes to become world's best athletes who could win laterals to the country. This University, the country's first and best, has a world's best mindset in coaching, performance- support and innovative training environments to support 'targeted nationally identified athletes' to become world's best. Our focus on performance- measures are aligned with India's Winning Edge (IWE) and National Sporting Outcomes. TNPESU is nationally aligned and taking relevant performance measures for 2020 -2030. This WINMED (Winning Medal) concept is based on the VISION 2030 which will make the University a Brand Ambassadors of our Country.

VISION VALUES & STRATEGY

TNPESU will impact Olympic, Paralympics, Special Olympics and World Championship podium

resulting through prioritizing athletes' preparation by highly motivated teams, emphasizing Performance, Achievement, Success & Status (PASS)

The University has a key strategic focus area that will enable us to achieve our performance outcomes on the thrust area of producing Elite Athletes include:

- Planning for Performance
- Prioritized Resourcing
- Capability Building
- Performance Impact
- Alignment of our performance centered Culture and Ideas with our People and Systems
- Quality enhancement & Sustainability

Infrastructure facilities:

The Tamil Nadu Physical Education and Sports University has well established sports infrastructure facilities such as 400m. Track, multipurpose indoor hall, Basketball & volleyball courts Cycling Velodrome and Water sports facilities. The government of Tamil Nadu also sanctioned more than 10 Crores for adventure sports and Disabled sports for 2020. In addition to that the University has 500 bedded Men's and 200 bedded women's hostel and separate hostel for the sports persons. The University is in the process of establishing two academies by constructing Indoor stadium for Badminton and Table Tennis with a cost of 25 crores. Nearby athletes are utilizing these facilities in our University and coaching department and the sports science faculties will give value guidance and coaching tips to the sports persons. Bio mechanic lab, Gym, Synthetic Track supported by Khelo India are other facilities at the Universities.

STANDARD OPERATING PROCEDURES

- Top class Athletes/ Teams are Identified and Supported by the 4S.
- Biomechanical Analysis are made on the movement/performance
- Assessment of various Parameters & fitness components
- Psychological guidance given (Pre/During/Post competitive Period)
- Injury management ,Rehabilitation, prevention of sports injuries
- Sports Nutrition and Supplements Suggestion
- The team/individuals stay at the campus for

1. Training
2. Coaching
3. Using the Sports Infrastructural Facilities
4. Use the Gymnasium
5. Scientific Support
6. Library
7. Professional Interaction with Specialists at the Campus
8. Involve in recreational activities/ Leisure activities including Horse Riding

Talent Identification Through Bio – Science Analysis:

The department of Physical Education is taking constant efforts to identify the talents through Bio science analysis. A proposal is submitted for the Mobile van attached with equipments for measuring the following components at the cost of 3.12 crores. Main aim of the proposal is to identify the talented youth from every nook and corner of Tamil Nadu. The team of people will visit the rural and coastal places and identify the talent to bring them to the fold of training them under TREAT (TRaining Elite Athletes Task)

- Comprehensive Physical Exam
- Cardio vascular Fitness Examination
- Hematological Examination
- Genetic Examination

Coaching courses:

Tamil Nadu Physical Education and Sports University is organizing sports Coaching courses of Sports Authority of India. In addition to that the University conducts traditional sports coaching, Paralympic coaching and adventure sports coaching. The University conducts certificate courses, Refresher courses, clinics for coaches every year for updating their knowledge with the support of SDAT Coaches through Summer Program.

More than 125 students participate in the Nationals and All India Inter University competitions every year. The work on testing of players fitness and Physiological & Psychological aspects are in the Pipe –Line as a collaborative program with Sports Authority of India and Sports Development Authority of Tamil Nadu for which MOU is prepared.

File Description	Document
Any other relevant information	View Document
Appropriate web in the Institutional website	View Document

5. CONCLUSION

Additional Information :

Expansion & Extension of Tamil Nadu Physical Education & Sports University.

This budding institution started its first academic year in 2006-07 in a Seven storied building at the heart of the city Chennai . Theory classes were conducted in a hired building and Practical classes for physical education happened in the Nehru Stadium . The University shifted its premises to the sprawling campus of 125 acres of land bordered with the lake with all its “Pomp & Glory” during 2011 in this semi-urban area. Since then it has started developing its infrastructure and sports facilities in a phased manner.

This University has opted for ‘Short-Close’ with an intension of up-scaling the NAAC Score to a higher level benefitting Fund Mobilization and to get approval for suitable courses at the School of Distance Education.

This growth and development of this State University echoes the effort of the Officers, Teachers, Administrative Staff, Alumni and Students of the institution. Now this University has become an Iconic Educational Institution attracting the entire Physical Education and Sports fraternity.

The Honor & Glory of this Tamil Nadu Physical Education and Sports University is because of the creditable support of the Hon’ble Governor / Chancellor and the Government of Tamil Nadu. The growth of this University from the “**Seed to a Tree**” is because of the constant and continuous contributions of the previous Vice Chancellors and Registrars. Founder Vice Chancellor, Dr.R.Thirumalaisamy (16.12.2005 - 15.02.2008), currently Professor Emeritus has been a source of encouragement for this budding University. The Second Vice Chancellor Dr.K.Vaithianathan (31.07.2009 - 31.07.2012), with all his experience as Dean, Director, Professor and Head Department of Annamalai University has largely contributed in establishing the sporting facilities at this new campus. Dr. A.M.Moorthy (07.05.2015 - 15.12.2018), currently the Advisor, Central University/Ministry of Sports, Government of India has been very successful in developing the University to a greater heights. Currently, Dr. Sheila Stephen, first woman Vice Chancellor, with her experience as a NAAC Assessor, has shown a commendable participation in the development of this University.

“Let the Tree bloom to bring forth desired Fruits”.

Concluding Remarks :

To sum-up this institute stays rooted to its core values, mission and vision in all its activities and has been committed towards health and fitness of the country. A recipient of the ‘**Best University for Physical Education and Sports**’ award it stands as a Model for the other Sports Universities of the country. Presently this University is working on the Development of the MOOC courses and research potential. The Institute offers five courses to develop the entrepreneur skills of the students by offering courses under the National Skill Qualification Frame Work of UGC.

The institute owns the responsibility of Empowering Sports Persons, offering required skills sets, creativity and prepares an individual to lead a prolific life. The Department of Physical Education is taking constant efforts to identify the talents through Bio- Science analysis. A proposal is submitted to Government of India for the Mobile Van attached with equipments for measuring the essential parameters to identify the talented youth

from every nook and corner of Tamil Nadu.

Unity is Harmony

The University functions harmoniously supporting one another to achieve the End Goal. The Band of teaching and non teaching perfectly understand their role and responsibility. We shall not be complacent with our achievements. We tirelessly work towards creating a system of higher education which will inculcate in the students the values of discipline, cooperation equality, patriotism professionalism, social responsibility and respect for the people. Continuing Professional Development (CPD) is seen in all the areas of the programs of the University .Engaging in CPD activities is very much focussed to make the entire students population professionally fit and motivated

“A lit lamp can only lighten another lamp “

The University will impact Olympic, Para-Olympics, Special Olympics and World Championship podium resulting through prioritizing athletes' preparation by highly motivated teams emphasizing, **Performance, Achievement, Success and Status (PASS)**

A virtual tour to Tamil Nadu Physical Education and Sports University.

<https://www.tnpesu.org/tour.html>



Click

(or To view this Virtual Tour, Copy & Paste the link in the Google)

6.ANNEXURE

1.Metrics Level Deviations

Metric ID	Sub Questions and Answers before and after DVV Verification																				
1.1.2	<p>Percentage of Programmes where syllabus revision was carried out during the last five years.</p> <p>1.1.2.1. How many Programmes were revised out of total number of Programmes offered during the last five years Answer before DVV Verification : 17 Answer after DVV Verification: 17</p> <p>1.1.2.2. Number of all Programmes offered by the institution during the last five years. Answer before DVV Verification : 17 Answer after DVV Verification: 17</p>																				
1.2.2	<p>Percentage of Programmes in which Choice Based Credit System (CBCS) / elective course system has been implemented (Data for the latest completed academic year).</p> <p>1.2.2.1. Number of Programmes in which CBCS / Elective course system implemented. Answer before DVV Verification : 17 Answer after DVV Verification: 17</p>																				
2.4.3	<p>Average teaching experience of full time teachers in the same institution (Data for the latest completed academic year in number of years)</p> <p>2.4.3.1. Total experience of full-time teachers Answer before DVV Verification : 273 Answer after DVV Verification: 287</p> <p>Remark : DVV has made the changes as per shared experience letter of full time teachers excluding librarian and who leave the college.</p>																				
2.4.4	<p>Average percentage of full time teachers who received awards, recognition, fellowships at State, National, International level from Government/Govt. recognised bodies during the last five years</p> <p>2.4.4.1. Number of full time teachers receiving awards from state /national /international level from Government/Govt. recognized bodies year wise during the last five years Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2018-19</th> <th>2017-18</th> <th>2016-17</th> <th>2015-16</th> <th>2014-15</th> </tr> </thead> <tbody> <tr> <td>28</td> <td>27</td> <td>24</td> <td>3</td> <td>1</td> </tr> </tbody> </table> <p>Answer After DVV Verification :</p> <table border="1"> <thead> <tr> <th>2018-19</th> <th>2017-18</th> <th>2016-17</th> <th>2015-16</th> <th>2014-15</th> </tr> </thead> <tbody> <tr> <td>00</td> <td>00</td> <td>00</td> <td>00</td> <td>00</td> </tr> </tbody> </table>	2018-19	2017-18	2016-17	2015-16	2014-15	28	27	24	3	1	2018-19	2017-18	2016-17	2015-16	2014-15	00	00	00	00	00
2018-19	2017-18	2016-17	2015-16	2014-15																	
28	27	24	3	1																	
2018-19	2017-18	2016-17	2015-16	2014-15																	
00	00	00	00	00																	

3.3.3 Number of awards / recognitions received for research/innovations by the institution / teachers / research scholars / students during the last five years.

3.3.3.1. Total number of awards / recognitions received for *research* / innovations won by institution / teachers / research scholars / students year-wise during the last five years.

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
8	2	1	1	1

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
3	1	0	0	0

Remark : DVV has not considered Participation / presentation, certificates in workshops / conferences etc.

3.4.5 Number of research papers per teachers in the Journals notified on UGC website during the last five years

3.4.5.1. Number of research papers in the Journals notified on UGC website during the last five years.

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
87	42	28	43	49

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
60	34	28	34	34

3.4.6 Number of books and chapters in edited volumes/books published and papers published in national/ international conference proceedings per teacher during last five years

3.4.6.1. Total number of books and chapters in edited volumes/books published and papers in national/ international conference proceedings year-wise during last five years

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
53	23	9	13	13

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15

51	23	9	13	12
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3.6.2 **Number of awards received by the Institution, its teachers and students from Government /Government recognised bodies in recognition of the extension activities carried out during the last five years**

3.6.2.1. **Total number of awards and recognition received for extension activities from Government/ Government recognised bodies year-wise during the last five years.**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
3	3	4	6	5

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
0	0	0	0	0

3.6.3 **Number of extension and outreach programs conducted by the institution including those through NSS/NCC/Red cross/YRC during the last five years (including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs).**

3.6.3.1. **Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc. (including Government initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs) year-wise during the last five years.**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
13	4	3	3	2

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
12	3	2	2	1

Remark : DVV has not considered children's day.

3.6.4 **Average percentage of students participating in extension activities listed at 3.6.3 above during the last five years**

3.6.4.1. **Total number of students participating in extension activities listed at 3.6.3 above year-wise during the last five years.**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15

2018	116	89	84	9
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Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
1989	98	72	70	9

Remark : DVV has not considered children's day.

3.7.2 **Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research during the last five years.**

3.7.2.1. **Number of functional MoUs with institutions/ industries in India and abroad for internship, on-the-job training, project work, student / faculty exchange and collaborative research year-wise during the last five years.**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
5	1	0	2	1

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
5	1	0	2	1

4.3.1 **Percentage of classrooms and seminar halls with ICT - enabled facilities such as LCD, smart board, Wi-Fi/LAN, audio video recording facilities. (Data for the latest completed academic year)**

4.3.1.1. **Number of classrooms and seminar halls with ICT facilities**

Answer before DVV Verification : 42

Answer after DVV Verification: 15

Remark : DVV has made the changes as per shared photos of classrooms and seminar halls with ICT facilities by HEI.

4.3.5 **Institution has the following Facilities for e-content development**

1. **Media centre**
2. **Audio visual centre**
3. **Lecture Capturing System(LCS)**
4. **Mixing equipments and softwares for editing**

Answer before DVV Verification : A. All of the above
 Answer After DVV Verification: D. 1 of the above
 Remark : DVV has select 1 of the above as per shared photos of Media centre by HEI.

5.3.1 **Number of awards / medals won by students for outstanding performance in sports / cultural activities at inter-university / state / national / international events (award for a team event should be counted as one) during the last five years.**

5.3.1.1. **Number of awards/medals won by students for outstanding performance in sports / cultural activities at inter-university / state / national / international events (award for a team event should be counted as one) year - wise during the last five years.**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
14	18	4	2	15

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
14	17	4	2	14

6.4.2 **Funds / Grants received from government bodies during the last five years for development and maintenance of infrastructure (not covered under Criteria III and V) (INR in Lakhs).**

6.4.2.1. **Total Funds / Grants received from government bodies for development and maintenance of infrastructure (not covered under Criteria III and V) year wise during the last five years (INR in Lakhs).**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
5765.5	2688.86	1093.5	0	531.4

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
5765.5	2688.86	1093.5	0	531.4

6.4.3 **Funds / Grants received from non-government bodies, individuals, philanthropists during the last five years (not covered in Criterion III and V) (INR in Lakhs)**

6.4.3.1. **Total Grants received from non-government bodies, individuals, Philanthropers year wise during the last five years (INR in Lakhs)**

Answer before DVV Verification:

2018-19	2017-18	2016-17	2015-16	2014-15
2.35	1	0	0	0

Answer After DVV Verification :

2018-19	2017-18	2016-17	2015-16	2014-15
2.35	0	0	0	0

2.Extended Profile Deviations

ID	Extended Questions																				
1.1	<p>Number of programs offered year-wise for last five years</p> <p>Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2018-19</th> <th>2017-18</th> <th>2016-17</th> <th>2015-16</th> <th>2014-15</th> </tr> </thead> <tbody> <tr> <td>17</td> <td>14</td> <td>17</td> <td>15</td> <td>13</td> </tr> </tbody> </table> <p>Answer After DVV Verification:</p> <table border="1"> <thead> <tr> <th>2018-19</th> <th>2017-18</th> <th>2016-17</th> <th>2015-16</th> <th>2014-15</th> </tr> </thead> <tbody> <tr> <td>17</td> <td>14</td> <td>17</td> <td>15</td> <td>13</td> </tr> </tbody> </table>	2018-19	2017-18	2016-17	2015-16	2014-15	17	14	17	15	13	2018-19	2017-18	2016-17	2015-16	2014-15	17	14	17	15	13
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